

The LOVE-LED™ SHIFT Call Chat

Transcript 1.7.2026

00:01:02 Joanne Clement: sometimes yes

00:01:23 Susana Garcia Betancourt: Hola hola everyone from Puerto Rico!

00:01:30 Joanne Clement: confident

00:01:32 Emily Titov: Renewed

00:01:33 Robin McCabe: Bring on the STRUCTURE!!! It's been great! :)

00:01:35 Tracy Donald: I am now ready all of the goodness 2026 has in store!!

00:01:36 Marcia Schiavo: hopeful

00:01:37 Raquel Cornelsen: Pretty good

00:01:37 Sandy Job-Rivera: rusty

00:01:39 Sherri Lindquist: Ready to get back on track!

00:01:39 Margo Ericson: Intentional

00:01:43 Susana Garcia Betancourt: Feeling hopeful!

00:01:44 Mandy & Wayne Hudson: Energized

00:01:54 Lindsay Ault: productive and aligned

00:01:56 Theresa Torres: Present

00:02:03 Penny Blake-Womack: Let's go!

00:02:07 Alicia Raley: Excited

00:02:08 Kari Sue's iPhone: Trying to find my flow again

00:02:09 Sue Ruggerio: Hopeful

00:02:14 Janae Stephens: I am feeling excited and also need a mind shift regarding my business/

00:02:15 Susana Garcia Betancourt: Relieved!

00:02:34 Maria Zimmerman: hopeful

00:02:36 Susana Garcia Betancourt: We planned but the kids run the agenda

00:02:44 Win and Michele Wood: Very behind, but I know that's okay!

00:02:52 Joanne Clement: We are not behind right

00:03:01 Susana Garcia Betancourt: Grateful to be here

00:03:04 Cindy Templeton: The holiday was challenging, however, with what we have been taught - I found peace.

00:03:13 Carol Crosby: Bolder

00:05:49 Lisa Bomers: Indecision always makes me anxious

00:06:00 Raquel Cornelsen: So true

00:06:02 Joanne Clement: It takes so much energy when we stay in the Gap....

00:06:28 Cindy Templeton: Our nervous system can't handle uncertainty.

00:07:12 Joanne Clement: Thank you for sharing Megan cause we all sometime stay to long before taking the decision

00:07:37 Mandy & Wayne Hudson: So true... what we truly want, we figure it out!

00:08:36 Felicia Neahr: I haven't done a single workout in the new year...in years past I'd be so anxious. Not this year! I'll get one in eventually

00:12:44 Kari Sue's iPhone: I have horses Lisa. How do you know you won't like going to those other properties?

00:12:44 Karen Forrister: How do you know to trust your feelings?

00:12:46 Coach Shannon Gleason: Sometimes I take a step back and just appreciate that I have more than one option. I get to consider what I want and the clarity comes ... sometimes the clarity is hard but it is helpful to narrow it down.

00:13:04 Cindy Templeton: Good luck Lisa! ❤️

00:13:43 Marjorie Kauffman: Love to you, Lisa. I am sad for this situation you are in.

00:14:35 Anne Boyer: Lisa - is there a third option of potential partnership with someone at another boarding facility where your financial output is shared?

00:15:06 Joanne Clement: I m very inspired Janae....that you are present no matter and all this years. Wow!!

00:15:29 Lisa Bomers: Replying to "I have horses Lisa. ..."

The few options I have considered that are close, I don't love the property or see myself wanting to go there every day.

00:15:40 Lisa Bomers: Reacted to "Sometimes I take a s..." with ❤️

00:15:44 Lisa Bomers: Reacted to "Good luck Lisa! ❤️" with ❤️

00:15:50 Lisa Bomers: Reacted to "Love to you, Lisa. I..." with ❤️

00:16:14 Lisa Bomers: Reacted to "Lisa - is there a th..." with ❤️

00:16:28 Bonnie Schnautz, ND: Sending prayers Lisa. I can't imagine how hard this is for you.

00:17:12 Lisa Bomers: Replying to "Lisa - is there a th..."

Explain what you mean by that pls.

00:17:20 Lisa Bomers: Reacted to "Sending prayers Lisa..." with ❤️

00:18:01 Anne Boyer: Replying to "Lisa - is there a th..."

I'm thinking a partnership with ownership with someone you trust at a facility you like. Distance may be a factor but if there is a second owner, the work is split

00:18:12 Lisa Bomers: Replying to "How do you know to t..."

I struggle with that too 😊

00:18:53 Anne Boyer: Replying to "Lisa - is there a th..."

I do suggest making a contract

00:18:53 Lisa Bomers: Reacted to "I'm thinking a partn..." with ❤️

00:19:16 Lisa Bomers: Replying to "Lisa - is there a th..."

Thanks!

00:19:53 Anne Boyer: Replying to "Lisa - is there a th..."

You could also put in a time limitation to buy back your share when you are ready

00:20:06 Anne Boyer: Reacted to "Thanks!" with ❤️

00:23:00 gwyneth: Thank you, that convo was so helpful to me!

00:23:44 Janae Stephens: Reacted to "I m very inspired Ja..." with ❤️

00:27:37 Anne Boyer: She sees YOU and likes what she sees

00:31:29 Sherri Lindquist: Written messages are often so hard to understand.

The reader can get a different meaning from them than what was intended from the writer.

00:32:40 Raquel Cornelsen: Reacted to "She sees YOU and lik..." with ❤️

00:32:51 Raquel Cornelsen: Reacted to "Written messages are..." with 👍

00:33:07 gwyneth: SO GOOD!

00:34:09 Joanne Clement: sometime we do to please and we don t listen to our
internal
00:34:21 Cindy Templeton: Reacted to "sometime we do to pl..." with 🙌
00:34:55 Win and Michele Wood: Very helpful!
00:34:57 Robin McCabe: Thank you Megan!
00:34:57 Margo Ericson: Thank You!!
00:35:00 gwyneth: so helpful, thanks!
00:35:05 Joanne Clement: Very grateful...thank you
00:35:25 gwyneth: thank you!
00:35:27 Socorro Dunn: Thank you I