

The LOVE-LED™ SHIFT Call Chat

Transcript 1.14.2026

00:01:01 laura rodgers: Hello,
00:01:26 Robin McCabe: Focused
00:01:32 laura rodgers: Calm
00:01:33 Michelle Molendyk: like a train, how it starts slow and picks up speed
00:01:38 Annette Aguiar: Pretty good, rather productive
00:01:39 Janae Stephens: frustrated
00:01:40 Tracy Donald: Clear!!
00:01:40 Bonnie Schnautz, ND: Productive
00:01:41 Lindsay Ault: Aligned
00:01:44 Emily Titov: grounded with some buffering happening
00:01:46 Linda schymik: On my bike ride but feeling good to be here
00:01:51 Susie Lindahl: catching up! 😊
00:01:52 Anne Boyer: I am in-between Fear and Love led. The first promo of the year was very product forward so I'm reigning in
00:01:52 Cindy Templeton: Intentional - finally!
00:01:54 Marcia Schiavo: A little of everything
00:01:58 Robin McCabe: Reacted to "Intentional - finally..." with 🔥
00:01:59 Marjorie Kauffman: Developing my rhythm
00:02:07 Robin McCabe: Reacted to "Aligned" with 🔥
00:02:13 Kerrie LeBlanc: I'm feeling mixed emotions... My energy is UP and I'm feeling good in my projects, team, customer relationships and yet I feel like my engagement is low and my sales are down. I guess I'm confused
00:02:14 Cindy Templeton: Reacted to "Focused" with ❤️
00:02:23 Diane Eskey: Trying to organize my rhythm
00:02:38 Mary Daza: Relate to all of these
00:02:42 Diane Eskey: me too
00:02:47 Anne Boyer: yes!
00:02:51 laura rodgers: Staying in my rhythm but there can be a day 😊

00:02:55 Theresa Roy: absolutely...

00:02:55 Alicia Raley: Feeling good- more intentional this week for sure. Excited for what's ahead

00:03:16 Terri Temple: Yes

00:03:19 Cindy Templeton: Thanks for that permission - it does take a minute or a week!

00:03:26 Anne Boyer: Reacted to "Thanks for that perm..." with 👍

00:03:30 Michelle Molendyk: no decorations down here yet. still living up the christmas season

00:03:31 laura rodgers: True all the prep and then we're in January

00:03:55 Diane Eskey: I'm just now responding to my Happy New Year Posts

00:04:32 Diane Eskey: Love the Brain Dump idea

00:04:41 Anne Boyer: I use a post it for those

00:04:47 Susie Lindahl: Brain dump... LOVE it!

00:04:54 Diane Eskey: Need a Brain Dump Notebook

00:05:14 Susie Lindahl: Reacted to "Need a Brain Dump No..." with 💖

00:05:17 laura rodgers: Yes there was a bunch of stuff to journal after the holidays

00:05:24 Theresa Roy: You've said that before and I loved it then and I love it now... Gotta do it!! Brain Dump..

00:05:25 Michelle Molendyk: it's one of those overscheduled weeks for me too. and I make all the lists and those have lists and those have lists

00:05:39 Cindy Templeton: Reacted to "it's one of those ov..." with 😊

00:05:48 Anne Boyer: Reacted to "it's one of those ov..." with 😊

00:06:37 Robin McCabe: Reacted to "it's one of those ov..." with 😊

00:06:44 Cindy Templeton: Devotions, Exercise, Core -4 - Non-Negotiable daily list in my planner

00:06:57 Mary Daza: Reacted to "it's one of those ov..." with 🙌

00:07:15 Diane Eskey: My Core 4 usually last another hour after the regular Core 4

00:07:28 Charlotte Akinkugbe: Things got a little crazy for me with losing my childcare the last few months of the year. What are the most updated core 4 trainings? I know it was updated...

00:07:30 Karen Lovegrove: Replying to "Devotions, Exercise,..."

Yes Cindy!

00:07:35 Anne Boyer: Reacted to "My Core 4 usually la..." with ❤️

00:07:41 Chris Julian: its good to be here

00:07:42 Anne Boyer: Replying to "My Core 4 usually la..."

me too!

00:10:13 Diane Eskey: I can relate

00:11:12 Anne Boyer: ut we want results! 🙏

00:11:57 laura rodgers: This sounds like myself and showing up

00:13:15 laura rodgers: Yes

00:14:14 andrea simanson: Kerrie, I'm in the same space and finding so much joy in serving my current clients and adding some people to my FB group.

00:14:39 Mary Daza: Reacted to "Things got a little ..." with ❤️

00:16:16 Marjorie Kauffman: MEGAN – What would you say instead of "How is your health?"

00:19:56 Diane Eskey: Ding Ding Ding

00:20:28 Kerrie LeBlanc: 🙌🙌🙌🙌

00:20:55 Mary Daza: Way to go Bonnie!

00:21:56 laura rodgers: Yes

00:22:03 Kayla Allen: Its not YOU

00:22:04 Kerrie LeBlanc: Same Bonnie

00:22:11 Sue Ruggerio: I'm right there with you Bonnie!

00:22:17 Robin McCabe: The developer in me sees much more potential in people than they see in themselves... I get stuck there too, Bonnie!

00:22:21 Karen Lovegrove: Same

00:22:23 Susie Lindahl: maybe she doesn't have a good on-boarding system?

00:24:36 Kerrie LeBlanc: Oh goodness that just made it so much more clear

00:25:57 Marjorie Kauffman: Megan, can we share the Chat scripts with a new business partner for service posts, authenticity posts, dream customer, etc??

00:26:55 Kerrie LeBlanc: Would love to hear more about your launch ideas... I thought social media launches would be a bit dated and spammy these days. How would you do it in a Love led way

00:27:11 Cindy Templeton: Yes! By Gary Chapman

00:27:19 Robin McCabe: Haha same Megan.
00:27:29 Cindy Templeton: Me too Megan! Exactly the same!
00:27:33 Robin McCabe: Reacted to "Me too Megan! Exact..." with 👍
00:27:33 Kayla Allen: Same!
00:27:39 Tracy Donald: I love that question Kerrie!!
00:27:39 Robin McCabe: Reacted to "Same!" with 👍
00:27:41 Annette Aguiar: Replying to "Megan, can we share ..."

Don't give them too much information!!

00:27:56 Cindy Templeton: Reacted to "Would love to hear m..." with 🙌
00:28:05 Marjorie Kauffman: Replying to "Megan, can we share ..."

I mean in baby steps

00:28:32 Marjorie Kauffman: Replying to "Megan, can we share ..."

I'm just wondering if they can be copied and sent to the new person as I train them

00:29:00 Raquel Cornelsen: This is gold. Thank you. I can't wait to rewatch ro
take notes

00:29:56 Felicia Neahr: So this is why I should do voice messages even
though I hate receiving voice messages. I always just assumed my ideal
customer-the woman who's just like me-would have them too 🤖

00:30:10 Theresa Roy: Make Wellness !

00:30:17 Anne Boyer: I was just going to ask if she needs time to use the
products

00:30:26 Kerrie LeBlanc: Curious how you handle when they don't do the
task, assignment or are not moving at all? I feel like that crosses time boundaries

00:30:36 Cindy Templeton: Reacted to "Curious how you hand..." with 👍

00:30:38 Kerrie LeBlanc: So helpful

00:31:05 Jennifer Polk: Great training today Megan! Gotta go to work 😊

00:31:06 Annette Aguiar: Replying to "Curious how you hand..."

They're not ready to be led. May come back to being ready at any time tho so we
stay open

00:31:58 Cindy Templeton: Bonnie, I get it!! I'm the same because I work from my filter.

00:32:07 Allisen Levin: Reacted to "This is gold. Thank ..." with ❤️

00:32:10 andrea simanson: Reacted to "Curious how you hand..." with 👍

00:32:32 Robin McCabe: Amazing. Thank you!

00:33:00 laura rodgers: This is great question Bonnie. Great coach ing Megan Thank you

00:33:22 andrea simanson: This is very helpful. Digging deeper with the why and understanding them as a unique individual.

00:34:05 Mary Daza: Reacted to "This is very helpful..." with 🙌

00:35:07 Candice Cuevas: I needed this. So good!

00:35:14 Chris Julian: This was so good.. I need to re listen!!

00:35:17 Kerrie LeBlanc: Thanks so much!!!

00:35:20 Janae Stephens: That was great!

00:35:33 Mary Daza: Thank you! Happy to be on today 😊

00:35:34 andrea simanson: ❤️

00:35:38 laura rodgers: 🥰