

Weekly LOVE-LED™ Breakthrough Coaching & Strategy Session Chat Transcript

00:01:06 Fireflies.ai Notetaker Bob: Talk to Fireflies: (Web-search enabled) • Say: Hey Fireflies how can you help? • Type: /ff help to get started. View real-time notes and transcription for this meeting here:

https://app.fireflies.ai/live/01K1937QA9SA5MY7KGSKNZNA0A?ref=live_chat

00:01:29 Liza Johnson: Good afternoon

00:01:40 Linda Schymik: Hello friends

00:01:51 Trish: Hello from Minneapolis where we're having a lovely day!

00:02:32 Coach Tammy Asmus: Reacted to "Hello from Minneapolis..." with 🥰

00:02:35 Coach Tammy Asmus: Reacted to "Good afternoon " with 😊

00:02:38 Coach Tammy Asmus: Reacted to "Hello friends" with 🥰

00:03:46 Team Your Virtual Upline: <https://yourvirtualupline.com/chatgpt>

00:03:48 Linda Schymik: I had a new customer reach out to me because she liked my lives this past week.

00:03:52 Marcia Schiavo: Following a theme and rhythm for the past 2 weeks

00:03:54 Laura Trimble: No end of the month freak out!

00:03:54 Carol Crosby: I'm in Canada for a reunion and have given myself permission to not feel guilty for not doing more while away

00:03:57 Jennifer Peterson: Scheduled CORE4 first...then life.

00:04:10 Coach Tammy Asmus: Reacted to "I'm in Canada for a ..." with 😊

00:04:27 Stacey Reeves Owens: Win- Loving enough to refer a potential customer to someone else who is better suited for their individual needs and can meet their problem areas.

00:04:28 Teresa Reid: I had a friend call me to help her. She has been watching my stories and post.

00:04:50 laura rodgers: Went from fear to love led and growing more and more like a leader I'm meant to be

00:04:53 Trish: Invisible win ... my newest customer wrote this morning with some personal struggles she's been having and that she's stopped her products because she wasn't seeing results yet. And it was ok. I sent her some words of encouragement and helped

her to see some wins, offered some options with her products and said I'll be there for her whichever one she chooses. Lesson ... be more intentionally interactive with my customers. We had lots of family things going on in July and I let that slide.

00:04:56 lauren cormier: not comparing myself to others this week at EOM

00:04:58 Stephanie Whittaker: Can't wait!!

00:05:25 Coach Jess Mitchell: Reacted to "not comparing myself..." with ❤️

00:05:25 laura rodgers: Can't wait

00:05:26 Team Your Virtual Upline: Registration -

<https://yourvirtualupline.com/chatgpt>

00:05:34 Alicia Raley: Registered. Can't wait. Invisible win is my team volume grew 41%. First time in MONTHS there has been team growth and that has been so fun

00:05:34 Trish: Excited about that training.

00:05:39 Nicole Sapriken: registered

00:05:40 Linda Schymik: All signed up and did upgrade as well

00:05:42 Coach Jess Mitchell: Reacted to "Invisible win ... my n..." with ❤️

00:05:46 Coach Jess Mitchell: Reacted to "Went from fear to lo..." with ❤️

00:05:49 Alicia Raley: Replying to "Registered. Can't ..."

Thank you Bob and team for all you do

00:05:51 Coach Jess Mitchell: Reacted to "I had a friend call ..." with 🔥

00:05:57 Nicole Sapriken: \$27

00:05:58 Liza Johnson: I stayed committed to your values in a small moment

00:06:01 Team Your Virtual Upline: <https://yourvirtualupline.com/chatgpt>

00:06:06 Jessica Owens: Signed up and upgrade was \$27

00:06:13 Coach Tammy Asmus: Reacted to "Signed up and upgrad..." with 🥰

00:06:17 Coach Tammy Asmus: Reacted to "\$27" with 🥰

00:06:21 Coach Tammy Asmus: Reacted to "Thank you Bob and te..." with 🥰

00:06:25 Linda Schymik: I am so looking forward to this

00:07:07 Coach Jess Mitchell: Reacted to "I had a new customer..." with ❤️

00:07:10 Coach Jess Mitchell: Reacted to "Following a theme an..." with ❤️

00:07:13 Jessica Owens: Yep

00:07:14 Coach Jess Mitchell: Reacted to "No end of the month ..." with 🔥

00:07:18 Coach Jess Mitchell: Reacted to "I'm in Canada for a ..." with 🔥

00:07:29 Coach Jess Mitchell: Reacted to "Scheduled CORE4 firs..." with 🎉

00:07:30 Stephanie Whittaker: Too polished lol

00:07:33 Coach Jess Mitchell: Reacted to "Win- Loving enough t..." with ❤️

00:07:52 Sandy Job-Rivera: I registered but never got the upgrade. How would I get the discount for LSG?

00:08:08 laura rodgers: Yes

00:08:23 Jessica Owens: It uses the same phrases every time like- "The truth?" I end up editing what it gives me 99% of the time because of this very reason.

00:09:16 Hilleri Dickey: This is very informative

00:09:22 Teresa Reid: Signed up and upgrade added.

00:09:50 Hilleri Dickey: Say what??

00:10:18 Teresa Reid: Wow!!!

00:10:18 Jessica Owens: 🙌🙌🙌🙌

00:10:33 Chris Julian: wow

00:11:48 Teresa Reid: I'm so excited for this!!!

00:11:53 Hilleri Dickey: Bring it on!!!!!!

00:12:13 laura rodgers: Yes 🙌

00:12:15 Cheryl M's iPhone: That's what I want!

00:12:19 Linda Schymik: Yes

00:12:23 Liza Johnson: Reacted to Win- Loving enough t... with "❤️"

00:12:25 Jessica Owens: Awesome!

00:12:50 Jennifer Peterson: Shared with my team...so glad we will talk the same language moving forward!

00:13:32 Jessica Owens: I have the 30 days to 1K prompts, but I don't know where to find the Transformation course prompts- where can I find those?

00:13:39 Hilleri Dickey: Bring it On.

00:13:49 Linda Schymik: Same Jessica

00:14:04 Stephanie Whittaker: Love all of this so much!!!

00:14:34 Cheryl M's iPhone: This FEELS good

00:14:42 Stephanie Whittaker: Reacted to "This FEELS good" with 🥰

00:14:45 Linda Schymik: Just what I need

00:14:49 Liza Johnson: Reacted to Invisible win ... my n... with "👍"

00:14:51 Teresa Reid: Replying to "This FEELS good"

It does feel so good!!

00:15:00 Coach Jess Mitchell: Replying to "I have the 30 days t..."

Did you do transformed with the bonus?

00:15:16 Jessica Owens: Replying to "I have the 30 days t..."

Didn't get the bonus

00:15:57 Teresa Reid: Done! I'll be sharing this!!

00:16:17 Nicole Sapriken: I have shared it with my team and my upline, as well as some people that I know in other companies

00:16:21 Jessica Owens: Replying to "I have the 30 days t..."

I signed up for the course Bob is talking about now- and I did get the upgrade for that. Will those be the latest ones we should be using?

00:16:28 Chris Julian: what link should we use to share it with others

00:16:43 Stephanie Guerra: Complete confidence shift, and from that I was able to help multiple teammates this last week as we talked through how to restart their business.

00:16:46 Wendy Warawa: I have registered for the free part. Would like to register for paid part. How do I do that

00:17:00 Chris Julian: yes

00:17:07 Hilleri Dickey: 100

00:17:08 Molly Waldrup Johnson: Yes!! 🙌

00:17:19 Team Your Virtual Upline: Replying to "I have registered fo..."

After registration, it should show you the next page for the optional opt in.

00:17:24 Coach Jess Mitchell: Replying to "I have the 30 days t..."

They will be once you do that course. For now, use what you have 😊 Did you participate in Transformed back in June?

00:17:26 laura rodgers: Yes

00:17:38 Jessica Owens: I started back to school this week- I was able to be gracious to myself about transitioning back to two jobs.

00:19:34 Hilleri Dickey: That's so good @Teresa Reid

00:19:46 Jessica Owens: Replying to "I have the 30 days t..."

Yes- I did Transformed but didn't get the upgrade for that one.

00:20:06 Liza Johnson: Teresa, I've also recently found out this truth also!

00:20:15 Hilleri Dickey: Reacted to "Teresa, I've also re..." with ❤️

00:20:24 Stephanie Whittaker: THANK YOU for saying that Teresa! We all needed to hear that today!!

00:20:34 Cheryl M's iPhone: Reacted to "THANK YOU for saying..." with 🥰

00:20:43 Linda Schymik: I am seeing this a little bit as well

00:22:14 Coach Jess Mitchell: Replying to "I have the 30 days t..."

Ok, just use what you have and very soon you'll have these new ones that Bob mentioned today!

00:22:17 Lori Naylor: I had 4 clients reconnect this last month and I wasn't attached to them ordering a product. Leading from love and coaching them. Meeting them where they are at on their journey. And 2 others reconnected and ordered. I have loved my coaching so much more this last month and no end of month fear led mindset

00:22:33 Coach Jess Mitchell: Reacted to "I had 4 clients reco..." with ❤️

00:22:47 Coach Tammy Asmus: Reacted to "I had 4 clients reco..." with 😊

00:23:46 Lori Naylor: Love it Teresa

00:24:00 Teresa Reid: Replying to "Love it Teresa"

Thank you!

00:24:06 Trish: Some days I show up with my love-led content, and other days I get caught up in the details ... It's a SERVICE post today or it's an authenticity post ... and I get stuck ... how do I shift that?

00:24:44 Stephanie Whittaker: Love you Alicia!!

00:25:46 Stephanie Whittaker: Ohhh that's a good word. You are totally shifting Alicia and making an authentic impact!

00:26:14 Jessica Owens: I still have to tell myself- one step at a time and the relationship is more important than the sale.

00:27:22 Stephanie Whittaker: Went to bed with PEACE love that

00:27:40 Laura Rodgers: Amen

00:28:12 Stephanie Whittaker: This is everything Alicia

00:29:01 Lori Naylor: So good Alicia! Thank you for this. 💜

00:29:21 Coach Tammy Asmus: @Alicia Raley Love this all so much!!!

00:29:35 Cheryl M's iPhone: This resonates with me

00:29:41 Jessica Owens: I would love more perspective on goal setting the Love Led way!

00:29:50 Karen Forrister: How does that work with "manifesting"

00:29:59 Laura Rodgers: Yes

00:30:15 Jessica Owens: YES!!!!

00:30:58 Cheryl M's iPhone: Set growth goals not \$\$ ones

00:31:35 Liza Johnson: Reacted to "Set growth goals not..." with 👍

00:32:06 Liza Johnson: Replying to "Set growth goals not..."

That's what I recently started to do. It also keeps my mindset peaceful.

00:32:14 Jessica Owens: Reacted to "That's what I recent..." with ❤️

00:32:36 Cheryl M's iPhone: Been focused more on daily intentionality

00:32:40 Jessica Owens: Wow- you just described the last year of my life- arbitrary goals without belief!

00:33:29 Hilleri Dickey: YES

00:33:31 Emily Titov: yes

00:33:31 Karen Forrister: Blew my mind

00:33:31 Trish: Yes

00:33:31 Jessica Owens: Yes

00:33:31 Stephanie Guerra: YES

00:33:32 Lori Naylor: Yes!

00:33:32 Teresa Reid: Yes!!

00:33:33 Laura Trimble: YES!

00:33:33 Sandy Job-Rivera: I did

00:33:34 Mary Daza: Yes

00:33:40 Chris Wenstrom: yes

00:33:41 Stephanie Whittaker: Yes!!

00:33:41 Wendy Warawa: Yes

00:33:43 Charlotte Akinkugbe: Yes,

00:33:44 Marcia Schiavo: yes

00:33:50 Mary Daza: We are invisible to our upline otherwise

00:33:51 Laura Andrews: Replying to "I have the 30 days t..."
🙄

00:33:58 laura rodgers: Yes

00:34:19 Coach Jess Mitchell: Goals to build the habits that will create growth, and help you BE who you want to BE!

00:34:20 Jessica Owens: Reacted to "Ok, just use what yo..." with ❤️

00:34:20 Hilleri Dickey: Literally my upline just talked about setting goals/ranks today. I know they mean well but it felt very pressured to me.

00:34:29 Liza Johnson: Yes, be intentional...how many authentic connections, follow ups with love

00:34:45 Chris Julian: yes.. grew up in the biz being encouraged always to set goals!! Never any mention of belief

00:34:47 Emily Titov: Its incredible how Bob can find those blind spots

00:35:15 Jessica Owens: Reacted to "Its incredible how B..." with 👍

00:35:22 Coach Jess Mitchell: Reacted to "Its incredible how B..." with ❤️

00:35:51 Coach Jess Mitchell: Reacted to "Been focused more on..." with 🔥

00:35:52 Chris Julian: Link to up grade isn't working.. will email support
00:35:58 Hilleri Dickey: Would love to see what that even looks like in the LLG way
00:37:23 Karen Forrister: I am done tying my value to the rank I was 3 years ago.
00:37:25 Cheryl M's iPhone: Feeling called to set "goal" around people feeling heard & seen by me
00:37:34 lauren cormier: "let's run this month"- my upline likes to say this. Which feels like they don't believe that I am working hard
00:37:41 Laura Trimble: It's reminder of what a failure I am when I don't hit it
00:37:56 Karen Forrister: Feeling less than
00:38:03 Laura Trimble: Invisible
00:38:35 Coach Jess Mitchell: Reacted to "I am done tying my v..." with ❤️
00:38:47 Marcia Schiavo: Told to make higher goals but couldn't even reach smaller ones - so always felt like I wasn't good, failure
00:38:56 Jessica Owens: I am so sorry that happened to you Hilleri. I'm so glad you are here!
00:38:56 Laura Trimble: Reacted to "Told to make higher ..." with 💜
00:39:01 Jennifer Peterson: Reacted to "I am so sorry that h..." with ❤️
00:39:07 Karen Forrister: Replying to "Told to make higher ..."

@Marcia Schiavo exactly

00:39:17 Jennifer Peterson: Reacted to "Told to make higher ..." with ❤️
00:39:25 Liza Johnson: Sorry that has happened and you feel like that Hilleri. Keep being authentically you with your values.
00:39:41 Mary Daza: Reacted to "Sorry that has happe..." with ❤️
00:39:50 Charlotte Akinkugbe: Yes!
00:39:59 Mary Daza: With you Hilleri
00:40:15 Karen Forrister: I am so offended by speakers saying "if your business isn't where it was or where it should be, you aren't working hard enough"
00:40:38 Liza Johnson: Great point!
00:40:40 laura rodgers: Yes
00:40:44 Emily Titov: that is it! WOW
00:40:44 Marcia Schiavo: Reacted to "I am so offended by ..." with 👍
00:41:21 Laura Trimble: Reacted to "I am so offended by ..." with 👍
00:41:50 Stephanie Guerra: I've always been told that I need to be the leader that I never had, but it wasn't until going through this program that I've learned how to step up and be that. It's hard when you are told that but have no clue what it means and looks like. I'm so

thankful for this program so that I can first lead myself and then lead others out of love and a servants heart.

00:41:59 Cheryl M's iPhone: And this means we can be conditioned to believe something else!

00:42:04 Jessica Owens: Reacted to "I am so offended by ..." with 👍

00:42:23 Liza Johnson: Reacted to "I've always been tol..." with 👍

00:42:55 Cheryl M's iPhone: Deep roots

00:42:59 Stacey Reeves Owens: I'm learning it's ok to do things differently than my upline. Here we are learning how to lead with love and we truly are making a difference in lives way more than just the products will. I'm so glad we have this community! You are awesome Hilleri! Thanks for opening this up and sharing.

00:43:21 Jess Richter: Reacted to "I'm learning it's ok..." with ❤️

00:43:23 Stephanie Guerra: Reacted to "I'm learning it's ok..." with ❤️

00:43:25 Jessica Owens: Reacted to "I'm learning it's ok..." with ❤️

00:43:33 Linda Schymik: Reacted to "I'm learning it's ok..." with ❤️

00:43:34 Lori Naylor: Reacted to "I'm learning it's ok..." with 💜

00:43:40 Mary Daza: Reacted to "I'm learning it's ok..." with ❤️

00:43:41 Mary Daza: Reacted to "I'm learning it's ok..." with 💜

00:43:57 Stephanie Whittaker: Reacted to "I'm learning it's ok..." with ❤️

00:44:40 Charlotte Akinkugbe: Yes

00:45:01 Nicole Sapriken: You've got this Hilleri! You are a rockstar!

00:45:35 Charlotte Akinkugbe: I am seeing so much more clearly the leader I want to be

00:45:41 Karen Forrister: Uh oh!!!

00:45:48 Jessica Owens: I have always been a people pleaser, and I have been working on that the last couple years. I realized this spring that I had to release "people pleasing" my upline. I want to do things differently. The more I've been able to let go of that, the more peace I have, and my business is starting to grow again.

00:45:49 Jess Richter: Reacted to "I am seeing so much ..." with ❤️

00:46:03 Coach Jess Mitchell: Reacted to "I have always been a..." with 🎉

00:46:09 Cheryl M's iPhone: Reacted to "I am seeing so much ..." with ❤️

00:46:55 laura rodgers: That's what I'm doing my own business forward into a Love Led movement of like leaders who serve others with love.

00:46:59 Tammy Carabelli: @Hilleri Dickey I can relate to everything you said. Thank you so much for sharing.

00:47:19 Liza Johnson: Bob, that was helpful.

00:47:28 Hilleri Dickey: Reacted to "@Hilleri Dickey I ca..." with ❤️

00:47:56 Liza Johnson: Pray & ask God for guidance

00:48:17 Hilleri Dickey: Reacted to "With you Hilleri" with ❤️
00:48:25 Nicole Sapriken: I have let my spine know how I do things so they know how I roll. Most know You Bob and know your teaching so they get it
00:48:27 Jessica Owens: Replying to "I have always been a..."

People pleasing is FEAR based!

00:48:31 Hilleri Dickey: Reacted to "I am so sorry that h..." with ❤️
00:48:57 Tammy Carabelli: Reacted to "I have always been a..." with ❤️
00:48:58 laura rodgers: Thank you Hillary and Bob for this
00:49:16 Hilleri Dickey: Reacted to "Sorry that has happe..." with ❤️
00:49:34 Teresa Reid: That's powerful!
00:49:48 Hilleri Dickey: Reacted to "Thank you Hillary an..." with ❤️
00:49:55 Hilleri Dickey: POWERFUL!!!!!!!!!!
00:50:06 Jessica Owens: Therapy with BOB!!!!
00:50:21 Karen Forrister: So she's going rogue?
00:50:58 laura rodgers: Powerful 💪
00:51:04 Stephanie Whittaker: Loveeee this
00:51:38 laura rodgers: Amen
00:51:57 Jess Richter: Such a good message and reframing.
00:52:30 Emily Titov: I never thought of my upline as holding me back instead of my support, but it does feel like I am being held back and experiencing external pressure. Kind of like those family members that are still sick but they are family and we still love them.
00:53:26 Cheryl M's iPhone: Reacted to "I have always been a..." with ❤️
00:53:32 Hilleri Dickey: AMEN!!!
00:53:41 Lori Naylor: Yes and I love this that I have met so many of my people!! I love this community
00:53:45 Liza Johnson: Reacted to "Therapy with BOB!!!!" with 😊
00:54:04 Nicole Sapriken: I honestly don't understand why anyone would be against us caring about our clients in an authentic way. It hurts my heart to think that happens
00:54:06 Stephanie Whittaker: I feel this
00:54:06 Hilleri Dickey: AGREED
00:54:12 Karen Forrister: I took your assignment from last week and reached out to 2 of my partners that are no longer active.
00:54:23 Coach Tammy Asmus: Reacted to "I took your assignme..." with 😊
00:54:29 Coach Tammy Asmus: Replying to "I took your assignme..."

So proud of you!

00:54:33 Karen Forrister: Reacted to "I honestly don't und..." with ❤️
00:54:45 Liza Johnson: Reacted to "I took your assignme..." with 👍
00:54:49 Trish: Reacted to "I honestly don't und..." with ❤️
00:54:55 Mary Daza: 100
00:54:56 Jessica Owens: Reacted to "I honestly don't und..." with ❤️
00:54:57 Karen Forrister: Replying to "I took your assignme..."

@Coach Tammy Asmus thank you!

00:54:57 Cheryl M's iPhone: It's like a tight hamstring
00:55:21 laura rodgers: Yes
00:55:30 Teresa Reid: I needed this today!!
00:55:39 Coach Tammy Asmus: Reacted to "@Coach Tammy Asmus t..." with 🥰
00:55:43 Hilleri Dickey: ❤️
00:55:51 Jessica Owens: Ya'll - We have been to CHURCH today!
00:55:51 Coach Tammy Asmus: The truth will set you free! Amen!
00:55:52 Jess Richter: Thank you Bob! This is truth and needed to hear this today.
00:55:57 Jess Richter: Reacted to "The truth will set y..." with ❤️
00:55:58 Stephanie Whittaker: Reacted to "Thank you Bob! This ..." with ❤️
00:56:19 laura rodgers: Great❤
00:56:20 Stephanie Guerra: Reacted to "Ya'll - We have been..." with 😊
00:56:45 Hilleri Dickey: Reacted to "Ya'll - We have been..." with ❤️
00:56:52 Tammy Carabelli: Reacted to "I honestly don't und..." with ❤️
01:01:30 laura rodgers: Reacted to Yes and I love this ... with "❤️"
01:01:40 laura rodgers: Reacted to I honestly don't und... with "❤️"
01:02:01 laura rodgers: Reacted to Ya'll - We have been... with "❤️"
01:02:12 Linda Schymik: Isthere a place for questions to ask your team to help learn where they are at?
01:02:38 laura rodgers: Reacted to Loveeee this with "❤️"
01:03:46 Hilleri Dickey: I'm going to go back and watch this replay! So many light bulb moments and perspective shifts that SOOO powerful
01:03:58 Jess Richter: Reacted to "I'm going to go back..." with ❤️
01:04:04 laura rodgers: Reacted to I'm going to go back... with "❤️"
01:04:29 Nicole Sapriken: Reacted to "I'm going to go back..." with ❤️
01:04:34 Cheryl M's iPhone: "Apologies focus on the past, leadership is in the present"
01:04:40 Karen Forrister: Reacted to ""Apologies focus on ..." with 👍
01:04:49 sue Paige: great call!!

01:04:50 Stephanie Guerra: Reacted to "great call!!" with ❤️
01:04:50 laura rodgers: Thanks Bob
01:04:52 Liza Johnson: Done
01:04:52 Teresa Reid: This was Powerful!