

Weekly LOVE-LED™ Breakthrough Coaching & Strategy Session Chat Transcripts

00:01:16 Fireflies.ai Notetaker Tammy: Talk to Fireflies: (Web-search enabled)

• Say: Hey Fireflies how can you help? • Type: /ff help to get started. View real-time notes and transcription for this meeting here:

https://app.fireflies.ai/live/01K0FKSA3X2XG57XGZB4FA8A17?ref=live_chat

00:02:36 Newelle McDonald she/her: Hello from jersey City before the Heat Dome arrives! 🤖

00:02:51 Jade Schlemmer: Hello everyone!

00:02:58 Coach Kristy Wharton: Reacted to "Hello everyone!" with 🍷

00:03:00 Coach Kristy Wharton: Reacted to "Hello from jersey Ci..." with 🍷

00:03:01 Kathryn Aceves: Hello from SoCal!

00:03:01 Penny Blake-Womack: the volume is soft

00:03:15 Coach Kristy Wharton: Reacted to "the volume is soft" with 🍷

00:03:30 Coach Kristy Wharton: Reacted to "Hello from SoCal!" with 🍷

00:04:50 Susana Garcia Betancourt: Can't wait to learn those!!!

00:04:57 Coach Kristy Wharton: Reacted to "Can't wait to learn ..." with 🍷

00:05:33 Lisa Bomers: Being patient, trusting the process.

00:05:48 Lanette Kuhn: Feeling more in charge of my business

00:05:53 Pam Reece: I felt more relaxed and focused this week

00:05:57 Amy Brown: Having a lot more conversations and showing up more authentically and I can see I'm building more trust amongst the people I'm connecting with.

00:06:06 Jennifer Peterson: For the second time this month, someone (in-person) let me know they like my content...they do not engage on FB, but are watching!

00:06:08 Karen - Linn County: Not giving up even when I have not been able to show up the way I wanted to

00:06:09 Newelle McDonald she/her: I've had the courage and tenacity to figure Chat GPT and Google NotebookLM. And send the out!!!

00:06:09 Michelle Baker-Herring: My Virtual Event is scheduled and ready for this Saturday!

00:06:17 Marcela Lopez: I'm finding my rhythm

00:06:19 Jade Schlemmer: Zero stress on my bday because I actually enjoyed the day and didn't think of my business

00:06:24 DeeDee Fitch: I'm getting very comfy with my rhythm. It feels natural and good. Gone is the panic that I'm not doing enough

00:06:30 Coach Kristy Wharton: Reacted to "Feeling more in char..." with 🥰

00:06:33 Lori Reetz: My invisible win is starting to feel better about starting conversations.

00:06:35 Brenda: Have not beat myself up for not posting while navigating some life challenges.

00:06:36 Coach Kristy Wharton: Reacted to "I felt more relaxed ..." with 🥰

00:06:36 Karen Kvidera: Clarity of all the documents and things needed to track my progress. NEVER have done that. Accountability!

00:06:41 Coach Kristy Wharton: Reacted to "Having a lot more co..." with 🥰

00:06:43 Robin McCabe: Slowing down to just show up - not because I "have" to - because I want to connect with my people better.

00:07:10 Hilleri Dickey: That I don't have to jump on the band wagon when my upline pushes talking about products daily and pushing pushing pushing

00:07:10 Terri Temple: Being more consistent in love led posts and follow up

00:07:12 Team Goyette (Jim & Kate): Feeling more comfortable in the messy middle - enjoying reaching out with more boldness in AO conversations

00:07:18 Brenda: Reacted to "Feeling more comfort..." with ❤️

00:07:23 Karen Kvidera: I love that Lanette!

00:07:29 Brenda: Replying to "Feeling more comfort..."

I like that...messy middle.

00:07:31 Coach Kristy Wharton: You have everything you need, right now! so proud FOR you and you are learning, everyday. Right where you are supposed to be @Lanette Kuhn

00:07:46 Louise Edwards: Way to go Lanette!!!!

00:07:52 Coach Kristy Wharton: Reacted to "For the second time ..." with 🥰
00:07:56 Joanne Clement: I feel more confident, more happy now to do my business at my rhythm.
00:08:12 Team Goyette (Jim & Kate): Reacted to "I like that...messy mi..." with ❤️
00:08:54 Coach Kristy Wharton: Replying to "For the second time ..."

We have "koalas" everywhere... that is I used to call those who are being impacted but not engaged yet. So glad for you.

00:09:05 Coach Kristy Wharton: Reacted to "I'm finding my rhyth..." with 🥰
00:09:06 Coach Tammy Asmus: Reacted to "For the second time ..." with ❤️
00:09:09 Coach Kristy Wharton: Reacted to "Zero stress on my bd..." with 🥰
00:09:10 Coach Tammy Asmus: Reacted to "I feel more confiden..." with ❤️
00:09:15 Louise Edwards: loved my convo with ChatGPT and prefer new voice MUCH better!!!!!!!!!!
00:09:24 Coach Kristy Wharton: Replying to "Zero stress on my bd..."

Happy happy birthday!

00:09:42 Chris Julian: I do feel more confident in how to show up for my members..not pressured by the current offer.. it almost feels unidentifiable .. but it is a deep peace .. and love
00:09:49 Jennifer Peterson: Reacted to "Zero stress on my bd..." with 🥰
00:10:16 Chris Julian: Reacted to "Zero stress on my bd..." with 🎉
00:10:27 Susana Garcia Betancourt: I'm more aware of my thoughts and not letting them limit my daily actions. It feels great!!!

I stopped focusing on the numbers and more on my energy when sitting to do my CORE 4.

00:10:30 Jennifer Logan (Webb): Showing up with more authenticity posts is working!
00:10:39 Chris Julian: Replying to "Zero stress on my bd..."

Happy Birthday!!

00:10:49 Coach Kristy Wharton: Reacted to "My Virtual Event is ..." with 🥰

00:11:01 Coach Kristy Wharton: Replying to "My Virtual Event is ..."

Love to hear this. Keep us posted.

00:11:07 Coach Tammy Asmus: Reacted to "Showing up with more..." with ❤️

00:11:12 Coach Tammy Asmus: Reacted to "Zero stress on my bd..." with ❤️

00:11:26 Coach Kristy Wharton: Reacted to "Showing up with more..." with ❤️

00:11:32 Coach Kristy Wharton: Reacted to "I'm more aware of my..." with 🙏

00:11:52 Coach Kristy Wharton: Replying to "I'm more aware of my..."

Thought management is so important. Good for you!

00:12:15 Hilleri Dickey: Replying to "Zero stress on my bd..."

Hey pretty lady -Happy Birthday

00:12:37 Susana Garcia Betancourt: Reacted to "Thought management ..." with 🙏

00:12:41 Coach Kristy Wharton: Reacted to "I do feel more confi..." with 🙏

00:13:00 Jade Schlemmer: I now trust my center, letting go of the handle bars

00:13:25 Robin McCabe: Planting seeds.

00:13:30 Coach Tammy Asmus: Reacted to "I now trust my cente..." with ❤️

00:13:33 Coach Tammy Asmus: Reacted to "Planting seeds." with ❤️

00:13:42 Amy Brown: I truly believe that's what we are doing. It feels good and it's going to be strong.

00:13:43 Chris Julian: Lived in Philly as a young graduate RN.. worked at UP Hosp. and lived in subsidized "housing" at the apartments at Society Hill.. had no clue how very special that was..pretty clueless at 22!

00:13:45 Tina: That was the perfect analogy

00:13:56 Coach Tammy Asmus: Reacted to "That was the perfect..." with ❤️

00:14:20 Coach Kristy Wharton: Reacted to "That was the perfect..." with 🙏

00:14:42 Denise Rainier: I lived outside of Philly 1963-1967. Fond memories of trips to Betsy Ross House, Valley Forge, etc., etc.

00:14:59 Diane Eskey: Even though my team and upline are doing things fear-led, I am staying the course with your method/

00:15:05 Chris Julian: Reacted to "I lived outside of P..." with ❤️

00:15:10 Tina: Happy birthday

00:15:11 Kathryn Aceves: Happy Birthday, Jade!
00:15:14 Bonnie Harris: Happy Birthday Jade!!!!
00:15:19 Marcela Lopez: Happy Birthday 🎂
00:15:19 Coach Tammy Asmus: Happy Belated Birthday @Jade Schlemmer
00:15:22 Lyn Uniewicz: Happy birthday Jade
00:15:22 Beth Hackett: Happy birthday Jade!
00:15:30 Karen Kvidera: Happy Birthday!
00:15:44 Coach Kristy Wharton: Reacted to "Even though my team ..." with 🤗
00:15:55 Coach Kristy Wharton: Replying to "Even though my team ..."

Block out that noise.. good for you.

00:16:00 Jade Schlemmer: Y'all touch my heart...thank you ❤️
00:16:11 Lisa Bomers: Love the rhythm....engagement is better but same people commenting/ engaging on posts so thats been tricky and getting stuck with ideas for service posts -feel like chat gpt has similar verbiage that I've already used
00:16:13 Tina: Im so far behind
00:16:15 Denise Rainier: The 'same' people respond to my service and authenticity posts. I feel like I need to change up the standard responses for AO.
00:16:16 Chris Julian: Replying to "I lived outside of P..."

Missed you by a few yrs.. 1968-70.. yes got to see those historical places..

00:18:15 Deanna's iPhone (2): Replying to "Love the rhythm....eng..."
Same. Lots of comments but already customers or already contacted.
00:18:37 Denise Rainier: Reacted to "Love the rhythm....eng..." with 👍
00:18:44 Denise Rainier: Reacted to "Same. Lots of commen..." with 👍
00:20:58 Louise Edwards: Tina - I am a little behind as well!!!!
00:21:38 Pam Reece: I would like your feedback please on this service post please - <https://www.facebook.com/share/p/1DyhpTs3v2/>
00:23:32 Team Goyette (Jim & Kate): I'd like some feedback on my authenticity post: <https://www.facebook.com/share/p/199wi3ggJ5/>
00:24:54 Amy Brown: You are worthy Tina and you CAN do this!
00:25:19 Hannah: What's the meeting I'd for these calls
00:25:20 Louise Edwards: Replying to "I'd like some feedba..."

First of all, Happy Coachaversary (mine is Aug 22) and I really liked it – made me want to call YOU as my coach!!!!

00:25:55 Susana Garcia Betancourt: I feel you Tina. Sending good energy to you!

00:26:06 Karen Kvidera: So sorry Tina.

00:26:07 Lanette Kuhn: Reacted to "You are worthy Tina ..." with ❤️

00:26:17 Bonnie Harris: It's okay Tina, we have ALL GONE THROUGH THIS. We understand completely

00:26:20 Karen – Linn County: You are supported here Tina!

00:26:24 Lanette Kuhn: Reacted to "I feel you Tina. Sen..." with ❤️

00:26:30 Lanette Kuhn: Reacted to "It's okay Tina, we h..." with ❤️

00:26:37 Lanette Kuhn: Reacted to "You are supported he..." with ❤️

00:26:47 Kathryn Aceves: Family can be the worst!

00:26:48 Lori Reetz: I'm so sorry Tina, you will rise above this.

00:26:56 Lyn Uniewicz: Reacted to "Family can be the wo..." with ❤️

00:27:21 Jennifer Logan (Webb): Tina, you are not alone. I have the same issue with some family members.

00:27:23 Hannah: I'm trying to do this on my laptop but I can't get in

00:27:28 Louise Edwards: Remember – what people think of you is NONE of your business. Ignore them !!!! I know it is easier said than done, but you are absolutely a worthy person !

00:27:40 Denise Rainier: Reacted to "Remember – what peop..." with ❤️

00:27:40 Kathryn Aceves: Reacted to "Remember – what pe..." with ❤️

00:28:05 Bonnie Harris: ME TOO

00:28:06 Amy Brown: Do you believe in what you are doing? Your mission?

00:28:07 Robin McCabe: Same. Me too.

00:28:11 Joanne Clement: It's incredible how the negativity gets our emotions a lot more than the positivity.

00:28:15 Bonnie Harris: Let Them

00:28:17 Beth Hackett: I'm so sorry Tina. Their reactions are usually more about themselves and fear driven. We are with you!

00:28:22 Kathryn Aceves: Reacted to "Let Them" with ❤️

00:28:29 Karen – Linn County: Look into the "Let them" theory Tina... the ugliness is a reflection of them not you

00:28:34 Team Goyette (Jim & Kate): Reacted to "Let Them" with ❤️
00:28:44 Team Goyette (Jim & Kate): Replying to "Look into the "Let t..."

SOO TRUE

00:28:50 Louise Edwards: they were NOT your ideal customers anyway....who wants a negative Karen as a client!

00:28:50 Karen Kvidera: Reacted to "Let Them" with ❤️

00:28:52 Karen Sorenson: I'm with you Tina. Bob, this is so helpful. Fears of thinking I may sound salesy when I reach out to comments. Also, when there's incentive by the company to reach goals and I don't think I'll reach them.

00:28:52 Beth Hackett: Love that book @Karen - Linn County!

00:28:57 Jennifer Logan (Webb): Reacted to "Look into the "Let t..." with ❤️

00:29:01 Amy Brown: Family and close friends are the least supportive. It stings but it cannot keep you from living YOUR truth and YOUR dream.

00:29:19 Lyn Uniewicz: Love the "let them" theory @Karen - Linn County

00:29:20 Beth Hackett: Reacted to "Look into the "Let t..." with ❤️

00:29:26 Jennifer Logan (Webb): Replying to "Look into the "Let t..."

Yes! I'm listening to the audio for a 2nd time and hearing it very differently. It is soooo helpful.

00:29:27 Team Goyette (Jim & Kate): Surround yourself with people who lift you up and encourage you - like this group!! You become like the 5 people you spend the most time with. You will get stronger Tina!

00:29:36 Diane Eskey: This is so good, we all experience this, all of us.

00:29:37 Coach Kristy Wharton: Let them and let me... the second and perhaps most important part of Mels theory and book. LET ME.

00:29:44 Robin McCabe: Reacted to "Let them and let me....." with ❤️

00:29:45 Chris Julian: So sorry you got this from family... you think will love and support you. You made a good decision to do this business..A lot of us have all been in your shoes.. we are here as your safe place. You will grow if you hang in there and

00:29:51 Karen Kvidera: Reacted to "Let them and let me....." with ❤️

00:29:53 Louise Edwards: Replying to "I'd like some feedba..."

Loved how you made it truly you with your background as a nurse and all!

00:30:00 Karen – Linn County: Reacted to "Let them and let me....." with 🙌
00:30:16 Team Goyette (Jim & Kate): Reacted to "Loved how you made i..." with ❤️
00:30:20 Kathryn Aceves: That is so true!
00:30:26 Deanna's iPhone (2): Always about them..not you.
00:30:27 Team Goyette (Jim & Kate): Replying to "I'd like some feedba..."

Thank you Louise!!! that means a lot

00:30:43 Karen Sorenson: This makes so much sense...
00:31:07 Bonnie Harris: It's weird to them to see you do something that they don't see themselves doing. Its okay. Its just like when I ditch the dye. My family criticized me so much. This is MY JOURNEY not theirs.
00:31:08 Louise Edwards: Replying to "Family and close fri..."

I know Amy that is so true and I wish it weren't I support my family members in their endeavors (Norwex)

00:31:33 Karen Sorenson: Reacted to "It's weird to them t..." with ❤️
00:32:02 Louise Edwards: Reacted to "Thank you Louise!!! ..." with ❤️
00:32:15 Amy Brown: Replying to "Family and close fri..."

I feel like I've lost friends actually because it's made me realize who doesn't cheer me on for doing good by helping people. And I'm ok with that. I surround myself instead with those who are supportive and help me in my goals.

00:32:22 Hannah: 🌟🌟🌟🌟🌟
00:32:33 Jade Schlemmer: Amen❤️
00:33:09 Amy Brown: Don't let others hold you back from something you feel deeply passionate about.
00:33:10 Coach Kristy Wharton: Replying to "Family and close fri..."

@Amy Brown friends are often for a reason, season or lifetime—they rarely are all three and that okay. Acceptance.

00:33:17 Marcela Lopez: Reacted to Don't let others hol... with "❤️"
00:33:18 Kathryn Aceves: Don't let others steal your dreams!

00:33:25 Team Goyette (Jim & Kate): Reacted to "Don't let others hol..." with ❤️

00:33:25 Denise Rainier: Tina - you are worthy. Love yourself enough as you are!

00:33:29 Team Goyette (Jim & Kate): Reacted to "Don't let others ste..." with ❤️

00:33:36 Louise Edwards: We love you Tina and I think all of us have been there at some point....I've been doing my businesses for 7 and 3 years so I am a little more armored

00:33:44 Coach Tammy Asmus: Reacted to "We love you Tina and..." with ❤️

00:33:48 Coach Tammy Asmus: Reacted to "Tina - you are worth..." with ❤️

00:33:51 Kathryn Aceves: Reacted to "We love you Tina a..." with ❤️

00:34:02 Louise Edwards: Reacted to "I feel like I've los..." with ❤️

00:34:05 Bonnie Harris: No one will ever understand what an entrepreneur goes through than another entrepreneur. Surround yourself with successful people.

00:34:15 Karen Kvidera: You may be doing something they wish they won't do.

00:34:16 Louise Edwards: Reacted to "No one will ever und..." with 🔥

00:34:25 Diane Eskey: So good

00:34:35 Kathryn Aceves: Reacted to "No one will ever u..." with ❤️

00:34:37 Denise Rainier: Reacted to "You may be doing som..." with ❤️

00:36:41 Susana Garcia Betancourt: Reacted to "Let them and let me....." with ❤️

00:36:51 Bonnie Harris: Let that fuel you to show them you can and will succeed with or without them!

00:37:04 Penny Blake-Womack: This is so powerful 💜

00:37:07 Karen Kvidera: Powerful Bob!!

00:37:09 Denise Rainier: Reacted to "Let that fuel you to..." with 🙌

00:37:47 Chris Julian: Reacted to "No one will ever und..." with ❤️

00:37:56 Chris Julian: Reacted to "Let that fuel you to..." with ❤️

00:37:57 Karen Kvidera: Amen Bob!!

00:38:14 Chris Julian: Amen Bob!

00:38:14 Deanna's iPhone (2): I want to hug you.

00:38:22 Bonnie Harris: @Tina I will be your hype girl! Hang out with me and I will get you to believe in yourself.

00:38:23 Joanne Clement: You got this Tina....you are growing

00:38:34 Denise Rainier: I wish I could reach out and give you a huge hug, Tina.

00:38:34 Hannah: Thank you for being so open and raw

00:38:39 Rachael Clark: This is so powerful. Thank you for being vulnerable.



00:38:42 Susan Moore: Thank you for being so brave!!! 🥰

00:38:46 Jeni Mauldin: Virtual hugs, Tina! You're amazing!

00:38:47 Amy Brown: So courageous!!!

00:38:48 Karen Kvidera: Breakthrough before our eyes Tina!

00:38:54 Denise Rainier: Replying to "@Tina I will be your..."

I'll hang out with you if Tina doesn't!

00:39:01 Danielle: Thank you for being courageous and sharing!!

00:39:06 Chris Julian: Wish we could all hug you.. here's one virtually!! 🤗

00:39:07 Louise Edwards: Reacted to "Breakthrough before ..." with 🔥

00:39:10 Bonnie Harris: BECAUSE TINA YOU ARE THE ONE IN YOUR FAMILY TO MAKE A DIFFERENCE! YOU! YOU ARE THE ONE.

00:39:11 Karen Sorenson: You've got this Tina! Change your world!!

00:39:11 Marianne Dombrowski: Sending you an airhug! 💕

00:39:17 Marcela Lopez: Reacted to @Tina I will be your... with "❤️"

00:39:39 Teresa Snider: Thank you. Tina for being so vulnerable We all love you ❤️

00:39:56 Louise Edwards: The next step!!!!

00:40:20 Kathryn Aceves: You got this Tina!

00:40:25 Hannah: 🙌🙌🙌🙌🙌

00:40:25 Denise Rainier: Reacted to "You got this Tina!" with 🙌

00:40:27 Chris Julian: Tina, if you haven't watched Mindset with Megan replays.. start watching.. esp this last one.. she has such wisdom in helping us

00:40:30 Karen - Linn County: BACK ON TRACK!!!!

00:40:35 Bonnie Harris: Implement!

00:40:35 Coach Danielle Cole: You got this Tina!

00:40:43 Robin McCabe: You're so sweet Tina!! You're amazing.

00:40:44 Louise Edwards: Tina we have ALL been there!!!!

00:40:50 Lisa Bomers: Thanks for sharing Tina!

00:40:59 Lanette Kuhn: Reacted to "👏👏👏👏👏" with ❤️

00:41:03 Jennifer Peterson: Get it, @Tina ! You've got this!

00:41:04 Marcela Lopez: Thank you for sharing Tina 💖

00:41:06 Terri Temple: We are all here for you!!

00:41:14 Coach Kristy Wharton: This is your tribe! We are your people...lean in here when you need a reminder of who you are as a love-led leader @Tina

00:41:15 Marianne Dombrowski: This is a powerful lesson for all of us Tina!

00:41:19 Chris Julian: yes

00:41:20 Karen Sorenson: me

00:41:21 Hannah: Meeeeeee

00:41:26 Bonnie Harris: PROUD OF YOU TINA!

00:41:26 Marcela Lopez: Me

00:41:26 Susan Moore: Yes

00:41:28 Lisa Bomers: yes

00:41:29 Judy Fisher: Yes

00:41:33 Lyn Uniewicz: Hi Bob, I want to know if we should use hashtags with Facebook posts or not

00:41:36 Louise Edwards: we all need to hear this once, and sometime remind ourseleves of that conversation'

00:41:42 Coach Patty Voepel: Yes . Thank you Tina for being real and authentic

00:41:50 Tina: I thank you everyone for your time and support

00:42:32 Tina: Reacted to "@Tina I will be your..." with ❤️

00:42:33 Denise Rainier: Reacted to "I thank you everyone..." with ❤️

00:42:51 Bonnie Harris: Tina I will be your hype girl! Hang out with me and I will have you believing in yourself in no time girl!! You've go this!

00:42:59 Marcela Lopez: Reacted to I thank you everyone... with "❤️"

00:43:14 Coach Kristy Wharton: Hi Lyn. You can use them but hey are no longer effective as search "engines" . If you do, pick one of two max. And for effect more than anything such as #loveled (as an example)

00:43:21 Tina: Reacted to "Tina - I am a little..." with ❤️

00:43:26 Tina: Reacted to "You are worthy Tina ..." with ❤️

00:43:32 Tina: Reacted to "I feel you Tina. Sen..." with ❤️

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00:44:51 Tina: Reacted to "they were NOT your i..." with ❤️

00:44:58 Tina: Reacted to "I'm with you Tina. B..." with ❤️

00:45:12 Tina: Reacted to "Love that book @Kare..." with ❤️

00:45:14 Tina: Reacted to "Love the "let them" ..." with ❤️

00:45:17 Tina: Reacted to "Look into the "Let t..." with ❤️

00:45:23 Tina: Reacted to "Surround yourself wi..." with ❤️

00:45:25 Teresa Snider: Reacted to "I thank you everyone..." with ❤️

00:45:31 Tina: Reacted to "This is so good, we ..." with ❤️

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00:47:40 Tina: Reacted to "Powerful Bob!!" with ❤️
00:47:43 Tina: Reacted to "Amen Bob!!" with ❤️
00:47:46 Tina: Reacted to "Amen Bob!" with ❤️
00:47:52 Tina: Reacted to "I want to hug you." with ❤️
00:47:57 Tina: Reacted to "You got this Tina....y..." with ❤️
00:48:02 Tina: Reacted to "I wish I could reach..." with ❤️
00:48:04 Lyn Uniewicz: Reacted to "Hi Lyn. You can use ..." with ❤️
00:48:06 Tina: Reacted to "Thank you for being ..." with ❤️
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00:48:24 Tina: Reacted to "So courageous!!!" with ❤️
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00:48:29 Lyn Uniewicz: Replying to "Hi Bob, I want to kn..."

Great thanks so much @Coach Kristy Wharton

00:48:36 Tina: Reacted to "Thank you for being ..." with ❤️
00:48:41 Tina: Reacted to "Wish we could all hu..." with ❤️
00:48:51 Tina: Reacted to "BECAUSE TINA YOU ARE..." with ❤️
00:49:00 Tina: Reacted to "You've got this Tina..." with ❤️
00:49:02 Hannah: Replying to "I thank you everyone..."
❤️ you can do this beautiful
00:49:04 Tina: Reacted to "Sending you an airhu..." with ❤️
00:49:09 Tina: Reacted to "Thank you. Tina for ..." with ❤️
00:49:14 Tina: Reacted to "The next step!!!!!" with ❤️
00:49:15 Brenda: Reacted to "I thank you everyone..." with 🧡
00:49:19 Tina: Reacted to "You got this Tina!" with ❤️
00:49:26 Karen - Linn County: Reacted to "I thank you everyone..." with ❤️
00:49:33 Tina: Reacted to "Tina, if you haven't..." with ❤️
00:49:37 Tina: Reacted to "BACK ON TRACK!!!!!" with ❤️
00:49:41 Tina: Reacted to "Implement!" with ❤️

00:49:47 Tina: Reacted to "You got this Tina!" with ❤️
00:49:52 Tina: Reacted to "You're so sweet Tina..." with ❤️
00:49:57 Tina: Reacted to "Tina we have ALL bee..." with ❤️
00:50:02 Tina: Reacted to "Thanks for sharing T..." with ❤️
00:50:05 Tina: Reacted to "Get it, @Tina ! You..." with ❤️
00:50:10 Tina: Reacted to "Thank you for sharin..." with ❤️
00:50:10 Jade Schlemmer: Reacted to "I thank you everyone..." with ❤️
00:50:11 Coach Kristy Wharton: Reacted to "Great thanks so much..." with 🤗
00:50:16 Tina: Reacted to "We are all here for ..." with ❤️
00:50:22 Amy Brown: I detest the dashes!
00:50:29 Tina: Reacted to "This is your tribe! ..." with ❤️
00:50:33 Deanna's iPhone (2): Yup
00:50:33 Tina: Reacted to "This is a powerful I..." with ❤️
00:50:39 Tina: Reacted to "yes" with ❤️
00:50:41 Tina: Reacted to "me" with ❤️
00:50:47 Tina: Reacted to "Meeeeeee" with ❤️
00:50:51 Tina: Reacted to "PROUD OF YOU TINA!" with ❤️
00:50:52 Rachael Clark: Chat GPT loves those long dashes!
00:51:05 Chris Julian: thanks for the long dash tip Bob.. noticed that in my last Chat post.. and corrected it!!
00:51:11 Tina: Reacted to "Me" with ❤️
00:51:14 Tina: Reacted to "Yes" with ❤️
00:51:17 Tina: Reacted to "yes" with ❤️
00:51:20 Tina: Reacted to "Yes" with ❤️
00:51:26 Tina: Reacted to "we all need to hear ..." with ❤️
00:51:31 Tina: Reacted to "Yes . Thank you Tina..." with ❤️
00:51:38 Susana Garcia Betancourt: So only with the - not the dots ... Right?
00:51:46 Coach Danielle Cole: Replying to "So only with the - n..."

correct

00:51:58 Jade Schlemmer: Oh poo...22 years in military I always did dashes! 😂 I will stop now!
00:51:59 Penny Blake-Womack: I use them all the time, long before I ever started using ChatGPT ... and I'm a writer, blogger, and working on a book.

00:52:31 Coach Danielle Cole: Replying to "Oh poo...22 years in m..."

I feel like the chat dashes are longer then the normal ones

00:52:50 Karen - Linn County: I think the issue is more of the long dashes not the regular dashes but I could be wrong

00:53:01 Coach Danielle Cole: Replying to "I think the issue is..."

I agree Karen,

00:53:11 Newelle McDonald she/her: Kate, I'm having the same sense of overwhelm from responses. I need to give my self permission to take my time to reach out to top priority people. 😞

00:53:16 Coach Danielle Cole: Replying to "I use them all the t..."

I feel like the chat dashes are longer then the normal ones

00:53:39 Jade Schlemmer: Replying to "Oh poo...22 years in m..."

Gotcha! I'll be more aware now ✓

00:53:45 Penny Blake-Womack: Reacted to "I feel like the chat..." with 👍

00:54:50 DeeDee Fitch: Replying to "Oh poo...22 years in m..."

I naturally use dashes too. I'll have to pay more attention.

00:54:54 Karen Sorenson: Authentic reach out is my fear...I will get over this!

00:55:13 Karen Sorenson: Awesome Kate!!!

00:55:25 Amy Brown: Way to go Kate!!

00:55:32 Team Goyette (Jim & Kate): Reacted to "Way to go Kate!!" with ❤️

00:55:41 Team Goyette (Jim & Kate): Reacted to "Authentic reach out ..." with 😊

00:55:45 Karen - Linn County: More engagement on posts

00:55:53 Amy Brown: I'm seeing more interest and wanting a health assessment.


00:55:53 Karen Kvidera: Leading my own journey to a goal!!!

00:55:54 Susana Garcia Betancourt: New customer



00:55:55 Team Goyette (Jim & Kate): Reacted to "202507241254050000.jpg" with ❤️

00:55:55 Lisa Bomers: Have had a few new customers from love led posts

00:56:06 Coach Kristy Wharton: Reacted to "New customer" with 🥰

00:56:06 Susana Garcia Betancourt: More convos.
00:56:08 DeeDee Fitch: I'm way past my QV for last month
00:56:09 Karen Sorenson: I've had more engagement on my service posts and authenticity posts
00:56:10 Team Goyette (Jim & Kate): Reacted to "Kate, I'm having the..." with 
00:56:10 Newelle McDonald she/her: I'm in touch with a LOT more old members and 3 new people.
00:56:11 Robin McCabe: More conversations about REAL stuff.
00:56:11 Diane Eskey: Definately more engagement
00:56:15 Lori Reetz: I'm actually getting responses back from AOs!!!
00:56:15 Susan Moore: More engagement and a new customer this week!
00:56:15 Coach Kristy Wharton: Replying to "New customer"

Congrats

00:56:18 Jeni Mauldin: I have been trusting the process, and I finally saw visible results. I sold \$400 in makeup/skincare in the last week. All sales came through AO, VAFU.
00:56:18 Beth Hackett: New client and coach explore yesterday. More engagement too
00:56:19 Lyn Uniewicz: More connection and conversions
00:56:19 Penny Blake-Womack: signed up 3 customers
00:56:20 Marianne Dombrowski: More engagement
00:56:23 Coach Kristy Wharton: Reacted to "More conversations a..." with 
00:56:23 Chris Julian: More orders!!
00:56:24 Coach Danielle Cole: Reacted to "I'm actually getting..." with 
00:56:26 Joanne Clement: More conversations. sales without pressuring myself or anyone
00:56:26 Jade Schlemmer: People see me as "real"
00:56:27 Team Goyette (Jim & Kate): Replying to "Kate, I'm having the..."

YES - agreed - taking time to love on people and be a problem finder!!

00:56:27 Louise Edwards: I had a client who said no to my pgm before come back to me this week and she is ready to sign this weekend

00:56:28	Coach Danielle Cole:	Reacted to "I'm in touch with a ..." with 🔥
00:56:30	Coach Danielle Cole:	Reacted to "I've had more engage..." with 🔥
00:56:30	Susana Garcia Betancourt:	I'm just loving everything.
00:56:32	Coach Danielle Cole:	Reacted to "I'm way past my QV f..." with 🔥
00:56:35	Coach Danielle Cole:	Reacted to "More convos." with 🔥
00:56:37	Coach Kristy Wharton:	Reacted to "I have been trusting..." with 🤝
00:56:37	Coach Danielle Cole:	Reacted to "Have had a few new c..." with 🔥
00:56:40	Coach Danielle Cole:	Reacted to "Leading my own journ..." with 🔥
00:56:42	Coach Danielle Cole:	Reacted to "I'm seeing more inte..." with 🔥
00:56:44	Karen's Iphone 12:	More engagement, but no new customers or sales
00:56:45	Coach Danielle Cole:	Reacted to "More engagement on p..." with 🔥
00:56:45	Team Goyette (Jim & Kate):	Reacted to "I have been trusting..." with ❤️
00:56:46	Coach Kristy Wharton:	Replying to "I have been trusting..."

Congrats again Jeni

00:56:49	Coach Danielle Cole:	Reacted to "More conversations a..." with 🔥
00:56:51	Coach Danielle Cole:	Reacted to "Definately more enga..." with 🔥
00:56:53	Coach Danielle Cole:	Reacted to "More engagement and ..." with 🔥
00:56:56	Coach Danielle Cole:	Reacted to "New client and coach..." with 🔥
00:56:58	Coach Danielle Cole:	Reacted to "More connection and ..." with 🔥
00:57:07	Coach Danielle Cole:	Reacted to "signed up 3 customer..." with 🔥
00:57:09	Coach Danielle Cole:	Reacted to "More engagement" with 🔥
00:57:11	Coach Danielle Cole:	Reacted to "More orders!!" with 🔥
00:57:13	Tina:	Reacted to "I have been trusting..." with 🤝
00:57:14	Coach Danielle Cole:	Reacted to "More conversations. ..." with 🔥
00:57:16	Coach Danielle Cole:	Reacted to "People see me as "re..." with 🔥
00:57:20	Coach Danielle Cole:	Reacted to "I had a client who s..." with 🔥
00:57:24	Coach Danielle Cole:	Reacted to "I'm just loving ever..." with 🔥
00:57:26	Coach Danielle Cole:	Reacted to "More engagement, but..." with 🔥
00:57:29	Coach Danielle Cole:	Reacted to "I have been trusting..." with 🔥
00:57:34	Coach Tammy Asmus:	Reacted to "I have been trusting..." with 🔥
00:57:39	Coach Kristy Wharton:	Reacted to "signed up 3 customer..." with 🤝
00:57:51	Coach Tammy Asmus:	Replying to "I have been trusting..."

Love this @Jeni Mauldin !!

00:57:57 Marcela Lopez: Reacted to I have been trusting... with "❤️"

00:58:11 Jade Schlemmer: Awesome Jeni 🎉

00:58:11 Amy Brown: I feel like the consistency these last few weeks is finally starting to gain momentum.

00:58:11 Coach Kristy Wharton: Replying to "signed up 3 customer..."

Whoot whoot! SO PROUD FOR YOU.

00:58:26 Coach Tammy Asmus: Reacted to "signed up 3 customer..." with 🔥

00:58:27 Penny Blake-Womack: Reacted to "Whoot whoot! SO PROU..." with 💜

00:58:31 Coach Tammy Asmus: Reacted to "I feel like the cons..." with 🔥

00:58:38 Coach Kristy Wharton: Reacted to "Awesome Jeni 🎉" with 🤗

00:58:43 Karen Kvidera: Congratulations!

00:58:47 Team Goyette (Jim & Kate): Thank You Bob – that was very helpful. I need to give myself permission to work in the rhythm goal I set for myself this week. Excited for this focus.

00:58:55 Team Goyette (Jim & Kate): Reacted to "I feel like the cons..." with ❤️

00:59:02 Coach Danielle Cole: Reacted to "Thank You Bob – that..." with 🔥

00:59:33 Karen Kvidera: Agreed!

00:59:45 Team Goyette (Jim & Kate): Community Jeni!!! It's priceless

01:00:01 Lisa Bomers: Consistency and learning the rhythm

01:00:03 Jade Schlemmer: Love CORE 4 sessions!

01:00:11 Coach Kristy Wharton: Reacted to "Love CORE 4 sessions..." with 🤗

01:00:11 Tina: Reacted to "Community Jeni!!! It..." with ❤️

01:00:11 Lyn Uniewicz: I've loved the core 4's

01:00:12 Teresa Snider: Reacted to "I've had more engage..." with ❤️

01:00:15 Coach Kristy Wharton: Reacted to "I've loved the core ..." with 🤗

01:00:17 Bonnie Harris: Yes the core 4 are really helpful

01:00:17 Karen Kvidera: Focusing on one thing at a time!

01:00:29 Coach Kristy Wharton: Reacted to "Yes the core 4 are r..." with 🤗

01:00:47 Teresa Snider: Replying to "Authentic reach out ..."

Me too Karen

01:01:07 Susana Garcia Betancourt: I'm feeling the same. Core 4 are great!

01:01:13 Coach Kristy Wharton: Reacted to "I'm feeling the same..." with 🤗

01:01:34 Team Goyette (Jim & Kate): Replying to "Authentic reach out ..."

You got this – just start with the script because it is gentle and gets the ball rolling!

01:02:21 Tina: Thank you

01:02:22 Kathryn Aceves: Thanks