

The LOVE-LED™ SHIFT Call Chat

Transcript 10.29.2025

00:03:12 Michelle Molendyk: I love that you left it since the kids did it.

00:03:12 laura rodgers: Happy Halloween 🎃👻

00:03:18 Win and Michele Wood: FIRST TIME HERE

00:03:20 Bethany Bates: First time

00:03:22 Alysun Caldwell: First time 😊

00:03:23 Kerrie LeBlanc: In this program yes

00:03:23 Sue Ruggerio: First time here 😊

00:03:23 bpife: Yes, Ma'am

00:03:26 Dale Hatchell: first time!

00:03:27 Margo Ericson: Frist time

00:03:35 Catherine Fite: First one!

00:03:36 Verda Sullivan: My first time with you

00:03:36 Sharon Jackson: First timer!

00:04:01 Coach Tammy Asmus: Reacted to "First timer!" with ❤️

00:04:01 Coach Kristy Wharton: Reacted to "In this program yes" with 🔥

00:04:03 Coach Tammy Asmus: Reacted to "My first time with y..." with ❤️

00:04:06 Coach Tammy Asmus: Reacted to "First one!" with ❤️

00:04:08 Coach Tammy Asmus: Reacted to "first time!" with ❤️

00:04:10 Coach Tammy Asmus: Reacted to "Yes, Ma'am" with ❤️

00:04:12 Coach Tammy Asmus: Reacted to "First time here 😊" with ❤️

00:04:14 Lori Warman:Old timer

00:04:14 Coach Tammy Asmus: Reacted to "In this program yes" with ❤️

00:04:18 Coach Tammy Asmus: Reacted to "Old timer" with 🤗

00:04:20 Coach Kristy Wharton: Reacted to "I love that you left..." with 🤗

00:04:35 Coach Kristy Wharton: Reacted to "Old timer" with 🤗

00:04:41 Coach Kristy Wharton: Replying to "Old timer"

OG!

00:05:17 Dale Hatchell: Jim is in the car headed to the beach but listening in from my phone. LOL

00:05:45 Coach Kristy Wharton: 100% do the basics better!

00:05:49 Coach Jess Mitchell: Replying to "FIRST TIME HERE"

Welcome!

00:05:53 Coach Jess Mitchell: Replying to "First time"

So glad you are here!

00:06:01 Lori Warman: Reacted to "OG!" with 😊

00:06:01 Coach Jess Mitchell: Replying to "First time 😊"

Woohoo! exciting!

00:06:04 Coach Kristy Wharton: Reacted to "First time 😊" with 🔥

00:06:07 Michelle Molendyk: yes, definitely focusing on the basics.

00:06:16 Coach Kristy Wharton: Reacted to "yes, definitely focu..." with 🔥

00:06:42 Coach Tammy Asmus: Reacted to "yes, definitely focu..." with ❤️

00:06:51 Bethany Bates: Replying to "First time"

Glad to be here, it's tough to fit it into my busy work schedule but today this needed to be a priority ❤️

00:07:34 Coach Kristy Wharton: Reacted to "First time" with 🙌

00:07:35 Coach Jess Mitchell: Replying to "First time"

Way to make it happen! Hope it fills your cup💕

00:07:36 Alysun Caldwell: Absolutely! I've done CTFAR and it has been huge for me!

00:07:40 Coach Kristy Wharton: Reacted to "Absolutely! I've don..." with 🔥

00:09:33 Lori Warman: I'm so bad at answering these questions and identifying what's really going on.....so frustrating

00:09:59 Zoom user: Replying to "I'm so bad at answer..."

I agree Lori

00:10:10 Cheryl Mabry: "Actions in your life lead to the results in your life" 💪

00:10:16 Michelle Molendyk: can you give us a simple example we would all understand. It makes sense but I need to see it more tangibly.

00:10:25 Verda Sullivan: I used to do this and am so glad you are bringing me back t it

00:10:29 Coach Kristy Wharton: Reacted to "can you give us a si..." with 🔥

00:10:53 Coach Kristy Wharton: Replying to "can you give us a si..."

You'll see them here over and over... stay tuned

00:10:59 Coach Kristy Wharton: Reacted to "I used to do this an..." with 🤔

00:11:19 Coach Tammy Asmus: Reacted to ""Actions in your lif..." with 🤔

00:11:21 Coach Kristy Wharton: Replying to "I used to do this an..."

It's the most important part of our journey.

00:11:30 Coach Tammy Asmus: Reacted to "can you give us a si..." with ❤️

00:11:46 Michelle Molendyk: Reacted to "You'll see them here..." with ❤️

00:11:53 Cheryl Mabry: Reacted to ""Actions in your lif..." with 🤔

00:12:04 Verda Sullivan: Replying to "I used to do this an..."

I use ChatGPT to find some of those feelings and thoughts that keep me inactive

00:12:42 Lori Warman: Reacted to "I use ChatGPT to fin..." with ❤️

00:13:11 Steph Wood: I'm a master of the PIVOT for 14 years! Ha ha

00:13:30 Mary Daza: I had Chat help me with my red light story and I was so happy with how it helped me reframe my thoughts!

00:13:39 Kerrie LeBlanc: Reacted to "I had Chat help me w..." with ❤️

00:14:01 Ben Lo: Replying to "I had Chat help me w..."

That's cool -- thanks for sharing that, Mary!

00:14:18 Mary Daza: Reacted to "That's cool -- thank..." with 💖

00:14:23 Cheryl Mabry: "Are you feeling defeated from the story you keep telling yourself?"

00:14:24 Emily Titov: I did it already today flipping the trigger this morning.

00:14:58 Stephanie Whittaker: POWERFUL. This really helps me today thank you Megan

00:15:48 Mary Daza: Love that!

00:15:57 Michelle Molendyk: What a great visual.

00:16:02 laura rodgers: Great example

00:16:08 Bethany Bates: I'm always able to tell others this message but struggle to do it for myself all the time! I am using this to help hold me more accountable at reflecting on my thoughts/feelings connections

00:16:10 Alicia Raley: So good

00:16:11 Alysun Caldwell: Yes!!

00:16:15 Verda Sullivan: Love that visual

00:16:21 Lori Warman:Replying to "I'm always able to t..."

me too

00:16:26 Theresa Roy: catch the wave!!

00:16:38 Coach Jess Mitchell: Reacted to "I'm a master of the ..." with ❤️

00:16:48 Coach Jess Mitchell: Reacted to "I had Chat help me w..." with 🔥

00:16:51 Theresa Roy: I'm heading in the right direction of leadership!!!

00:16:56 Robin McCabe: I'm a great leader of leaders!

00:16:56 Sharon Jackson: I AM a Love-Led leader!

00:16:57 Kerrie LeBlanc: I have what it takes!

00:16:59 Mary Daza: I am worthy!

00:17:02 Alysun Caldwell: I'm a love led leader who people are excited to link arms with!

00:17:02 Eva Snedden: I am capable and worthy

00:17:04 Kerrie LeBlanc: I'd love some help with a red light story I have right now 🙏

00:17:05 Kari Sue's iPhone: I have an AO stuck

00:17:05 lauren cormier: I will be successful

00:17:07 Michele Wood: I am a capable leader that leads with love

00:17:11 Karen Forrister: What if you don't have the receipts to say I am a good leader -

00:17:12 Michelle Molendyk: I am worthy

00:17:12 Ben Lo: Success is for You (fun book title I just came across that is also a powerful thought)

00:17:19 Bethany Bates: I'm working on riding the waves and not get pulled down by them

00:17:19 Verda Sullivan: I am here to help and people need me

00:17:27 Steph Wood: I've been a leader all the time and I have an abundance of people to LEAD!!

00:17:32 Ben Lo: I lead with love

00:17:33 Brittany Doran: I can make a difference!!

00:17:35 Stephanie Whittaker: I choose to connect in convos over feeling a pressure to post today. I feel free in the lives I know I am making a difference in today

00:17:36 Lori Warman: I am struggling with that very thing right now....

00:17:38 Heike's iPhone: My customers value my service. I can do this!

00:17:44 Dominique Vezina: I am capable, an inspiring leader and successful

00:17:47 Zoom user: I am a good leader, people want to work with me. I have what it takes.

00:17:49 bpife: I will find success love led to be successful in BF promotions

00:17:54 Lindquist, Sherri's iPhone: I am a good leader and I will lead a successful team

00:18:08 Emily Titov: I can slowdown today and follow my rhythm, I know exactly what to do and what steps to take.

00:18:09 Theola Sweeney: I am building a community of great people - I can do it

00:18:22 laura rodgers: I choose to slow down and ride the waves until that moment I have a win in my business and invisible wins

00:20:36 Coach Jess Mitchell: Reacted to "I choose to slow dow..." with ❤️

00:20:41 Coach Jess Mitchell: Reacted to "I am building a comm..." with ❤️

00:20:45 Coach Jess Mitchell: Reacted to "I can slowdown today..." with 🔥

00:20:47 Mary Daza: "Foreboding joy" like Brene Brown would say

00:20:52 Coach Jess Mitchell: Replying to "I can slowdown today..."

Powerful!

00:21:32 Theresa Roy: Stop and choose GRATITUDE for a few minutes for those 5 customers and then move forward with confidence!

00:21:58 Lori Warman: need to feel confident

00:22:32 Alysun Caldwell: What would you be thinking if you showed up to an event, requested info, and the person never messaged you? I like to put myself in their shoes...

00:22:52 Lori Warman: Replying to "What would you be th..."

so smart.....

00:23:16 Lori Warman: Reacted to "What would you be th..." with 🎯
00:23:27 Brittany Doran: Reacted to "What would you be th..." with ❤️
00:23:30 Michele Wood: Reacted to "What would you be th..." with ❤️
00:24:01 Coach Jess Mitchell: Reacted to "What would you be th..." with 🎉
00:24:21 Coach Jess Mitchell: Replying to "What would you be th..."

So wise!

00:24:34 Teresa Snider: We need to step out of our embossed "box"
00:24:49 Verda Sullivan: Replying to "What would you be th..."

I needed this thought today!

00:24:51 Alysun Caldwell: Replying to "We need to step out ..."

Did you read Leadership and Self Deception?

00:24:58 Alysun Caldwell: Reacted to "We need to step out ..." with ❤️
00:25:31 Teresa Snider: Replying to "We need to step out ..."

No ... hadn't heard about it

00:26:06 Dale Hatchell: My husband is in the sourdough "cult" It is such a gift to be able to make it and share it with others!
00:26:06 Alysun Caldwell: Replying to "We need to step out ..."

It's fabulous! It talks about being outside the box towards others...it's by The Arbinger Institute

00:27:01 Mary Daza: "Personal Connection"
00:27:10 Mary Daza: Reacted to "My husband is in the..." with 😊
00:27:18 Sharon Jackson: Ohhh that's such a good way to look at rep-ore vs relationship
00:27:35 Lori Warman: Reacted to "Ohhh that's such a g..." with ❤️
00:27:47 Teresa Snider: Replying to "We need to step out ..."

thanks

00:27:53 Alysun Caldwell: Reacted to "thanks" with ❤️
00:28:14 Alysun Caldwell: Reacted to "Ohhh that's such a g..." with 🙏
00:28:29 Eva Snedden: I still sometimes rush into it too. It's a learning curve for sure
00:29:21 Karen Kvidera: This has answered so many questions for me.
Thank you Megan!!
00:29:25 Vicki Hamdorf: I am telling myself I am not a good leader because I have so many clients that don't stay on plan and push their orders out.
00:29:29 Linda Schymik: My conversations are going so so slow
00:29:31 Sharon Jackson: Since joining LSG...I personally get irritated when someone just pitches to me rather than talks to me and asks questions.
00:29:44 Mary Daza: Replying to "Since joining LSG...I ..."

Same!!

00:29:47 Linda Schymik: Reacted to "Since joining LSG...I ..." with ❤️
00:29:52 Sharon Jackson: So I just try to remember to treat those how I would like to be treated
00:29:58 Sharon Jackson: Reacted to "Same!!" with ❤️
00:29:58 Alysun Caldwell: Reacted to "Since joining LSG...I ..." with 🙏
00:30:05 Lori Warman: Replying to "I am telling myself ..."

Amen Vicki.....that's where I'm at and I feel like it's a reflection of my coaching

00:30:11 Laura Trimble: Reacted to "So I just try to rem..." with 💜
00:30:31 Linda Schymik: Reacted to "I am telling myself ..." with 😞
00:30:59 Linda Schymik: Vicki I am dealing with this today this month... ugh
00:31:15 Cheryl Mabry: Yes, I'm at the grocery now!
00:31:23 Sharon Jackson: I get a red light story behind asking someone what they struggle with when I sell jewelry lol. "I don't know HOW to make that relatable to jewelry problems".
00:31:51 laura rodgers: Yes
00:31:53 Mary Daza: One of my mentors used to say, "be interested, not interesting."
00:31:56 Michelle Molendyk: I have a list from Chat GPT that is how would I say it to a friend over coffee.

00:32:01 Alysun Caldwell: Reacted to "One of my mentors us..." with ❤️
00:32:12 Coach Tammy Asmus: Reacted to "I have a list from C..." with 🔥
00:32:22 Sharon Jackson: Reacted to "I have a list from C..." with ❤️
00:32:36 Lisa Minnes: This is awesome coaching - thank you for being vulnerable Kerrie!
00:32:44 Coach Jess Mitchell: Reacted to "One of my mentors us..." with ❤️
00:32:51 Liza Johnson: My friend says that on our power hour... if you don't want them to think you're weird, don't act weird 😊
00:32:54 Michele Wood: Leading with love!
00:33:02 Coach Jess Mitchell: Replying to "One of my mentors us..."

Another way I have heard that is - there YOU are! Not "here I am".

00:33:15 Michele Wood: Reacted to "Another way I have h..." with ❤️
00:33:18 Liza Johnson: Reacted to I have a list from C... with "👍"
00:33:38 Stephanie Whittaker: This!!!
00:33:46 Linda Schymik: Yes
00:33:50 Karen Kvidera: Love that!!
00:33:52 Karen Kvidera: Reacted to "One of my mentors us..." with ❤️
00:33:57 laura rodgers: Great clarification on the communication with people
00:34:18 Dale Hatchell: Replying to "I get a red light st..."

oh my gosh...I always struggle with what jewelry to buy and wear! My teenage granddaughters are all into jewelry and I feel bare! haha!

00:34:36 Sharon Jackson: Reacted to "oh my gosh...I always..." with ❤️
00:34:40 Linda Schymik: What do you do when you have reached out in many different ways how do you get them to respond?
00:34:43 Carol Crosby: Replying to "I am telling myself ..."

I resonate with this too

00:34:45 Steph Wood: You are not your thoughts 😊
00:34:50 Michele Wood: begin with gratitude!
00:34:54 Coach Jess Mitchell: Replying to "I get a red light st..."

You can also give them a few examples of what that sounds like for your customers

00:34:56 Lori Warman:grateful; present; excited; joyful
00:35:01 Karen Kvidera: The reminder of red light stories 🙏
00:35:06 Coach Jess Mitchell: Replying to "I get a red light st..."

When you ask

00:35:08 laura rodgers: What our thoughts can do
00:35:09 Margo Ericson: So important to ask questions to build a relationship and trust.
00:35:09 Alysun Caldwell: Perfectly timed reminders! Thank you!
00:35:10 Sharon Jackson: Replying to "I get a red light st..."

Thank you for sharing that! Great reminder that I'm on the right track!

00:35:11 Linda Schymik: Thank you
00:35:13 Kerrie LeBlanc: Thank you!
00:35:15 Sharon Jackson: Reacted to "You can also give th..." with ❤️
00:35:15 Lori Warman:thank you
00:35:18 Sharon Jackson: Reacted to "When you ask" with ❤️
00:35:19 laura rodgers: Thanks so much
00:35:19 Dale Hatchell: Thank you!
00:35:23 Lindquist, Sherri's iPhone: Thank you!!
00:35:24 Bethany Bates: Thank you!
00:35:24 Theola Sweeney: Thank you