## The LOVE-LED™ SHIFT Call 11.19.2025 Chat Transcripts

00:02:56	Verda Sullivan:	I have	enough to learn in this training	
00:03:24	Dominique Vezina:	Yes		
00:03:34	Robin McCabe:	Wait c	aren't we always "crazy busy"?	
00:03:52	Dominique Vezina:	React	ed to "Wait aren't we alway" with 😂	
00:05:05	Mary Daza: React	ed to "\	Wait aren't we alway" with 😂	
00:06:45	Karen Kvidera:	Love t	hat!	
00:07:11	Toni Saarinen-Jord	len:	Thank you!	
00:07:23	Dominique Vezina:	I need	led that today 😁	
00:07:24	Verda Sullivan:	I love	that!!!!	
00:07:32	Steph Wood: Thank	rful you	pointed that out. I say that all the time. I will	
stop now. I am abundant and blessed!				
00:07:47	Robin McCabe:	This is	real. I've started using abundant since	
starting LSG and it's changed my days!!				
00:07:57	Steph Wood: Yes! F	ULL ASS	S IT!	
00:08:41	Karen Kvidera:	I love	that I have time to get to slow down	
00:08:59	Teresa Snider:	Love t	his!!	
00:09:21	Coach Jess Mitche	II:	The words we use dis-empower us or	
empower us!:)				
00:09:30	Coach Jess Mitche	II:	Reacted to "This is real. I've s" with 🔥	
00:09:31	Cindy Templeton:	React	ed to "The words we use dis" with 🙌	
00:09:35	Teresa Snider:	React	ed to "The words we use dis" with 🧡	
00:09:37	Cindy Templeton:	React	ed to "This is real. I've s" with 🙌	
00:09:37	Robin McCabe:	React	ed to "The words we use dis" with 🧡	
00:09:40	Cindy Templeton:	React	ed to "Yes! FULL ASS IT!" with 🙌	
00:09:47	Coach Jess Mitche	II:	Replying to "This is real. I've s"	

I love that you are embracing this fully!!!!

00:10:20 Steph Wood: A list and a plan!

00:10:54	Mary Daza: Reacted	d to "The words we use dis" with 🧡
00:10:57	Mary Daza: Reacted	d to "A list and a plan!" with 💚
00:11:45	Robin McCabe: R	Reacted to "I love that you are" with 🧡
00:12:00	Teresa Snider: L	ife is definitely abundant right now!!
00:12:07	Deborah Farkash: V	VOW! So powerful
00:12:11Toni S	aarinen-Jorden:	<b>9</b> & 🙌 <b>99</b>
00:12:37	MARGO ERICSON: Y	'ES Thank you!!! Love it.
00:12:39	Leslee Bowman: G	Preat quote
00:13:12	Stephanie Whittaker:	: Haha yes!!
00:13:17	Liza Johnson:My husk	oand says that
00:13:36	Karen Forrister: B	Bless and release?
00:15:18	Liza Johnson:Not my	monkey, not my circus
00:16:12	Liza Johnson:Wow 📙	
00:16:17	Laura Trimble: A	Amen!!
00:16:23	Robin McCabe: L	OVE that!!
00:16:33	Karen Kvidera: S	So love that!
00:16:35	StorybookShoresTrav	vel: Love this
00:16:36	Socorro Dunn: T	rue!! Surrendering miracles do happen!! Glory to
God!		
00:17:41	Liza Johnson:Elysia I'r	m praying for you.
00:17:51	Robin McCabe: Y	ou're so brave Elysia!! I've felt this too.
00:18:04	Leslee Bowman: I	do
00:18:09	Alicia Raley: So glad	you are sharing.
00:18:19	Karen Kvidera: I'	ve been where you are Elysia. Keep staying
plugged in.	That's what I've been	doing.
00:18:25	Carrie Guy: I keep to	elling myself I am not behind I am right where I
need to be.		
00:18:33	Karen Forrister: 10	00%
00:18:33	Liza Johnson:Me too	
00:18:34	Laura Trimble: I	can!
00:18:34	Sandy Job-Rivera: I	can relate!!
00:18:35	MARGO ERICSON: N	ИΕ
00:18:36	Toni Saarinen-Jorde	n: So proud of you Elysia!!

Yep

00:18:36 Lauren Cormier:

00:18:37	Alicia Raley: So relate!		
00:18:42	Emily Titov: feeling behind all the time		
00:18:44	Diana Henry: I can relate Elysia!!		
00:18:45	karen Haugeberg:	Same!!! I feel it too	
00:18:45	Toni Saarinen-Jord	en: So relate!!	
00:18:45	Verda Sullivan:	So proud of you Elysia!!!!	
00:18:46	Leslee Bowman:	Me feel the same	
00:18:46	Deborah Farkash:	relate	
00:18:47	Amanda Burt:	so so so relatable	
00:18:48	Cindy Templeton:	Yeppers~	
00:18:49	Leigh Ulrich: Yes! To	otally relate!	
00:19:00	Deborah Farkash:	Im behind too	
00:19:06	Chris Julian: I am with youBigs hugs for your courage to step up		
00:19:15	Catherine Fite:	I can relate! Thank you.	
00:19:16	Terri Temple: Relate		
00:19:21	Teresa Snider:	I TOTALLY relate!!	
00:19:29	Karen Kvidera:	100%	
00:19:51	Laura Trimble:	SAME!!	
00:20:04	Verda Sullivan:	I can relate to that until SHIFT	
00:20:05	Carrie Guy: Elysia	is speaking a lot of peoples language	
00:20:07	Karen Kvidera:	I can so relate Elysia!	
00:20:21	Robin McCabe:	I feel that! SO relate.	
00:20:26	Chanel Crowley:	Same	
00:20:33	Sandy Job-Rivera:	I get distracted, then I get behind, then I feel like I	
have to go b	ack and re-learn wh	nat I am supposed to do next.	
00:20:48	Liza Johnson:I love	you !!	
00:20:51	Steph Wood: I'm so	thankful for you! Be 100% YOU!!!	
00:20:55	MARGO ERICSON:	You have so much courage to speak upthank	
you!!			
00:20:55	Sandy Job-Rivera:	YES! Thank you, Elysia!	
00:21:17	Catherine Fite:	I do that too - get ready to get ready!	
00:21:22	Emily Titov: LOL		
00:21:46	Karen Kvidera:	Get those dishes done before your calls. Lol	

00:21:51	Sandy Job-Rivera:	I always have to go bucket the scripts first then I			
don't do it.					
00:22:01	Socorro Dunn:	Love learning do more than application FOMO			
too					
00:22:04	Sandy Job-Rivera:	Sorry typo - back to the scripts.			
00:22:12	Chris Julian: You are putting words to my thoughts and wonder also if				
it stems from an overly critical parentnot to blameshe was doing her bestl am					
leaning hov	v to accept myself w	here I am			
00:23:43	Teresa Snider:	It gives us a family we wouldn't have otherwise.			
00:25:15	Steph Wood: You're	e not alone!			
00:25:19	Sue Ruggerio:	I can relate!! Thank you for sharing Elysia!			
00:27:20	Karen Forrister:	ACTION			
00:27:33	Emily Titov: you o	Emily Titov: you are a light Elysia			
00:27:39	Lori Warman:You o	ıre amazing Elysia			
00:27:41	Robin McCabe:	YESSSS!!! Good question Megan!			
00:27:53	Chanel Crowley:	Same			
00:28:07	Teresa Snider:	You are me			
00:28:30	Diana Henry: Elysia	Diana Henry: Elysia you are so worthy! Receive it!!			
00:29:03	Annette Aguiar:	Bob would say: you're withholding leadership			
00:29:08	Laura Trimble:	There's your next bookWorthy by Jamie Kern Lima			
00:29:19	Liza Johnson:You c	Liza Johnson:You are more than good enough. You're a child of			
God 💜 🚹 💜					
00:29:27	Lauren Cormier:	Reacted to "There's your next bo" with 🧡			
00:29:42	Diana Henry: Reac	Diana Henry: Reacted to "You are more than go" with 🧡			
00:29:49	Verda Sullivan:	Doing it messy is so freeing!			
00:30:12	Karen Forrister:	God always calls imperfect people			
00:30:39	MARGO ERICSON:	Showing up messy is what people can relate to			
because no one is perfect					
00:31:01	Socorro Dunn:	Wow! Thinking we have to try to be perfect to be			
saved and that's never be possible only Christ is my perfection!! I can apply					
everywhere!! I feel too bc I fear others criticizing that "it is not perfect"! Want to be					
liked!! 🧖					

00:31:10 Sandy Job-Rivera: OH WOW! "I don' need to fit someone else's mold. This is the mold that was made for me and it's enough!" And B- work will change the world. That helps so much. 00:31:29 Robin McCabe: I've got one too girl!! : SO powerful when we do. God wants to fill it with HIS GOOD! 00:32:00 Amanda Burt: Oh elysia....you are so wonderful to listen to. the world needs to hear more from you. 00:32:02 Lindsay Ault: Elysia! Thank you for speaking up! This is so valuable! 00:32:24 Lauren Cormier: I need to release my people pleasing tendencies and just feel free in being me 00:32:25 Karen Kvidera: Just give them you. 00:32:35 Diana Henry: Reacted to "I need to release my..." with 🤎 00:32:39 MARGO ERICSON: They are not your people 00:32:45 Leslee Bowman: You are worthy and capable!!!! 00:32:46 Lauren Cormier: Reacted to "I need to release my..." with 🤎 00:33:05 Diana Henry: Reacted to "Just give them you." with 🤎 00:33:11 Verda Sullivan: Someone will always complain no matter what you do 00:33:11 Chris Julian: Speak it ..Elysia.. I am worthy..even if your mind doesn't believe.. In the Bible Paul says in one of his letters.. I believe therefore I speak. Believe you are worhy because you belong to HIM 00:33:23 Cindy Templeton: Reacted to "Speak it ..Elysia.. ..." with 🤎 00:33:26 Karen Kvidera: Reacted to "Speak it ..Elysia.. ..." with 🤎 00:33:41 Liza Johnson:Reacted to Speak it "Elysia" " with "" 00:33:44 Diana Henry: Reacted to "Speak it ..Elysia.. ..." with 🤎 00:34:27 Laura Trimble: Reacted to "Speak it ..Elysia.. ..." with 💜 00:34:38 Kerrie LeBlanc: 00:34:54 Verda Sullivan: That is so powerful! 00:34:55 Karen Forrister: We are created in HIS image 00:35:04 Sandy Job-Rivera: This has been so so good. 00:35:20 Laura Trimble: Praying for you Elysia! 00:35:21 Liza Johnson: You're beautiful inside & out. You're smile is amazing too 💜 📊 💜

Very brave!!

00:35:49

Karen Kvidera:

Looking forward to catching the whole call. Thank 00:36:10 Kerrie LeBlanc: you for sharing Elysia! 00:36:14 Mandy & Wayne Hudson: Celebrate YOU, Elysia! 00:36:24 Socorro Dunn: Being You, makes God smile!! Because His creation is happy being SELF! 00:36:36 Socorro Dunn: You contributed so much to me!! 00:37:06 Diana Henry: This has been a great call!! 00:37:32 Mandy & Wayne Hudson: B- work will change the WORLD!!! 00:37:39 Chris Julian: Thank you Megan..and all 00:37:40 Karen Kvidera: Have a blessed week!!

Thank you

00:38:01

Kerrie LeBlanc: