

Weekly LOVE-LED™ Breakthrough Coaching & Strategy Session Chat Transcripts

00:02:44 Fireflies.ai Notetaker Bob: Talk to Fireflies: (Web-search enabled) • Say: Hey Fireflies how can you help? • Type: /ff help to get started. View real-time notes and transcription for this meeting here:

https://app.fireflies.ai/live/01K0FKSA4AA718A03JJX1NVSRR?ref=live_chat

00:04:29 Nicole Bowles: Alleluia! <3

00:04:41 Linda Schymik: I need to be better at the core 4

00:04:50 Coach Jess Mitchell: Reacted to "Alleluia! <3" with ❤️

00:06:11 Linda Schymik: I so need this

00:06:18 Cheryl M's iPhone: Reacted to "I so need this" with ❤️

00:06:23 Coach Jess Mitchell: Replying to "I so need this"

It's gonna be awesome and clarifying for you!

00:06:28 Alicia Raley: Thank you

00:06:39 Stephanie Whittaker: Invisible win: I feel like I'm empowering my team MUCH better because we share a common language of service and giving and authenticity and it is starting to duplicate on my team for new coaches who are LOVING sharing their authentic story.

I was told by a team member that "I have a gift of asking the questions to really help her get what she wants" in her business goals

OH! And the CONNECTION because we're showing up differently. 5000+ views on posts because they're actually helpful now. Getting told all the time in messenger "thank you" for helping friends

00:06:44 Coach Kristy Wharton: Reacted to "I so need this" with 🔥

00:06:49 Coach Kristy Wharton: Reacted to "Thank you" with 🔥

00:07:00 Carol Crosby: Excited – sounds like a wonderful refreshment ahead

00:07:08 Coach Jess Mitchell: Reacted to "Excited – sounds lik..." with 🥰

00:07:22 Coach Tammy Asmus: Reacted to "Invisible win: I fee..." with 🔥

00:07:25 Coach Kristy Wharton: Reacted to "Excited – sounds lik..." with 🔥

00:07:28 Coach Kristy Wharton: Reacted to "Invisible win: I fee..." with 🔥

00:07:37 Linda Schymik: Where do we sign up for this class with Chat?

00:07:37 Tandi Little: Reacted to "Invisible win: I fee..." with ❤️

00:07:39 Team Your Virtual Upline: <https://yourvirtualupline.com/chatgpt>

00:07:44 Alicia Raley: Reacted to "Invisible win: I fee..." with ❤️

00:08:18 Cheryl M's iPhone: Reacted to "Invisible win: I fee..." with ❤️

00:08:33 Alicia Raley: Invisible win – went to a local business breakfast and took a new coaching partner with me and we made several new local connections.

00:08:56 Kelly Avenoso: Fantastic! Thank you!

00:09:06 Brenda Hammond: What is the cost for the ChatGPT?

00:09:12 Coach Tammy Asmus: Reacted to "Invisible win – went..." with ❤️

00:09:15 Sigrid: Reacted to " <https://yourvirtual...>" with ❤️

00:09:18 Coach Kristy Wharton: Replying to "Where do we sign up ..."

<https://yourvirtualupline.com/chatgpt>

00:09:22 lauren cormier: registering now!

00:09:24 Team Your Virtual Upline: <https://yourvirtualupline.com/chatgpt>

00:09:30 Coach Kristy Wharton: Free.. with opt in as he is mentioning now for LSG students.

00:09:34 Stephanie Whittaker: Reacted to "Invisible win – went..." with ❤️

00:10:01 Marjorie Kauffman: Will these be recorded? (I'll be out of the country and want to learn!)

00:10:13 Stephanie Sipek: Replying to "Will these be record..."

Yes – all sessions will be recorded

00:10:18 Marjorie Kauffman: Reacted to "Yes – all sessions w..." with 👍

00:10:34 Coach Kristy Wharton: Reacted to "Invisible win – went..." with 🔥

00:11:41 Linda Schymik: I had a prospect reach out but it still has not lead to a sale but its started the conversation

00:11:52 Chris Wenstrom: a lot less overwhelm

00:11:53 Coach Kristy Wharton: Reacted to "I had a prospect rea..." with 🤗

00:11:55 Hilleri Dickey: Truly letting go of the "sale" and connecting to her problems and helping her

00:11:59 Coach Kristy Wharton: Reacted to "a lot less overwhelm" with 🤗

00:11:59 Coach Jess Mitchell: Reacted to "Truly letting go of ..." with ❤️

00:12:02 Coach Jess Mitchell: Reacted to "a lot less overwhelm" with 🤗

00:12:02 Coach Kristy Wharton: Reacted to "Truly letting go of ..." with 🤗

00:12:08 Julia Nix, StPete, FL: Life issue caused me to 'wander the house' And during Kristy's coaching she returned me to my mission and values that are already posted in my gap and website soooo I put it into my journal so that I would remember it.

00:12:25 Stacey Reeves Owens: Invisible win: Loving myself enough to show myself grace this week to pull away from pressure, do what I could to serve, and flow in the rhythm with things that I had the energy to do after dealing with some family circumstances that took my attention and energy.

00:12:26 Coach Tammy Asmus: Reacted to "Life issue caused me..." with ❤️

00:12:31 Coach Jess Mitchell: Reacted to "Invisible win: Lovin..." with ❤️

00:12:35 Jennifer Peterson: Made it to my CORE4 goal sessions...and worked on my business instead of scrolling, etc.

00:12:46 Jessica Owens: Lots more engagement- in terms of responses to the AO that I have sent.

00:12:47 Coach Jess Mitchell: Reacted to "Made it to my CORE4 ..." with 🔥

00:12:50 Celeste: I am starting to take people through the On Boarding process and am really enjoying it. People are responding and we are having conversations.

00:12:56 Coach Tammy Asmus: Reacted to "I am starting to tak..." with ❤️

00:12:59 Coach Tammy Asmus: Reacted to "Lots more engagement..." with ❤️

00:13:01 Coach Jess Mitchell: Reacted to "I am starting to tak..." with 🔥

00:13:03 Mary Daza: Reacted to "I am starting to tak..." with ❤️

00:13:10 lauren cormier: feeling proud of the content that I'm creating.

00:13:19 Chris Julian: Where do we find the replays of these sessions.. I keep getting bumped off.. thx

00:13:22 Coach Tammy Asmus: Reacted to "feeling proud of the..." with ❤️

00:13:28 Coach Jess Mitchell: Reacted to "feeling proud of the..." with 🔥
00:13:30 Hilleri Dickey: Me to Stephanie...truly looking for the problem
00:13:34 Alicia Raley: Love that Steph
00:13:43 Tandi Little: I love that and that is so encouraging to hear that you see this growth!
00:13:47 Coach Kristy Wharton: In your portal under Coaching Replays, normally within a few hours but no more than 24
00:13:54 Coach Jess Mitchell: They will be loaded into the LSG portal - within 48 hours
00:14:14 Marcus Ratcliff: Reacted to "Invisible win: I fee..." with 🔥
00:14:16 Cheryl M's iPhone: I was called out & honored on a coach /client page at my gym!

"Special salute to Cheryl for being on point! 100

She's been active, engaging, dropping gems on nutrition, and helping others level up their mindset AND their meals. That's what a real teammate looks like-someone who lifts others while climbing too."

00:14:17 Chris Julian: Replying to "Where do we find the..."

Thank you!!

00:15:05 Mary Daza: I was asked to lead a group at our church around health! 🧠💪
00:15:10 Coach Jess Mitchell: Reacted to "I was asked to lead ..." with ❤️
00:15:12 Cheryl M's iPhone: Reacted to "I was asked to lead ..." with ❤️
00:15:19 Coach Tammy Asmus: Reacted to "I was asked to lead ..." with ❤️
00:15:21 Jennifer Peterson: Reacted to "Life issue caused me..." with ❤️
00:15:23 Marcus Ratcliff: Your Results are Soooooo So Inspiring Stephanie!!!
Way To Go... 🎁
00:15:23 Hilleri Dickey: PRICELESS
00:15:25 Amy Varghese: Sharing my voice and heart in an authentic way instead of hiding behind other things.
00:15:26 Coach Tammy Asmus: Reacted to "PRICELESS" with 🔥
00:15:45 Coach Jess Mitchell: Reacted to "Sharing my voice and..." with 🔥
00:15:52 Coach Jess Mitchell: Replying to "Sharing my voice and..."

This is incredible!

- 00:16:05 Julia Nix, StPete, FL: Reacted to "Made it to my CORE4 ..." with 🎉
- 00:16:07 Coach Tammy Asmus: Reacted to "Sharing my voice and..." with ❤️
- 00:16:07 Amy Varghese: Reacted to "This is incredible!" with 😊
- 00:16:37 Jason Richter: Love the growth Steph!! THIS is you being a great leader in challenging and growing yourself.
- 00:16:59 Hilleri Dickey: LOVE THE PODCAST
- 00:17:00 Coach Kristy Wharton: Reacted to "Love the growth Step..." with 🔥
- 00:17:09 Mary Daza: I still struggle with this Steph - not pushing my clients to meet my goals
- 00:17:13 lauren cormier: Replying to "LOVE THE PODCAST"

same!

- 00:17:30 Hilleri Dickey: Reacted to "same!" with ❤️
- 00:17:44 Jennifer Cumbie: Loved the first podcast!!
- 00:17:59 Julia Nix, StPete, FL: Binge listening instead of TV binging.... Yahoo!!

Who's with me?

- 00:18:08 Coach Jess Mitchell: Reacted to "Binge listening inst..." with 🤔
- 00:18:12 Linda Schymik: Reacted to "Binge listening inst..." with 😊
- 00:18:14 Nicole Bowles: Reacted to "Binge listening inst..." with ❤️
- 00:18:15 Marcus Ratcliff: Wow!!!!
- 00:18:17 Jason Richter: Replying to "Binge listening inst..."

ME!!

- 00:18:21 Kayla Allen: Looking forward to it!
- 00:18:25 Karen Forrister: Lets'go!!!
- 00:18:29 Jennifer Peterson: Reacted to "Binge listening inst..." with ❤️
- 00:18:38 Julia Nix, StPete, FL: Reacted to "ME!!" with 👍
- 00:18:39 Alicia Raley: We had a group coaching session yesterday and went through questions to help them solve their own problems and the feedback was great. One lady shared she felt empowered by listening to another client being coached.
- 00:19:06 Coach Jess Mitchell: Yessss yesss yesss
- 00:19:06 Mary Daza: Replying to "LOVE THE PODCAST"

Is it on the

00:19:08 Marjorie Kauffman: When and where tomorrow?

00:19:19 Mary Daza: Replying to "LOVE THE PODCAST"

Optavist?

00:19:40 Coach Kristy Wharton: Replying to "When and where tomor..."

Podcast—wherever you listen to podcasts or go to our website and it will take you there, as well

00:20:03 Marjorie Kauffman: Replying to "When and where tomor..."

Name of podcast

00:20:10 Hilleri Dickey: Peaceful to have my own rhythm!

00:20:15 Marjorie Kauffman: Replying to "When and where tomor..."

Love Led Shift?

00:20:16 Jessica Owens: Reacted to "Peaceful to have my ..." with ❤️

00:20:19 lauren cormier: Replying to "When and where tomor..."

your virtual upline podacast

00:20:22 Cheryl M's iPhone: Thank you Stephanie!!! When I feel pulled back into old ways...I gravitate to YOU as a reminder

00:20:26 Marjorie Kauffman: Replying to "When and where tomor..."

Haha. Of course!

00:20:33 Jason Richter: Reacted to "Thank you Stephanie!..." with ❤️

00:20:51 Stephanie Whittaker: Reacted to "Thank you Stephanie!..." with ❤️

00:20:52 Linda Schymik: My team does not reach out or comment back when i reach out... so I take it that they have no desire to be here with me???

00:21:12 Stephanie Whittaker: Reacted to "Binge listening inst..." with ❤️

00:21:18 Coach Kristy Wharton: Reacted to "My team does not rea..." with 🤗

00:22:10 Stephanie Whittaker: Replying to "Love the growth Step..."

I LOVED our conversation yesterday and I love the way you lead your clients and community so well, Jess!

00:22:26 Stephanie Whittaker: Reacted to "Your Results are Soo..." with ❤️
00:22:29 Jason Richter: Reacted to "I LOVED our conversa..." with ❤️
00:22:29 Lisa Olsen: How do I help a team member respond to this?
00:23:48 Mary Daza: Reacted to "Peaceful to have my ..." with ❤️
00:25:55 Mary Daza: I'm on the opposite side of Linda! As a coach not feeling aligned with my direct mentor 🙄
00:26:24 Julia Nix, StPete, FL: As more questions. Find their problem
00:26:28 Julia Nix, StPete, FL: Ask
00:26:29 Karen Forrister: Belief
00:26:37 Jason Richter: Belief and connection
00:26:46 Jennifer Cumbie: Their belief
00:27:33 Jessica Owens: Learning how to help my team develop belief is a weakness of mine, but I am excited to grow in this area.
00:27:44 Chanel: Replying to "I'm on the opposite ..."

Same

00:27:57 Stephanie Whittaker: Thats a good word
00:29:11 Marcus Ratcliff: So Good! This is a Master Class...
00:29:19 Stephanie Whittaker: Reacted to "So Good! This is a Ma..." with 🔥
00:29:32 Laura Trimble: So true!
00:29:39 Penny Blake-Womack: Reacted to "Thats a good word" with 🔥
00:29:44 Marcus Ratcliff: Transactional vs. Transformational
00:29:46 Penny Blake-Womack: Reacted to "So Good! This is a Ma..." with 🔥
00:30:05 Nicole Bowles: So do we find the issue (the belief) and reconnect later with next steps? Give them time to dig deeper within themselves?
00:30:36 Marcus Ratcliff: Transformation happens in relationship
00:30:38 Penny Blake-Womack: Replying to "Transactional vs. Tr..."

!!

00:31:08 Penny Blake-Womack: Reacted to "Belief and connectio..." with 💜
00:31:11 Coach Jess Mitchell: Reacted to "Transformation happe..." with ❤️
00:31:17 Stephanie Whittaker: TRULY. This is the real deal

00:31:18 Mary Daza: Meet them where they are

00:31:24 Jason Richter: Reacted to "TRULY. This is the r..." with ❤️

00:32:28 Jason Richter: Yes! Be a "good" human. I pretend they are across the table from me.

00:32:35 Stephanie Whittaker: Reacted to "Yes! Be a "good" hum..." with ❤️

00:32:40 Penny Blake-Womack: Reacted to "Yes! Be a "good" hum..." with 💜

00:32:50 Mary Daza: Piggybacking off Linda, how do we stay connected to the company mission when we've lost that connection with our direct mentor?

00:33:15 Nicole Bowles: Yes!!

00:33:19 Jason Richter: Yes!!

00:33:24 Chris Wenstrom: yes

00:33:24 Karen Forrister: Yes

00:33:25 Alicia Raley: yes

00:33:25 Tandi Little: yes

00:33:26 lauren cormier: yes

00:33:28 Tenesha @teneshalicious: Yes!

00:33:31 Marcus Ratcliff: Yes

00:33:32 Kelly Avenoso: Yes

00:33:32 Chris Wenstrom: I do

00:33:34 Stacey Reeves Owens: yes

00:33:41 Julia Nix, StPete, FL: If they will pick up the phone OR call me back

00:33:49 Noelle's iPhone: Yep! Need to do this

00:33:52 Wendy Warawa: Yes

00:33:52 Kiersten Vavrina: Yesssss. I needed that conversation thank you Linda and Bob

00:33:54 Carol Crosby: Yes!

00:34:30 Marcus Ratcliff: This feels so LOVE led

00:34:37 Coach Jess Mitchell: Reacted to "This feels so LOVE I..." with 🔥

00:35:27 Stephanie Whittaker: Reacted to "This feels so LOVE I..." with 🔥

00:35:56 Chris Wenstrom: such valuable information! Thank you!

00:36:04 Coach Jess Mitchell: Replying to "So do we find the is..."

If you can, stay with them as they process. Ask questions. Understand. It shouldn't take hours truly. And once they know what's going on inside and you do too, the next simple step for them will become clear!

00:36:15 Coach Kristy Wharton: Reacted to "such valuable inform..." with 🔥

00:36:17 Coach Kristy Wharton: Reacted to "This feels so LOVE I..." with 🔥

00:36:26 Stephanie Whittaker: Reacted to "If you can, stay wit..." with ❤️

00:36:26 Pat Staude: Your Mentor has a mentor. Can you reach out to them?

00:36:31 Karen Forrister: Mary, you are a lighthouse to others

00:36:43 Lori Naylor: Hi Mary!! I got that quick hug and so bummed we didn't connect more. 💜

00:36:51 Karen Forrister: YES!!!! I feel your pain to Mary

00:36:59 Nicki Paulsen: Mary, I know the feeling!!

00:37:01 Lori Naylor: I am feeling this as well!

00:37:09 Pat Staude: If it's going to be it's up to me!!!!

00:37:26 Stacey Reeves Owens: I feel this

00:37:47 Celeste: I am in the same situation as Mary with my upline. My upline doesn't get what I am doing.

00:37:50 Tandi Little: I relate to this in some ways. It can feel very lonely which is why I had to immerse myself in this community

00:38:00 lauren cormier: Replying to "I relate to this in ..."

same

00:38:02 Hilleri Dickey: So good

00:38:04 Tenesha @teneshalicious: Same

00:38:11 Jessica Owens: I love what you just said- I have a coach in Kerrville, TX- dealing with the aftermath of the floods. I talked with her this week and she was feeling guilty all over the place- survivor guilt and "I should" guilt for not having energy to pour into her business right now. All she needed to hear was- it's ok, I'm here to support you and I know when you are ready, you will do what she can. How can I best support you right now?

00:38:29 Laura Trimble: I get it Mary!

00:39:04 Jessica Owens: connecting Mary

00:39:05 lauren cormier: I lost my direct upline – she got out the business. My new one had a baby and isn't doing anything business related. Thats why I joined this community!

00:39:06 Julia Nix, StPete, FL: @Coach Kristy Wharton is he reading my mind?

00:39:10 Coach Jess Mitchell: Reacted to "I love what you just..." with ❤️

00:39:21 Coach Kristy Wharton: Reacted to "@Coach Kristy Wharto..." with 🤗

00:39:21 Jessica Owens: Reacted to "I lost my direct upl..." with ❤️

00:39:43 Tammy Carabelli: Replying to "I am in the same sit..."

Same. They don't get it and I have never felt aligned with their "system".

00:39:46 Coach Kristy Wharton: Replying to "@Coach Kristy Wharto..."

I SEE YOU. So proud for all your growth!

00:40:09 Hilleri Dickey: They truly do not know how to lead us. They do the best they can but that is how they were taught is the old system

00:40:19 Coach Tammy Asmus: Reacted to "@Coach Kristy Wharto..." with ❤️

00:40:20 Julia Nix, StPete, FL: Replying to "@Coach Kristy Wharto..."

Love ya

00:40:31 Coach Kristy Wharton: Reacted to "Love ya" with 🤗

00:40:35 Jessica Owens: Seeing your name on a "Bad-a\$\$" list??????

00:40:53 Hilleri Dickey: Reacted to "Seeing your name on ..." with ❤️

00:40:56 Coach Kristy Wharton: Replying to "@Coach Kristy Wharto..."

Love you more.

00:41:08 Marcus Ratcliff: You're not alone Mary...

00:41:10 Jason Richter: Nope! We are on a journey. Growth takes time.

00:41:16 Hilleri Dickey: I needed this clarity too @Mary Daza

00:41:19 Tenesha @teneshalicious: Create your own new love led system

00:41:19 Kelly Avenoso: This may sound bizarre, but i told my upline that I'm not building so I'd get the space and peace I need. I don't feel the stress of justifying and explaining. I'm more relaxed, consistent and am having the best month in a year

00:41:21 Sandy Job-Rivera: I went to what might be the same event. My conflict is that that organization has a system that has served a whole bunch of people and made a bunch of success. But It's harder for me to implement authentically.

00:41:22 Stacey Reeves Owens: Right there with you, but we are growing together!

00:41:28 Chris Wenstrom: Learning and growth come from clarity and what else?

00:41:30 Kiersten Vavrina: Mary I'm relating to this completely

00:41:31 Julia Nix, StPete, FL: Sooo excited for Mary that she's learning this now and not being 64 and finally making the changes!! No regrets.

00:41:40 Coach Jess Mitchell: Reacted to "This may sound bizar..." with 🎉

00:42:35 Nicki Paulsen: being loyal, respectful because I do need their help on some things

00:42:37 Chris Wenstrom: significant

00:42:40 Laura Trimble: Seen

00:43:00 lauren cormier: pride

00:43:04 Jessica Owens: That you have worth

00:43:06 Coach Kristy Wharton: Replying to "Learning and growth ..."

Clarity, Awareness and presence is whet he said

00:43:07 Hilleri Dickey: That I'm ok

00:43:10 Tandi Little: You are seen

00:43:11 Coach Kristy Wharton: Reacted to "Learning and growth ..." with 🙏

00:43:16 Alicia Raley: For me that I am liked

00:43:19 Laura Trimble: Wanted

00:43:22 Julia Nix, StPete, FL: Now sometimes I feel embarrassed by the recognition from my uplines. I much prefer hearing from my clients that I have helped them!!

00:43:27 Jason Richter: The book Worthy is a transformative read.

00:43:28 Coach Kristy Wharton: Reacted to "I went to what might..." with 🙏

00:43:34 Sandy Job-Rivera: Mary does it have to do with feeling a part of the family

00:43:37 Laura Trimble: Reacted to "The book Worthy is a..." with 💜

00:44:42 Marcus Ratcliff: A system that fosters dependency is not the way to scale and duplicate

00:44:58 Jessica Owens: So true- and when we are depending on others, we aren't actually growing ourselves.

00:44:59 Coach Kristy Wharton: You said "success" ... can I ask what does "success" mean to you? @Sandy Job-Rivera

00:45:05 Tenesha @teneshalicious: Create your own new one

00:45:13 Hilleri Dickey: JUST WOW

00:45:23 Julia Nix, StPete, FL: @Coach Kristy Wharton I have a sticky note now that says "I am working towards flying from Kristy's nest."

00:45:33 Coach Kristy Wharton: Reacted to "@Coach Kristy Wharto..." with 🥰

00:45:33 Kayla Allen: Mary you are enough, just as you 😊

00:45:33 Jessica Owens: Reacted to "@Coach Kristy Wharto..." with ❤️

00:45:45 Penny Blake-Womack: Reacted to "@Coach Kristy Wharto..." with 💜

00:45:48 Tenesha @teneshalicious: FACTS!!!!!!!!!!!!!!

00:45:55 Jessica Owens: TRUTH

00:46:16 Theresa Torres: AMEN

00:46:17 Tenesha @teneshalicious: Yep!

00:46:21 Jason Richter: That is why this community is so important!

00:46:21 Tandi Little: Replying to "I relate to this in ..."

This...he is saying now!

00:46:29 Kayla Allen: Amen!

00:46:29 Laura Trimble: This is so good!

00:46:44 Penny Blake-Womack: Reacted to "This is so good!" with 💜

00:47:03 Stacey Reeves Owens: Thank you for opening up about this Mary! I needed to hear all of this too.

00:47:04 Tandi Little: I really needed to hear this today.

00:47:16 Coach Kristy Wharton: Replying to "@Coach Kristy Wharto..."

—you are already flying love led DIRECTOR.

00:47:30 Coach Jess Mitchell: Reacted to "@Coach Kristy Wharto..." with 🔥

00:47:34 Jennifer Cumbie: Reacted to "I love what you just..." with ❤️

00:47:35 Lori Naylor: This is our community! We are here!

00:47:40 Coach Jess Mitchell: Reacted to "This is our communit..." with ❤️

00:47:43 Coach Jess Mitchell: Replying to "This is our communit..."

Yes!!

00:47:45 Julia Nix, StPete, FL: Amen! To NOT doing it alone!
00:47:45 Hilleri Dickey: 10000% we need community
00:47:54 Mary Daza: Reacted to "Mary does it have to..." with 🍕
00:48:09 Penny Blake-Womack: Replying to "Amen! To NOT doing i..."

agree!

00:48:36 Julia Nix, StPete, FL: Reacted to "agree!" with ❤️
00:48:45 Kiersten Vavrina: I'm gonna need to listen to this one again the system spit me out too! We chart a new course and it's lonely at first and I can't do this alone I tried for years alone. I'm so glad I am part of this tribe!!
00:48:45 Coach Jess Mitchell: Reacted to "10000% we need commu..." with ❤️
00:48:56 Sandy Job-Rivera: Reacted to "I'm gonna need to li..." with ❤️
00:49:04 Karen Forrister: AMEN!!!!
00:49:05 Taylor Berlin: Reacted to I'm gonna need to li... with "❤️"
00:49:09 Tandi Little: Powerful
00:49:13 Julia Nix, StPete, FL: Trust Jesus for the results
00:49:16 Laura Trimble: No fear!
00:49:18 Sandy Job-Rivera: WOW so glad I'm here today.
00:49:20 Hilleri Dickey: Reacted to "Trust Jesus for the ..." with ❤️
00:49:21 Coach Jess Mitchell: Reacted to "WOW so glad I'm here..." with 🍕
00:49:32 Kiersten Vavrina: Reacted to "Trust Jesus for the ..." with ❤️
00:49:39 Tammy: Love this!! Needed this today
00:49:43 Penny Blake-Womack: Reacted to "No fear!" with !!
00:49:43 Jessica Owens: This is so powerful!
00:49:58 Taylor Berlin: One of my affirmations is my worth is anchored in Christ and I don't need the approval of others!
00:50:05 Noelle's iPhone: Reacted to "This is our communit..." with ❤️
00:50:07 Hilleri Dickey: Reacted to "One of my affirmatio..." with ❤️
00:50:10 Stacey Reeves Owens: Reacted to "One of my affirmatio..." with ❤️
00:50:28 Hilleri Dickey: Your sweet pup behind you
00:50:34 Tenesha @teneshalicious: ❤️
00:50:48 Mary Daza: Reacted to "Trust Jesus for the ..." with ❤️
00:50:53 Coach Jess Mitchell: Reacted to "One of my affirmatio..." with 🍕

00:50:59 Mary Daza: Reacted to "This is our communit..." with ❤️
00:51:07 Kayla Allen: The incentives with companies are REAL, they draw you in. But as a love led leader, I realize my values, my alignment are more important. I am enough. Its nice to be in those places for community, yet my journey is worth more! Shifts!
00:51:08 Mary Daza: Reacted to "Thank you for openin..." with 🔥
00:51:25 Coach Kristy Wharton: Reacted to "Now sometimes I feel..." with 🤗
00:51:28 Mary Daza: Replying to "Mary you are enough,..."

Thank you!

00:51:53 Mary Daza: Replying to "Mary does it have to..."

Nailed it

00:52:03 Mary Daza: Reacted to "Mary I'm relating to..." with 🔥
00:52:06 Lisa Olsen: This is a tough message to address, any thoughts?
00:52:11 Mary Daza: Reacted to "Sooo excited for Mar..." with 🔥
00:52:19 Mary Daza: Reacted to "I needed this clarit..." with 🔥
00:52:23 Mary Daza: Reacted to "You're not alone Mar..." with 🔥
00:52:27 Mary Daza: Reacted to "Seeing your name on ..." with ❤️
00:52:34 Mary Daza: Reacted to "They truly do not kn..." with 🔥
00:52:35 Marcus Ratcliff: Well Said Bob...
00:52:36 Julia Nix, StPete, FL: And it such a disconnect bc these companies have strong missions and want to change things.... But then when it comes to leading us it goes back to transactions.
00:52:37 Cheryl M's iPhone: I'm in the messy middle for sure
00:52:51 Mary Daza: Reacted to "I lost my direct upl..." with ❤️
00:52:54 Mary Daza: Reacted to "connecting Mary" with 🔥
00:52:57 Mary Daza: Reacted to "I get it Mary!" with 🔥
00:53:06 Mary Daza: Reacted to "Mary, I know the fee..." with 🔥
00:53:11 Mary Daza: Reacted to "YES!!!! I feel your..." with 🔥
00:53:15 Mary Daza: Reacted to "Hi Mary!! I got that..." with 🔥
00:53:20 Hilleri Dickey: Very true Bob. Separate strategy from the person
00:53:30 Marcus Ratcliff: Our results will show them we're on the right path
00:53:32 Mary Daza: Replying to "Hi Mary!! I got that..."

Next time for sure!

00:53:32 Coach Kristy Wharton: Thats IDENTITY...and often times we need to disrupt an industry from within.

00:53:37 Mary Daza: Reacted to "Mary, you are a ligh..." with 🙌

00:53:39 Jessica Owens: Awakening is true- I am recognizing that when we are told to duplicate the model, what that really means is "do it like me (the mentor coach) and what you are saying is that the focus of the duplication should be about leadership- each person has their own strengths.

00:53:56 Tammy Carabelli: Reacted to "Awakening is true- I..." with ❤️

00:54:19 Taylor Berlin: Reacted to Thats IDENTITY...and o... with "❤️"

00:54:28 Tandi Little: Hebrews 10:35-36. This is what the Lord has given me to cling to Patient Endurance is long and hard but in the end eternally rewarding...."So do not throw away this confident trust in the Lord. Remember the great reward it brings you! 36 Patient endurance is what you need now, so that you will continue to do God's will. Then you will receive all that he has promised.

00:54:34 Coach Tammy Asmus: Reacted to "Hebrews 10:35-36. Th..." with ❤️

00:54:40 Wendy Warawa: This can apply to family or friendships as well

00:54:46 Laura Trimble: Reacted to "Hebrews 10:35-36. Th..." with 💜

00:54:47 Coach Tammy Asmus: Reacted to "Thats IDENTITY...and o..." with ❤️

00:54:49 Coach Kristy Wharton: Reacted to "This can apply to fa..." with ❤️

00:54:55 Coach Kristy Wharton: Replying to "This can apply to fa..."

100%

00:55:09 Mary Daza: Reacted to "This can apply to fa..." with ❤️

00:55:13 Mary Daza: Reacted to "Hebrews 10:35-36. Th..." with ❤️

00:55:19 Penny Blake-Womack: Reacted to "Hebrews 10:35-36. Th..." with 💜

00:55:41 Julia Nix, StPete, FL: @Coach Kristy Wharton posted messy-middle today. I tagged you

00:55:57 Mary Daza: Wow!

00:56:01 Mary Daza: 🙌

00:56:14 Tina Wolterstorff: I definitely have had to find my own way. Its made me a kick ass leader

00:56:20 Celeste: That is what I am doing!

00:56:24 Jason Richter: Reacted to "I definitely have ha..." with ❤️
00:56:30 Diana Henry: Reacted to "Hebrews 10:35-36. Th..." with ❤️
00:56:46 Julia Nix, StPete, FL: Reacted to "The incentives with ..." with 👍
00:56:58 Coach Kristy Wharton: Replying to "202507251350180000.jpg"

@Bob Heilig

00:57:09 Mary Daza: Than you so much Bob 🙏
00:57:19 Tenesha @teneshalicious: Reacted to "Than you so much Bob..." with ❤️
00:57:25 Lori Naylor: Reacted to "Than you so much B..." with 💜
00:57:28 Julia Nix, StPete, FL: Reacted to "—you are already fly..." with 🌸
00:57:33 Coach Kristy Wharton: Reacted to "Than you so much Bob..." with 🔥
00:57:41 Alicia Raley: Personal responsibility- my first coach (a family member) was not engaged with me on my health journey but that didn't stop me from doing what I needed to do to lose the weight. Support is valuable but the personal growth and responsibility is where I grew (and shrunk -40) myself.
00:58:32 Julia Nix, StPete, FL: Reacted to "Thats IDENTITY...and o..." with ❤️
01:00:08 Penny Blake-Womack: Reacted to "Than you so much Bob..." with 💜
01:00:17 Amy Rowilson Shahinllari: You're just offering the coffee
01:00:31 Jennifer Peterson: Reacted to "You're just offering..." with ❤️
01:00:46 Linda Schymik: I need to know a few questions to ask the person when I am talking to them... anyone can help me?
01:02:06 Julia Nix, StPete, FL: IT IS A HUGE DEAL!!! Way to go!
01:02:17 Tenesha @teneshalicious: 🙌
01:03:04 Sandy Job-Rivera: Reacted to "Nailed it" with ❤️
01:03:18 Hilleri Dickey: This is so so good
01:03:22 Jason Richter: Reacted to "This is so so good" with ❤️
01:03:36 Jason Richter: Thank you this was powerful and moving!
01:03:42 Penny Blake-Womack: so powerful today!! Thank you everyone
01:03:46 Sandy Job-Rivera: Replying to "Mary does it have to..."

Same. But we still are.

01:03:52 Carol Crosby: Thank you!!
01:03:52 Brenda Hammond: Thank you so much.
01:03:57 Pat Staude: Thank you!

