

The LOVE-LED™ Leadership Lab

11.7.2025 Chat Transcript

00:02:07 Coach Jess Mitchell: Happy FriYAY everyone!

00:02:34 Dr. Alma Medina Fielder: Happy Friday!

00:02:42 Joanne Clement: Hi everyone!!!

00:03:01 Linda Schymik: Happy Friday friends

00:03:20 Raquel Cornelsen: Happy Friday!

00:03:36 Coach Kristy Wharton: Reacted to "Happy Friday!" with 🧑🏻

00:03:38 Coach Kristy Wharton: Reacted to "Happy Friday friends" with 🧑🏻

00:03:42 Coach Kristy Wharton: Reacted to "Hi everyone!!!" with 🧑🏻

00:03:45 Coach Kristy Wharton: Reacted to "Happy Friday!" with 🧑🏻

00:04:11 Mandy & Wayne Hudson: Phone conversations have been much deeper and connective after great convos first in PM – led to new clients who are ready for transformation

00:04:12 Linda Schymik: Loving using chat with my core 4 tracker

00:04:14 Cindy Templeton: New Team Member –

00:04:20 Hannah: My AO has successfully put me in connection with new people

00:04:32 iPhone: Invisible win: Kept my business going from Australia

00:04:32 Your Virtual Upline: <https://reviveyourdownline.com/>

00:04:39 DeeDee Fitch: I have had the most fulfilling conversations with great ease.

00:04:40 Linda Schymik: I signed up today for that today

00:04:41 Celeste: I am getting great responses from people about doing Wellness Assessments.

00:04:49 Mary Daza: I finished my love Led healthy habits church group with a hike 🌻

00:04:54 Linda Salzwedel: My first Love Led "sale" was this week! And I didn't realize I was even doing it until afterward!

00:05:06 Dr. Alma Medina Fielder: I had almost 2k views on a reel I did this week. My views have been in the hundreds.

00:05:08 Your Virtual Upline: <http://reviveyourdownline.com/>

00:05:09 Raquel Cornelsen: Been working on my mindset, getting over my RLS of being enough

00:05:29 Lisa Olsen: Reminded that even a small event is worth it to help even 1 person improve their health. It is always worth the effort.

00:05:53 Coach Kristy Wharton: Reacted to "Phone conversations ..." with 🧡

00:05:57 Coach Kristy Wharton: Reacted to "New Team Member -" with 🧡

00:06:14 Stephanie Whittaker: Visible I helped 2 new team members earn their \$1K bonus leading them love led. Helped 3 more earn \$600-\$1K very great October!! 3 new clients this month too. It all started with this rhythm and conversations about problems/really caring about friends the love led way. Not hype but building identity foundation with teams

00:06:16 Coach Kristy Wharton: Replying to "Invisible win: Kept ..."

So glad we got to see you and that precious one today!

00:06:20 Coach Kristy Wharton: Reacted to "Invisible win: Kept ..." with 🧡

00:06:30 Mary Daza: I also finally asked my client for referrals and opened the door to the possibility of coaching

00:06:32 Cheryl Mabry: Deeper problems being shared thru AO

00:06:37 Susana Garcia Betancourt: Invisible win

This response after an Authentic Outreach made my week:

Hello! I'm doing very well, thank God. I'm so happy to see how God uses you as an instrument on these platforms and how every word uplifts, transforms, and edifies not only me but many others!

00:06:45 Staci Mix: Reacted to "New Team Member -" with ❤️

00:06:47 Linda Schymik: Congratulations 🎉

00:06:54 Joanne Clement: Invisible...this week, everything made sense to me and it was so refreshing...my content brings more conversations and I just love the way it make me feels to be able to listen and help

00:07:01 Linda Salzwedel: Reacted to "Invisible win

This ..." with ❤️

00:07:21 Emily Titov: I was able to get in a core 4 this week and accomplished my first solo service workshop. Invisible win is I did this in complete posture of service.

00:07:49 Stephanie Whittaker: That is GOLD Cindy!!! That framework is bomb

00:07:56 Coach Kristy Wharton: Reacted to "That is GOLD Cindy!!..." with 🔥

00:08:03 Coach Kristy Wharton: Reacted to "Congratulations 🎉" with 🔥

00:08:07 Hannah: Omgosh how exciting 🙌

00:08:41 Coach Jess Mitchell: Reacted to "I have had the most ..." with 🔥

00:08:43 Susana Garcia Betancourt: Congratulations Cindy!!!

00:08:46 Coach Jess Mitchell: Reacted to "I signed up today fo..." with 🔥

00:08:51 Coach Jess Mitchell: Reacted to "I am getting great r..." with 🔥

00:08:54 Joanne Clement: Congratulations Cindy

00:09:11 Coach Jess Mitchell: Reacted to "My first Love Led "s..." with ❤️

00:09:15 Coach Jess Mitchell: Replying to "My first Love Led "s..."

Beautiful!

00:09:20 Coach Jess Mitchell: Reacted to "I had almost 2k view..." with 🔥

00:09:23 Cheryl Mabry: Reacted to "Invisible win: Kept ..." with 🔥

00:09:26 Coach Jess Mitchell: Reacted to "Been working on my m..." with ❤️

00:09:29 Dr. Alma Medina Fielder: Reacted to "My first Love Led "s..." with ❤️

00:09:37 Coach Kristy Wharton: Replying to "My first Love Led "s..."

Oooh @Linda Salzwedel can't wait to hear these details!

00:09:57 Cheryl Mabry: Reacted to "Invisible win

This ..." with ❤️

00:09:58 Tammy Asmus: Reacted to "I was able to get in..." with 😊

00:09:59 Coach Jess Mitchell: Reacted to "Deeper problems bein..." with 🔥

00:10:02 Tammy Asmus: Reacted to "That is GOLD Cindy!!..." with 😍

00:10:04 Tammy Asmus: Reacted to "Omgosh how exciting ..." with 😊

00:10:07 Tammy Asmus: Reacted to "Congratulations Cind..." with 😊

00:10:09 Tammy Asmus: Reacted to "Congratulations Cind..." with 😊

00:10:13 Coach Jess Mitchell: Reacted to "Invisible...this week,..." with 🔥

00:10:23 Theresa Roy: Reacted to "Invisible win

This ..." with ❤️

00:10:38 Stephanie Whittaker: THIS!!!!!!

00:10:45 Coach Jess Mitchell: Proud of you Cindy!!!

00:11:09 Mandy & Wayne Hudson: Love your ENERGY, Cindy!!!!

00:11:36 Theresa Roy: Replying to "My first Love Led "s..."

Yeah!!!!!! 🙌

00:11:53 Kiersten Vavrina: So exciting to see the change in our MK:). Way to transform!!!

00:12:17 Amy Reeves: @Coach Kristy Wharton - I'm trying to catch up with all things in LSG and I've completed the Love-Led Rhythm Reset. I have the new Core 4 Rhythm. What training should I concentrate on next? I have not done the 3 Missions (Sept, Oct & Nov).

00:12:24 Tammy Asmus: Reacted to "So exciting to see t..." with 😍

00:12:37 Amy Reeves: Reacted to "My first Love Led "s..." with ❤️

00:12:58 Coach Kristy Wharton: Reacted to "@Coach Kristy Wharto..." with 🔥

00:13:17 Cheryl Mabry: Which particular training did she reference in LSG?

00:13:39 Coach Kristy Wharton: Reacted to "Which particular tra..." with 🔥

00:15:29 Coach Kristy Wharton: Replying to "Which particular tra..."

It's called the LOVE LED announcement post strategy. It may be week 4 for you Cheryl

00:15:54 lauren cormier: Way to go Cindy!

00:16:08 Cheryl Mabry: Replying to "Which particular tra..."

Thank you 🙏

00:17:19 Cindy Templeton: Reacted to "So exciting to see t..." with ❤️

00:17:26 Cindy Templeton: Reacted to "Way to go Cindy!" with ❤️

00:17:31 Cindy Templeton: Reacted to "Love your ENERGY, Ci..." with ❤️

00:17:38 Cindy Templeton: Reacted to "Proud of you Cindy!!..." with ❤️

00:17:42 Cindy Templeton: Reacted to "Congratulations Cind..." with ❤️

00:19:44 Mary Daza: That's awesome Stephanie 🙌

00:19:55 Coach Kristy Wharton: Replying to "@Coach Kristy Wharto..."

Hi @Amy Reeves .. thanks for the nudge, here. I'd encourage you to download the AI guide and make sure you've completed—maybe upload in chat. Then I'd go to the Missions (beginning with Sept 22 —there are 3 currently). This will likely get you where you'd like to be. With the missions one our updated "selling framework" and one is on "promotions" which is very relevant, right now.

00:19:55 Joanne Clement: Awesome Stephanie.....

00:20:01 Celeste: I have a question in regard sharing the opportunity with someone. I have a client who mentioned she is struggling financially, she does want to purchase some products. However \$ is holding her back. I remember what Kristi said at one time about asking them if they would be open to earn an additional income. I went with that approach with a lady and she agreed to learning more. Now I am stuck on where to go next as I struggle with this area.

00:20:02 Cindy Templeton: @Stephanie Whittaker Thank you! This helps me with my on boarding strategy.

00:20:08 Coach Kristy Wharton: Reacted to "Thank you 🙏" with 🧡

00:21:47 Joanne Clement: I hear you...you want to lead the right way from the beginning.

00:22:06 Cheryl Mabry: Yes, such an investment in people & their belief in themselves

00:22:09 Amy Reeves: Replying to "@Coach Kristy Wharto..."

Ok, thank you so much. I'll focus on September Missions. I REALLY love the revamped way of doing everything as does my mind - LOL. I did complete the AI prompts and here is my new Love-Led Shift Statement: Your LOVE-LED™ Shift Statement
I am becoming a calm, confident leader who no longer performs for approval.
I release the fear of rejection and the pressure to prove my worth.
I lead from peace, trust, and love—showing up authentically and consistently because I know I'm called to serve.

As I lead from presence, I inspire other women to believe in themselves again.

00:22:53 Amy Reeves: Replying to "@Coach Kristy Wharto..."

My mantra now: I lead from peace, not proof. My presence plants belief in others.
(No further fear of rejection)

00:23:01 Amy Reeves: Reacted to "Hi @Amy Reeves .. th..." with ❤️

00:23:02 Traci Pyrz: After the announcement post did you then teach them the rhythm with the other types of posts?

00:23:26 Susie Wolford: Great way to serve as a Love-Led Leader
@Stephanie Whittaker

00:23:34 Celeste: I could use some help on where to go with this conversation.

00:24:00 Cindy Templeton: Thank you!! Because she hasn't connected with me yet on creating her post. I will work with her and put it into my Chat.

00:24:25 Celeste: Replying to "Screenshot 2025-11..."

I could use some help on where to go with this.

00:24:37 Karen Forrister: Stephanie are you helping with the service post, authenticity and possibility through chat?

00:25:46 Mary Daza: 🙌

00:27:22 Linda Schymik: This is so great!!!

00:28:13 Linda Schymik: I am proud that I started using the tracker for the core 4 and having some good conversations with others this week

00:28:49 Theresa Roy: Leaders do the hard work... It's easy to post the product graphics shoved down our throats from uplines – It's hard to be vulnerable and create our own posts that align with our heart...

00:28:55 Coach Kristy Wharton: Reacted to "I am proud that I st..." with 🧡

00:29:06 Annette Aguiar: I have a conversation needing to "close" and start anew. It's an old side line who left because she didn't like the old system

00:29:52 Annette Aguiar: Reacted to "Leaders do the hard ..." with ❤️

00:30:04 sue Paige: That makes so much sense!!

00:30:18 Cheryl Mabry: Did you say multiple announcement posts

00:30:32 Annette Aguiar: Reacted to "After the announceme..." with 👍

00:31:09 Cheryl Mabry: Aaahh, milestones

00:31:36 Coach Kristy Wharton: Replying to "Leaders do the hard ..."

Hmmm... @Theresa Roy think about the language of "hard" is it hard? I love the message in this though be aware of the meaning im creating with my language of something being hard. Appreciate your insight! xoxo

00:31:48 Janet Schaefer: Reacted to "Leaders do the hard ..." with ❤️

00:32:30 Linda Schymik: Yes
00:32:37 Stephanie Whittaker: Good idea!!!
00:32:40 Joanne Clement: That s a good idea
00:32:59 Coach Jess Mitchell: Reacted to "I am proud that I st..." with 🔥
00:33:02 Linda Schymik: This helps them connect with you and the others
00:33:04 Coach Jess Mitchell: Replying to "I am proud that I st..."

Proud of you!

00:33:15 Tammy Asmus: Reacted to "I am proud that I st..." with 🥰
00:33:24 Coach Kristy Wharton: @Stephanie Whittaker didnt we discuss this before? Though I like creating together instead of "done for you" posts.... Great idea.
00:33:33 Tammy Asmus: Reacted to "@Stephanie Whittaker..." with 🥰
00:33:52 Theresa Roy: Reacted to "Hmmm... @Theresa Roy t..." with ❤️
00:33:58 Stephanie Whittaker: That's it!!!
00:34:12 Stephanie Whittaker: Reacted to "@Stephanie Whittaker..." with 🥰
00:34:24 Stephanie Whittaker: Replying to "@Stephanie Whittaker..."

Yes!!

00:34:33 Susana Garcia Betancourt: Great idea! I'll definitely do it!
00:34:48 Alicia's iPhone: Love this
00:34:56 Coach Kristy Wharton: Reacted to "Yes!!" with 🥰
00:34:59 Linda Schymik: I just printed out my outreach summary so I can see it on paper all organized
00:34:59 Stephanie Whittaker: Brilliant!!!
00:35:08 Cindy Templeton: Would you wait until after those 4 weeks to introduce your new member to Chat and use yours to help with their posts?
00:35:09 Laura Trimble: Love this! I try to stay 3-4 weeks ahead.
00:36:18 Cheryl Mabry: My new coach did SHIFT w/ me
00:38:30 Coach Kristy Wharton: Reacted to "My new coach did SHI..." with 🥰
00:38:36 Coach Kristy Wharton: Reacted to "Love this! I try to ..." with 🥰
00:39:41 Linda Schymik: I have been having long conversations like this, this week and feeling good about it
00:48:21 Linda Schymik: Great job
00:48:40 Joanne Clement: It s moving...great job Annette
00:49:31 Annette Aguiar: Reacted to "It s moving...great jo..." with ❤️

00:49:34 Cheryl Mabry: Yes! At different stages in 12 conversations around the problem + 2 likes to follow up on

00:49:39 Joanne Clement: We learn so much through the process.

00:50:28 Annette Aguiar: I can see that coming! I have internalized new realizations!

00:51:02 Tammy Asmus: Reacted to "I can see that comin..." with 🙄

00:51:53 Krista Tavares: I have a quick question about the rhythm reset

00:52:07 Bob Heilig: Reacted to "I have a quick quest..." with 👍

00:53:57 Cheryl Mabry: \$\$=Belief

00:55:02 Fireflies.ai Notetaker Stephan: The meeting schedule is about to end.

Action Items for this meeting:

- Stephanie Whittaker to provide leadership or guidance on executing the announcement post-strategy to the team members who might be interested in doing it. @Stephanie Whittaker
- Follow up with the client regarding her challenges and see if she is still looking for support, while keeping the business off the table for now. @Annette Aguiar

00:59:55 Linda Schymik: Yeah

01:02:59 Linda Schymik: Go get her

01:04:56 Bob Heilig: www.seeyourmask.com

01:05:08 Coach Kristy Wharton: Reacted to "www.seeyourmask.com" with 🍏

01:05:38 Krista Tavares: Reacted to "www.seeyourmask.com" with 🍏

01:06:31 Joanne Clement: I've got a team member doing it...she said that she needed that 30 days to go ahead with her journey with her business...that for me is a big visible win to see a member growing the love way.

01:07:30 Joanne Clement: Thank you so much for all the sharing. Have to go....Happy weekend to all.

01:08:13 Coach Kristy Wharton: Done @Krista Tavares

01:09:34 Cheryl Mabry: Can I receive that guidance too? My new coach did SHIFT, but is not in Rhythm

01:09:53 Annette Aguiar: It's so powerful because we don't need a person looking it over and analyzing it anymore

01:10:00 Annette Aguiar: It's right there

01:10:20 Dr. Alma Medina Fielder: Great call. Thank you.

01:10:21 Linda Schymik: Thanks for a good day

