

The Leadership Mask Series Chat

Transcripts 2.13.2026

00:00:51 Linda schymik: Hello friends

00:00:58 Fireflies.ai Notetaker Stephan: Stephanie invited Fireflies.ai here to record & take notes. View Security & Privacy info: <https://fireflies.ai/policy>

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https://app.fireflies.ai/live/01KH79C6AC2NSMY9Z0IQXG189H?ref=live_chat

00:02:01 Bonnie Schnautz, ND: Happy Friday everyone!

00:02:17 laura rogers: Hello everyone

00:04:50 Cindy Templeton: Sharing the opportunity

00:06:19 Theresa Torres: Wanting to polish my post so it was less vulnerable

00:06:25 laura rogers: Had a little chaotic at the beginning of the week and got back in and stayed present

00:06:47 Sue Ruggerio: Hesitancy to connect with someone struggling because I doubted a sale would happen. I crossed her off the list and then put her back on and checked in with her. Making it not about the sale.

00:07:18 Chris McIntyre: My first service post after our Friday meeting did VERY poorly, interaction-wise. I had to tell myself that doesn't give me a reason to stay disconnected.

00:07:46 Bonnie Schnautz, ND: Yesterday, I was disconnected and able to recognize it. Previously, I would have called it lack of focus.

00:09:54 Steph Wood: Started your free duplication training you gave us to start teaching our people. On week 2.

Team is loving it-- I was happy this is helping them but wanting their approval was my teacher mask.

00:10:06 Cheryl Mabry: Connected. The training of my brain is powerful...and zooming out will be helpful to a new biology

00:10:23 Dal;e and Jim Hatchell: Reacted to "Started your free du..." with ❤️

00:13:03 Cheryl Mabry: If you don't mind me asking:
Why did you say yes to this conversation?
What's missing in your life right now?

00:13:29 Tenesha @teneshalicious:100%

00:13:32 Mary Daza: I truly believe I lost someone this way on a mentor call 😞

00:15:14 Cheryl Mabry: Rhythm!!

00:16:09 Cheryl Mabry: Who else needed to hear that?!

00:16:16 Cindy Templeton: Reacted to "Who else needed to h..." with 🙌

00:16:38 Diane Nix: Reacted to Who else needed to h... with "👍"

00:17:41 Annette Aguiar: Reacted to "Who else needed to h..." with !!

00:23:12 Dal;e and Jim Hatchell: I had 2 fun experiments this week. I got invited (copy and paste invite) to 2 online MLM events. I wrote back Hi, (name)! How are you doing? It's been a long time. Both times I ended up having lovely conversations with them and hopefully left the love led impression on them. It made me feel good and I never had to say 'no thank you'. :-)

00:23:31 Mary Daza: That's where I'm at right now :/

00:25:21 Celeste: I love this. It makes so much sense.

00:28:05 Cindy Templeton: 🎤 drop

00:30:17 laura rodgers: Yes❤️

00:30:49 Susie Wolford: Reacted to "I had 2 fun experime..." with ❤️

00:31:00 Cheryl Mabry: Practiced this last night while video calling a coach & her client.

00:31:42 Susie Wolford: Reacted to "Started your free du..." with ❤️

00:32:04 Dal;e and Jim Hatchell: megaphone

00:33:15 Cheryl Mabry: Gulp

00:33:54 Steph Wood: I've been putting into practice the mirror... and wow! Lighter for sure. And it's so great for them to see the mask and then trust themselves.

00:34:33 laura rodgers: Love this

00:34:35 Laura Trujillo: 🤖 This is powerful.

00:35:07 Cheryl Mabry: Empowering vs enabling

00:35:19 Cindy Templeton: Reacted to "Empowering vs enabli..." with 🙌

00:38:06 laura rogers: Did that this week and my client finally did her business her self and she was proud of her self and called me on it

00:38:09 Dal;e and Jim Hatchell: Jim is taking lots of notes!

00:40:10 Cheryl Mabry: Real person here, not a number!

00:40:37 Bonnie Schnautz, ND: I love that Dale, great idea.

00:42:55 Bonnie Schnautz, ND: Amazing Jim!

00:43:58 laura rogers: This is great ❤️

00:45:00 Bonnie Schnautz, ND: Congrats Bob!!

00:45:04 laura rogers: Awesome 😎

00:45:10 Mandy & Wayne Hudson: So great!!!

00:45:34 Dal;e and Jim Hatchell: Reacted to "I love that Dale, gr..." with ❤️

00:45:39 Dal;e and Jim Hatchell: Reacted to "Amazing Jim!" with ❤️

00:45:51 sue Paige: that is geat Bob!!

00:46:59 Annette Aguiar: Share my whole story

00:47:19 andrea simanson: Not fixing things for people.

00:47:22 Tenesha @teneshalicious: Speak to people

00:47:24 Lanette Kuhn: being bolder in conversations

00:47:29 Annette Aguiar: Challenge others to honesty

00:47:45 Tammy Schmidt: Going Live on FB

00:47:45 Margo Ericson: Talking head video

00:47:48 Bonnie Schnautz, ND: Be bolder, approach those on my chicken list.

00:47:51 Dal;e and Jim Hatchell: Tough personal childhood trauma

00:47:57 Cindy Templeton: Talking with previous team members

00:47:57 Chris McIntyre: Conversations with people I see parts of myself in

00:48:15 Emily Titov: Being present fully present and sharing from my true self, my true essence

00:48:44 Dal;e and Jim Hatchell: post or write a book - Dale

00:48:49 Margo Ericson: Doing a Talking head video

00:49:08 Susie Wolford: Quit hiding behind facts and logic and connect emotionally

00:49:10 Bonnie Schnautz, ND: Past customer follow up and approaching other wellness professionals, trusting in myself in what I have to offer

00:49:13 Sandy Job-Rivera: Having a loving conversation with a former client.

00:49:16 Dal;e and Jim Hatchell: Jim - letting go of my imposter syndrome

00:50:11 Katie Fite: Being the light and open up conversations instead of avoiding them.

00:50:11 Deborah Farkash: Being present and connecting deeply with what my calling actually is calling me to do.

00:50:16 Raquel Cornelsen: Putting it into practice, stop avoiding the business because of the results

00:50:17 Lanette Kuhn: Not worrying about what people think of what I say in a post or conversations; post and talk from my passion/calling

00:50:21 Sue Ruggerio: Being bolder in my conversations when people lack belief, and it shows up with a "rabbit trail" or "excuse". Truly lead in these conversations.

00:50:28 Theresa Torres: Conversation in messenger

00:50:39 Cheryl Mabry: Offering an online course or in person workshop...picking a topic & actually creating an event

00:51:40 sue Paige: Taking a conversation to that next level with a potential client or past client who I know needs my help

00:52:04 Steph Wood: Having a loving conversation with each of my team friends. Just an open honest reconnection. Without the mask. Not there to fix or do anything. Just to be present and have one on ones.

00:52:14 laura rogers: Going deeper in myself and showing more, and being a past people pleaser it's in me still, its how to put into my content and posts.

00:52:59 Kayla Allen: I felt the shift!

00:53:04 Kayla Allen: Good work Emily!

00:53:26 sue Paige: i hear that!!

00:53:47 Bonnie Schnautz, ND: so good

00:53:47 Krista Tavares: Bob something so simple that helps me not overthink is something you said, I think you said it. Talk like you are sitting across the table from them.

00:53:49 Dal;e and Jim Hatchell: Go, Emily!

00:54:05 Dal;e and Jim Hatchell: Reacted to "Bob something so sim..." with ❤️

01:01:58 laura rogers: Yes this is great

01:02:27 Celeste: Amen!

01:02:45 Dal;e and Jim Hatchell: It's tough to revisit painful seasons, but it's SO valuable to remember in order to help others!

01:03:00 Bonnie Schnautz, ND: You've got this Margo. We'll be cheering you on.

01:03:22 Sandy Job-Rivera: Margo this helped me so much!

01:03:36 laura rogers: Love this Margo

01:03:38 Celeste: I am writing a book.

01:03:47 Margo Ericson: Reacted to "You've got this Marg..." with ❤️

01:03:54 Bonnie Schnautz, ND: I need to restart my book!

01:03:55 Margo Ericson: Reacted to "Margo this helped me..." with ❤️

01:04:04 Margo Ericson: Reacted to "Love this Margo " with ❤️

01:04:21 Susie Wolford: Margo, I had a hang up about videos. I'm starting small and putting stuff out that's imperfect. I can't wait to see your video.