

Weekly LOVE-LED™ Breakthrough Coaching & Strategy Session Chat Transcript

00:06:51 Nicole Sapriken (she/her): Helllloooooo again

00:06:52 Fireflies.ai Notetaker Stephan: Talk to Fireflies: (Web-search enabled)

• Say: Hey Fireflies how can you help?

• Type: /ff help

to get started.

View real-time notes and transcription for this meeting here:

https://app.fireflies.ai/live/01JZN1M5VG46YV8706NJKKEWGP?ref=live_chat

00:07:09 Jess Mitchell: You are prettier!

00:07:12 Jess Mitchell: 🤗

00:07:34 Nicole Sapriken (she/her): Hes still a young pup

00:07:57 Mariah Jackman: Oh thats perfect. I just had a customer cancel her whole membership 5 minutes ago

00:08:20 Noelle Bartruff: Hello! I'm glad I've made it to my 4th Zoom with you all today!

00:08:27 Coach Tammy Asmus: Reacted to "Hello! I'm glad I've..." with ❤️

00:08:47 laura rodgers: Hello

00:08:49 Megan Weisheipl: Reacted to "Hello! I'm glad I've..." with ❤️

00:09:09 Coach Kristy Wharton: To guide and support!

00:09:12 Nicole Sapriken (she/her): I am looking to just get grounded in my business

00:09:14 Kiersten Vavrina: Clarity in next steps

00:09:17 Coach Tammy Asmus: Love

00:09:17 Coach Kristy Wharton: Reacted to "Clarity in next step..." with ❤️

00:09:18 Noelle Bartruff: Listen and Learn

00:09:19 Tandi Little: I am expectant. I am excited to be encouraged to know I am not alone.

00:09:19 Celeste: I need motivation to get back on track after having a few difficult weeks.

00:09:22 Stephanie Whittaker: Just some positive energy with single momming it this week and doing all the things!

00:09:27 Lori Naylor: To be with other like minded people. Love and light

00:09:31 Coach Tammy Asmus: Reacted to "Just some positive e..." with 🔥

00:09:34 Coach Tammy Asmus: Reacted to "To be with other lik..." with ❤️

00:09:38 Coach Kristy Wharton: Reacted to "To be with other lik..." with ❤️

00:09:38 Coach Tammy Asmus: Reacted to "Listen and Learn" with 🔥

00:09:43 Coach Tammy Asmus: Reacted to "I am expectant. I am..." with 🔥

00:09:43 Coach Kristy Wharton: Reacted to "Just some positive e..." with ❤️

00:09:44 laura rodgers: Be better leader

00:09:46 Noelle Bartruff: Reacted to "Be better leader " with ❤️

00:09:53 Coach Kristy Wharton: Reacted to "Be better leader " with ❤️

00:09:55 Noelle Bartruff: Reacted to "To be with other lik..." with ❤️

00:09:57 Taylor Berlin: Clarity and reassurance

00:10:12 Coach Kristy Wharton: Replying to "Be better leader "

Fantastic! and so shall you BE

00:10:17 laura rodgers: Felt fear to love

00:10:22 Tandi Little: I am learning to adhere to boundaries in the small things and realizing it is ok to say "no" and it can be growth too

00:10:26 Taylor Berlin: Letting go of the pressure to post daily and "perfectly"

00:10:35 Coach Kristy Wharton: Reacted to "Letting go of the pr..." with 🥰

00:10:36 Stephanie Whittaker: I am receiving more feedback now more than EVER in 4 years of this biz that I am connecting with others. People coming up to me left and right at town festival this weekend saying how much my posts encourage them

00:10:36 Claudia: I don't stress as much anymore even though I don't make sales right now. I just keep going

00:10:39 laura rodgers: Getting calmer

00:10:40 Diana Henry: Knowing when I am out focus.

00:10:45 Coach Kristy Wharton: Reacted to "I am receiving more ..." with 🥰

00:10:55 Chanel: Someone said no to buying and I didn't take it personally

00:10:59 Coach Kristy Wharton: Reacted to "I am learning to adh..." with 🤗

00:11:02 Jess Mitchell:Replying to "Someone said no to b..."



00:11:03 Carol Crosby: Reacted to "I am learning to adh..." with 🤗

00:11:06 Noelle Bartruff: I'm learning to trust the process and do hard things!

00:11:14Coach Tammy Asmus: Reacted to "I am receiving more ..." with ❤️

00:11:14Jess Mitchell:Reacted to "I am receiving more ..." with 🥰

00:11:17Ingrid Boehm: Replying to "Someone said no to b..."



00:11:17Coach Tammy Asmus: Reacted to "Getting calmer " with ❤️

00:11:20 Coach Tammy Asmus: Reacted to "Knowing when I am ou..." with ❤️

00:11:24 Coach Tammy Asmus: Reacted to "Someone said no to b..." with ❤️

00:11:24 Alicia Raley: Coaching my new coaches in a slow and steady love led way. Coaching them through the hype of a new cost structure and not getting caught up in the post and blast it and keep moving in the love led movement

00:11:24 Stephanie Whittaker: Reacted to "I am learning to adh..." with ❤️

00:11:24 Coach Danielle Cole: Reacted to "I am receiving more ..." with ❤️

00:11:27 Coach Tammy Asmus: Reacted to "I'm learning to trus..." with ❤️

00:11:28 Nicole Sapriken (she/her):I am starting to focus on taking care of myself both physically and mentally.

00:11:33 Mariah Jackman: I had a customer just cancel her membership when I had a lot of hope that she might become an ambassador with me. I had my initial freak out (being chased by a bear) and then I remembered you can't be anxious and grateful at the same time. So I paused and talked to myself outloud of all the things I was thankful for that have come from this business

00:11:35 Coach Tammy Asmus: Reacted to "Coaching my new coac..." with ❤️

00:11:46 Coach Tammy Asmus: Reacted to "I had a customer jus..." with 🙏

00:11:47 Tandi Little: Hi I am Tandi and I am a recovering people pleaser

00:11:53 Coach Tammy Asmus: Reacted to "Hi I am Tandi and I ..." with ❤️

00:11:59 Coach Kristy Wharton: Replying to "I am learning to adh..."

Glad to hear this!!!

00:12:02 Coach Tammy Asmus: Replying to "Hi I am Tandi and I ..."

Me too!

00:12:05 Noelle Bartruff: Reacted to "Someone said no to b..." with ❤️
00:12:06 Tandi Little: Reacted to "Glad to hear this!!!" with ❤️
00:12:08 laura rodgers: Starting more care for me
00:12:10 Stephanie Whittaker: Reacted to "Coaching my new coac..." with ❤️
00:12:11 Mariah Jackman: Reacted to "Hi I am Tandi and I ..." with ❤️
00:12:19 Coach Tammy Asmus: Reacted to "Starting more care f..." with ❤️
00:12:22 Coach Kristy Wharton: Reacted to "Coaching my new coac..." with ❤️
00:12:26 Coach Kristy Wharton: Reacted to "I am starting to foc..." with 🤝
00:12:32 Stephanie Whittaker: Replying to "Coaching my new coac..."

THIS

00:12:32 Diana Henry: Reacted to "Hi I am Tandi and I ..." with ❤️
00:12:39 Laura Trimble: Noticing the difference in fear led vs love led after years of fear led action
00:12:39 laura rodgers: Knowing a routine better
00:12:41 Tandi Little: Replying to "I am learning to adh..."

@Coach Kristy Wharton you made me safe to say it first... which is huge ;) I felt your love through the screen and our common race we are running together 😊

00:12:43 Stephanie Whittaker: Reacted to "Starting more care f..." with ❤️
00:12:55 Coach Kristy Wharton: Replying to "I am starting to foc..."

Starting? seems to me that you are "settling" into this rhythm.

00:12:56 Alicia Raley: Connected there.
00:12:58 Chanel: Replying to "Hi I am Tandi and I ..."

Me too

00:13:20 Coach Kristy Wharton: Reacted to "@Coach Kristy Wharto..." with 🤝
00:13:38 Coach Danielle Cole: Reacted to "Noticing the differe..." with 🔥
00:13:47 Liza Johnson: Win: I made a sale after giving a sample.
00:14:48 Coach Kristy Wharton: Replying to "I am learning to adh..."

And remember every yes is a no to something else, as we discussed! Great to hear you're applying.

00:15:00 Liza Johnson: Yes, best not good!!@

00:15:34 Coach Kristy Wharton: Reacted to "Hi I am Tandi and I ..." with ❤️

00:15:42 laura rodgers: Let go of a toxic friendship today and taking care of me now 😊

00:15:43 Michael Giannini: I had someone purchase and was certain she was going to partner with me but decided to join another company. That didn't bother me as it would have in the past. I recognize now I'm here to serve and not convince

00:16:09 Coach Tammy Asmus: Reacted to "I had someone purcha..." with 👍

00:16:16 Coach Danielle Cole: Reacted to "Let go of a toxic fr..." with ❤️

00:16:18 Coach Danielle Cole: Reacted to "Yes, best not good!!..." with ❤️

00:16:20 Noelle Bartruff: Reacted to "I had a customer jus..." with ❤️

00:16:21 Mariah Jackman: Reacted to "I had someone purcha..." with ❤️

00:16:23 Megan Weisheipl: Reacted to "Let go of a toxic fr..." with ❤️

00:16:23 Tandi Little: Reacted to "And remember every y..." with ❤️

00:16:27 Nicole Sapriken (she/her): Reacted to "Let go of a toxic fr..." with ❤️

00:16:31 Coach Danielle Cole: Reacted to "I had someone purcha..." with 🔥

00:16:32 Diana Henry: Reacted to "Let go of a toxic fr..." with ❤️

00:16:35 Coach Danielle Cole: Proud of you!

00:16:41 Coach Tammy Asmus: Reacted to "Let go of a toxic fr..." with ❤️

00:16:48 Charlotte Akinkugbe: I have gained my peace back

00:16:52 Coach Tammy Asmus: Reacted to "I have gained my pea..." with ❤️

00:17:09 laura rodgers: Yes

00:17:12 Stacey Heeren: yes I have

00:17:17 Kiersten Vavrina: Yes

00:17:18 Ingrid Boehm: yes

00:17:18 Lori Naylor: yes

00:17:20 Amy Varghese: I was able to step away on vacation and not stress about not being there physically

00:17:24 Coach Danielle Cole: Reacted to "I was able to step a..." with 🔥

00:17:27 Coach Kristy Wharton: Reacted to "I was able to step a..." with ❤️

00:17:27 Mariah Jackman: Reacted to "I was able to step a..." with ❤️

00:17:28 Stephanie Whittaker: For LSG?

00:17:34 Teresa Reid: Yes, and I relistened to it again today..
00:17:34 Coach Kristy Wharton: Replying to "For LSG?"

Yes...

00:17:48 Jess Mitchell: Reacted to "I had someone purcha..." with 🥰
00:17:54 Jess Mitchell: Reacted to "I was able to step a..." with ❤️
00:17:57 Stephanie Whittaker: Replying to "For LSG?"

Okay! I did weeks ago when it came out. Should we go through it again?

00:18:00 Coach Kristy Wharton: Replying to "For LSG?"

@Stephanie Whittaker we have a cohort coming through right now, again

00:18:06 Coach Kristy Wharton: Replying to "For LSG?"

@Stephanie Whittaker yes. Exactly.

00:18:07 Stephanie Whittaker: Reacted to "@Stephanie Whittaker..." with ❤️
00:18:10 Coach Kristy Wharton: Reacted to "@Stephanie Whittaker..." with 🥰
00:18:10 Stephanie Whittaker: Reacted to "@Stephanie Whittaker..." with ❤️
00:18:10 Chris Wenstrom: I did
00:18:59 Stephanie Whittaker: I use that! It works!!!
00:19:00 Coach Kristy Wharton: Replying to "For LSG?"

@Stephanie Whittaker and I encourage revisiting over and over (like scripture) you typically receive more each time. Right?

00:19:04 Megan Weisheipl: Reacted to "I use that! It works..." with ❤️
00:19:06 Coach Kristy Wharton: Reacted to "I use that! It works..." with ❤️
00:19:08 Charlotte Akinkugbe: Reacted to "I use that! It works..." with ❤️
00:21:05 Coach Danielle Cole: Reacted to "I use that! It works..." with ❤️
00:22:45 Cheryl Mabry: Oh dear, I'm late! What did I miss?
00:23:51 Coach Danielle Cole: Replying to "Oh dear, I'm late! W..."

we are working on our list for Lesson 2 in LSG

00:23:51 Megan Weisheipl: Replying to "Oh dear, I'm late! W..."

Working on our Top 25 prospect list.

00:23:56 Jess Mitchell:Replying to "Oh dear, I'm late! W..."

Working on your top 5 prospects for your business! From this weeks training

00:24:29 Michael Giannini: Replying to "I had someone purcha..."

❤️thank you!

00:25:06 Nicole Sapriken (she/her): Ya, I was totally distracted by the hummingbirds buzzing behind my head and fighting

00:25:15 Coach Kristy Wharton: Reacted to "Ya, I was totally di..." with 🤔

00:25:16 Megan Weisheipl: Reacted to "Ya, I was totally di..." with 😊

00:25:25 Liza Johnson:Easy...is that a feeling 😊

00:25:28 Taylor Berlin: Scared, uneasy, not capable

00:25:38 Taylor Berlin: Reacted to Ya, I was totally di... with 😊

00:25:45 laura rodgers: Who would the right fit

00:25:55 Cheryl Mabry: Looking at my former list & the way I asked before 😊

00:26:02 Teresa Reid: Excited to start bur also nervous.

00:26:10 Stephanie Whittaker: SO GOOD! Truly serving the need they have. Ive been in the groove of this for a few weeks and after I tried for the first time, I felt proud that I did it a new way that served.

00:26:21 Megan Weisheipl: Reacted to "SO GOOD! Truly servi..." with ❤️

00:26:27 Coach Tammy Asmus: Reacted to "SO GOOD! Truly servi..." with ❤️

00:26:28 Nicole Sapriken (she/her): Reacted to "Excited to start bur..." with ❤️

00:26:32 Nicole Sapriken (she/her): Reacted to "Looking at my former..." with ❤️

00:26:38 Nicole Sapriken (she/her): Reacted to "Scared, uneasy, not ..." with 😊

00:26:39 Stephanie Guerra: feeling unsure

00:26:42 Ingrid Boehm: don't have a big list as I'm starting from scratch

00:26:44 Nicole Sapriken (she/her): Reacted to "SO GOOD! Truly servi..." with ❤️

00:26:48 Kiersten Vavrina: Oh my gosh I'm totally avoiding and cleaning instead - clearly I have red light stories

00:27:03 Nicole Sapriken (she/her): Reacted to "Oh my gosh I'm total..." with 😊

00:27:06 Karen Forrister: Some of our mentorship is not embracing this new Love Led approach. I am concerned how I am going to move forward and feel apprehensive of inviting others to join the disfunction

00:27:08 Jess Mitchell:Replying to " don't have a big li..."

That is totally ok!

00:27:37 Coach Kristy Wharton: Replying to "Scared, uneasy, not ..."

I can agree with the first two for pretty much everyone...the last one—hmmm, not sure about that. Capability is built on doing, so you wouldn't have it until after you act. Right?

00:27:38 Tandi Little: I totally just sent a voice clip to someone that I have wanted to work with and I am so excited...even if she says "no" at least she knows I think these awesome things about through her presence on social media

00:27:49 Megan Weisheipl: Reacted to "I totally just sent ..." with ❤️

00:28:01 laura rodgers: Good but uncomfortable , I sent out 2 yesterday for the win

00:28:08 Coach Kristy Wharton: Reacted to "Good but uncomfortab..." with ❤️

00:28:08 Jess Mitchell:Replying to "Oh my gosh I'm total..."

Awareness is key! Now you can shift

00:29:18 Coach Kristy Wharton: Replying to "Oh my gosh I'm total..."

@Kiersten Vavrina ah we call this buffering... doing OTHER things, or taking NO action.

00:29:24 Alicia Raley: So good Steph!

00:29:43 Coach Kristy Wharton: Reacted to "So good Steph!" with 🤗

00:29:45 laura rodgers: That's great

00:29:57 Teresa Reid: That's awesome! Thank you for sharing!!

00:30:01 Vicki Hamdorf: Thanks for sharing Stephanie!

00:30:13 Lori Naylor: That was great. Thank you Stephanie.

00:30:14 Ingrid Boehm: thanks for sharing Stephanie

00:30:42 Vicki Hamdorf: I really liked your invitation at the end to explore.

00:31:06 laura rodgers: Thanks for sharing

00:31:37 Jess Mitchell:Replying to "Good but uncomfortab..."

Uncomfortable when you are stretching is Good!

00:32:15 Jess Mitchell:Replying to "I totally just sent ..."

Great job!

00:32:54 Taylor Berlin: Replying to "Scared, uneasy, not ..."

Yes, my head knows that 😊

00:32:59 Annette Aguiar: SAME!!!!'

00:33:03 Tandi Little: I feel like you have been in my head for recruiting too

00:33:37 Cheryl Mabry: 😊BS

00:33:38 Amy Triplett: I relate so much , in fact I am currently working on my ELL summer course right now ... Im crying

00:34:03 Annette Aguiar: I actually typed it out as a process for myself for when I get overwhelmed!

So I can remind myself quickly

00:34:26 Amy Triplett: Proud of you for still being here

00:34:35 Amy Triplett: thats so encouraging

00:34:51 Chanel: Replying to "Some of our mentorsh..."

Same

00:34:53 Liza Johnson:I'm curious: Would you just say, "I know you were concerned about Kelly's past cancer diagnosis, and your unhealthy eating choices. Then, ask him when he plans to sample it?"

00:35:03 Coach Kristy Wharton: And how about giving compassion to your old self, as well? @Kiersten Vavrina and in the future you get to show up as new version, now.

00:36:15 laura rodgers: Love this

00:36:30 Mariah Jackman: lol I love her honesty

00:36:59 Annette Aguiar: We should challenge each other/ourselves!! And check in with invisible wins about this

00:37:18 laura rodgers: I sent out 2 and I'm ready now for the next

00:37:28 Stephanie Whittaker: LOVE that!

00:37:37 Krista Tavares: Yes i was talking this through with a leader on my team

00:37:46 Tandi Little: @Coach Kristy Wharton told me the other day being one step ahead is all that you need and sometimes can be the most relatable place.

00:38:02 Stephanie Whittaker: Those who succeed the most are those who fail the most, because they're the ones who try the most

00:38:04 Cheryl Mabry: I did it imperfectly at a Chamber lunch BEFORE I listened to lesson 2

00:38:17 Coach Kristy Wharton: Reacted to "@Coach Kristy Wharto..." with ❤️

00:38:48 Coach Kristy Wharton: Replying to "@Coach Kristy Wharto..."

We are never more relatable than at that one step ahead. Truly

00:39:46 Jess Mitchell:Replying to "@Coach Kristy Wharto..."

So wise!!!

00:39:52 Liza Johnson:Reacted to @Coach Kristy Wharto... with "❤️"

00:39:55 Jess Mitchell:Reacted to "I sent out 2 and I'm..." with ❤️

00:39:58 Nicole Sapriken (she/her):WOOOT WOOOT

00:40:03 Coach Kristy Wharton: Replying to "Those who succeed th..."

Our 'lessons' are where we build resilience, as well. Our successes dont do that for us.

00:40:08 Coach Kristy Wharton: Reacted to "Those who succeed th..." with ❤️

00:41:43 Stephanie Whittaker: Reacted to "Our 'lessons' are wh..." with 🔥

00:41:47 Stephanie Whittaker: Replying to "Those who succeed th..."

Mmm I LOVE that Kristy!

00:42:05 Liza Johnson:Reacted to Our 'lessons' are wh... with "🔥"

00:42:41 Alicia Raley: Yes. I am walking into a few networking groups here this year.

00:42:42 Cheryl Mabry: I in person weekly!

Coffee hour next week

00:42:42 Karen Forrister: I am going to learn how to play maj Jong tonight hoping to meet new people

00:43:03 Coach Kristy Wharton: Reacted to "I am going to learn ..." with 🤗

00:43:12 Jess Mitchell:Reacted to "Yes. I am walking i..." with ❤️

00:43:16 Jess Mitchell:Reacted to "I in person weekly!

..." with ❤️

00:43:19 Jess Mitchell:Reacted to "I am going to learn ..." with ❤️

00:43:42 Coach Danielle Cole: Reacted to "Yes. I am walking i..." with 🔥

00:43:46 Coach Danielle Cole: Reacted to "I in person weekly!

..." with 🔥

00:43:50 Coach Danielle Cole: Reacted to "I am going to learn ..." with 🔥

00:44:03 Coach Kristy Wharton: Reacted to "I in person weekly!

..." with ❤️

00:44:12 Laura Trimble: Reacted to "I am going to learn ..." with 💜

00:44:17 Mariah Jackman: Wow thats amazing!

00:44:38 Coach Kristy Wharton: Reacted to "So wise!!!" with 🙌

00:44:39 Teresa Reid: That's awesome!!

00:44:43 Stephanie Whittaker: LOVE that! Love led posts TRULY connect!

00:44:47 Liza Johnson:Nicole, that's so wonderful !

00:44:51 Tandi Little: That is a major win 😊

00:45:00 Cheryl Mabry: LSG is growing my heart 💕

00:45:01 Lori Naylor: Yes that's awesome! Great share Nicole.

00:45:02 Jess Mitchell:Beautiful 😊

00:45:06 Pat Staude: Way to go, Nicole!

00:45:11 Jess Mitchell:Reacted to "LSG is growing my he..." with 😊

00:45:17 Coach Kristy Wharton: So proud of you @Nicole Sapriken (she/her)

00:45:18 laura rodgers: Just brought that game to have some time with friends

00:45:29 Nicole Sapriken (she/her):Reacted to "So proud of you @Nic..." with ❤️

00:45:38 Vicki Hamdorf:]

00:46:03 Karen Forrister: YES!!!

00:46:23 Cheryl Mabry: Are you inviting to coach explores?

00:48:09 laura rodgers: Way to go

00:48:15 Coach Kristy Wharton: Good example of why cross-collaboration is SO important.. let your clients touch one another's live. (Just like what we are dong HERE!)

00:48:31 Jess Mitchell:Reacted to "Good example of why ..." with ❤️

00:49:43 Stephanie Whittaker: Reacted to "Good example of why ..." with ❤️

00:49:53 Cheryl Mabry: Reacted to "Good example of why ..." with ❤️

00:50:24 Stephanie Whittaker: You bet! Get curious about them before the ACA

00:51:01 Pat Staude: Replying to "You bet! Get curious..."

Thanks for sharing, Stephanie. What s your opening line about birthdays?

00:51:02 Charlotte Akinkugbe: Contacted

00:51:06 laura rodgers: Great Lori

00:51:17 Liza Johnson:Lori, I was there. It's a constant reminder, don't go there again.

00:51:18 Stephanie Whittaker: PEACE for your family!!! Thats what its all about 🥰

00:51:40 Coach Kristy Wharton: Being a human... being social. Understanding others & Making friends. Having conversations. Great reminder.

00:51:56 Liza Johnson:@Lori Naylor , where in Utah are you.

00:52:04 Charlotte Akinkugbe: My husband is noticing too

00:52:07 Coach Kristy Wharton: Reacted to "PEACE for your famil..." with ❤️

00:52:12 Lori Naylor: Replying to "@Lori Naylor , where..."

I am in California but will be traveling to Utah. 😊

00:52:26 Lori Naylor: Reacted to "PEACE for your famil..." with 💜

00:52:27 Coach Kristy Wharton: Reacted to "My husband is notici..." with ❤️

00:52:32 laura rodgers: More joy and my family and hobbies

00:52:38 Lori Naylor: Reacted to "Lori, I was there. ..." with 💜

00:52:41 Stephanie Whittaker: Replying to "You bet! Get curious..."

I send a video so they can see my face/smile. Just a simple happy birthday, acknowledgment that it's been a while and I say I hope life is well, hope it's the best day! The video serves well.

00:52:53 Stephanie Whittaker: Reacted to "My husband is notici..." with ❤️

00:53:35 Vicki Hamdorf: Replying to "You bet! Get curious..."

I send a video too and actually sing Happy Birthday. My mom always did that for us and we all loved it.

00:53:45 Stephanie Whittaker: Reacted to "I send a video too a..." with ❤️

00:53:52 Lori Naylor: I love that!! Me too, people are noticing YES Laura!

00:53:54 Pat Staude: Replying to "You bet! Get curious..."

@Stephanie Whittaker Thank you!

00:54:01 Stephanie Whittaker: Reacted to "@Stephanie Whittaker..." with ❤️

00:54:21 Annette Aguiar: My husband doesn't care for my posts anymore either. They're not geared for men or his age group lol

00:54:41 laura rodgers: Love this


00:54:42 Cheryl Mabry: THANKS FOR COMING ALONG FOR THE RIDE!

00:55:23 laura rodgers: Me too

00:56:08 Cheryl Mabry: I won a Bottle of win today ...and I could care less

00:56:12 Teresa Reid: I love that Laura! It's time for us to be who we really are.

00:57:50 laura rodgers: That has helped me with myself

00:58:33 Laura Trimble: Reacted to "I love that Laura! I..." with 


00:59:36 Taylor Berlin: What trainings dig into the service, personal, and transformation posts? I'm confused on them

01:00:08 Stephanie Whittaker: Oh Alicia - I LOVE this!!!

01:00:47 Tandi Little: That is amazing!!!

01:01:21 Laura Trimble: LOVE this!!

01:01:23 Stephanie Whittaker: This is EVERYTHING. Thanks for sharing this Alicia!!!

01:01:38 Cheryl Mabry: Reacted to "This is EVERYTHING. ..." with 

01:03:23 Tandi Little: I am so encouraged!

01:03:34 Mariah Jackman: Thank you!!


01:03:36 laura rodgers: Amen

01:03:37 Karen Forrister: Preach it!

01:03:40 Lindsay Ault: So good Alicia. Thank you!

01:03:41 Lori Naylor: It's how we show up everyday! Loving on the people! Thank you for that share!

01:03:47 Chris Julian: thank you Alicia.. great encouragement

01:03:47 Ingrid Boehm: 

01:04:12 Stephanie Whittaker: THIS IS EVERYTHING!!!!

01:04:14 Laura Trimble: BOOM!

01:04:14 Mariah Jackman: I needed that so badly!

01:04:19 Charlotte Akinkugbe: Yes!!

01:04:19 laura rodgers: Thank you

01:04:30 Nicole Sapriken (she/her): Nailed it! \

01:04:33 Teresa Reid: Thank you Alicia!!

01:04:33 Lori Naylor: This is the power of community!

01:04:35 Alicia Raley: To God be the glory

01:04:40 laura rodgers: Yes

01:04:43 Tandi Little: Made me teary eyed...I needed this today

01:04:48 Taylor Berlin: Replying to "What trainings dig i..."

@Coach Kristy Wharton

01:04:48 Mariah Jackman: Reacted to "To God be the glory" with ❤️

01:04:52 Chris Julian: Thank you Megan and Danielle..and all who shared

01:05:01 Pat Staude: 1 GREAT CALL! THSNK YOU!

01:05:03 Chris Wenstrom: To God be the glory!

01:05:05 Alicia Raley: Reacted to "Made me teary eyed...I..." with ❤️

01:05:10 laura rodgers: Yes

01:05:19 Coach Kristy Wharton: Diamonds in our backyard 💎 and koalas are everywhere! lykyk

01:05:20 laura rodgers: Amen

01:05:29 Chris Julian: Reacted to "Diamonds in our back..." with ❤️

01:05:35 Cheryl Mabry: Make Bob watch the recording

01:05:47 Lori Naylor: Reacted to "Make Bob watch the r..." with 💜

01:05:48 laura rodgers: Thanks everyone