

The LOVE-LED™ Leader Activation

Call Chat Transcripts

00:02:07 Hannah: Hello!!! So excited

00:02:11 Fireflies.ai Notetaker Kristy: Talk to Fireflies: (Web-search enabled)

- Say: Hey Fireflies how can you help?

- Type: /ff help

to get started.

View real-time notes and transcription for this meeting here:

https://app.fireflies.ai/live/01JY2Q3FVV45307QNYD4VCN7AT?ref=live_chat

00:02:23 Karen Kvidera: Hello from Warsaw

00:02:28 Kathryn Aceves: Happy Monday from SoCal!

00:02:30 DeeDee Fitch: Good morning!

00:02:47 Lisa Bomers: Morning from MI

00:02:49 Cindy Templeton: Howdy from the mountains of PA!

00:02:50 Audra Zimpel: Hello from Georgia!

00:03:02 Rachael Clark: Hello from Southern Illinois!

00:03:09 Coach Kristy Wharton: Reacted to "Hello from Georgia!" with 🍷

00:03:11 Karen Kvidera: Hi Louise Edward's!

00:03:18 Megan Weisheipl: Hello and Welcome Everyone!!!

00:03:26 Coach Patty Voepel: Hiii

00:03:40 Anita's iPhone: Hello from White City, Saskatchewan, 🇨🇦 Canada

00:03:48 Paulla Smith: Hello from Oklahoma

00:03:49 Christy Slawson: Good morning/afternoon!

00:04:00 Karen - Linn County: Hello from Oregon!

00:04:03 Team Goyette (Jim & Kate): Hello from Portland, OR

00:04:07 Barb Christensen: I'm so excited! Coach BarbC

00:04:25 Bonnie Harris: Hiiii from southern California

00:04:26 Cindy Templeton: The whisper was real.

00:04:41 Louise Edwards: Reacted to "Hi Louise Edward's!" with ❤️

00:04:49 Newelle McDonald she/her: Hello from Jersey City NJ!

00:04:54 Jasmina Bhattacharya: I definitely feel ready to grow into the next version of me

00:05:41 Terri Jimison:Replying to "Howdy from the mount..."

I grew up in Wilkes Barre PA

00:05:52 Team Goyette (Jim & Kate): Yes....that's me!

00:05:54 Kathryn Aceves: Faith over fear

00:06:09 Cindy Templeton: Replying to "Howdy from the mount..."

I live near Williamsport. A little town called Shunk in Sullivan County

00:06:17 Terri Jimison:Hello from sunny California

00:06:30 Coach Kristy Wharton: Reacted to "Hello and Welcome Ev..." with 🤗

00:06:37 Kathryn Aceves: Reacted to "Hello from sunny C..." with ❤️

00:06:58 Bonnie Harris: I was called to do this

00:07:07 Linda Salzwedel: Just a heads up - I have a demo crew here for my bathroom remodel. I may have to step away if they have a question for me.

00:07:16 Terri Jimison:I am not chasing anymore. I am leading. And I'm ready for a better way !!

00:07:23 Coach Kristy Wharton: Reacted to "I am not chasing any..." with 🔥

00:07:27 Coach Kristy Wharton: Reacted to "Just a heads up - I ..." with 🔥

00:07:34 Morrigan: here come the good tears. full body chills

00:07:53 Louise Edwards: double checking that the video will be in the content section - I have to leave early as I have a PT appt I could not reschedule

00:08:08 Angela fraser: I am ready to step into a leadership role that I know I was ment to do !

00:08:22 Bonnie Harris: You have to BECOME the person.

00:08:28 Louise Edwards: is there a separate FB group for LLG or is it still Your Virtual Upline

00:08:30 Morrigan: Replying to "double checking that..."

yes i saw a replay is available in the email

00:08:39 Bonnie Harris: Step into who you are meant to be.

00:08:42 Coach Kristy Wharton: Replying to "double checking that..."

Yes. Trainings and replays available in the portal within 24 hours

00:08:48 Stephanie Sipek: Replying to "is there a separate ..."

Yes - <https://www.facebook.com/groups/1046921283681654>

00:08:54 Coach Kristy Wharton: Reacted to "is there a separate ..." with 🤗

00:08:59 Bonnie Harris: The leader is already inside every single one of us.

00:10:01 Karen Kvidera: I have a technician here installing my new internet.

I will be down for 10 minutes somewhere in the next 30. Really???

00:10:45 Coach Kristy Wharton: Replying to "I have a technician ..."

It's okay... trainings will always be available in portal later, if anything is missed.

00:11:09 Dr Shira (she/her): Can the slide be put in the chat?

00:11:25 Diane Marie: Joining from the Atlantic Ocean on a Cruise to Naussa.

00:11:29 Dr Shira (she/her): or the content of the slide up there

00:11:43 Louise Edwards: I am still stressed about producing my posts.....but I want this week to be all about hydration

00:12:20 Denise Rainier: I'm there with Louise Edwards!

00:12:27 Karen Kvidera: Replying to "I am still stressed ..."

Hi Louise!

00:12:28 Terri Jimison: Replying to "Can the slide be put..."

What does being a LL leader mean to you right now and how is that different from how you used to show up

00:12:42 Team Your Virtual Upline: Reacted to "What does being a LL..." with ❤️

00:14:09 Michelle: Reacted to "Joining from the Atl..." with 😊

00:14:30 Chris: Replying to "Can the slide be put..."

I am less influenced by what the crowd is doing..and am learning to hear my heart better

00:14:45 Dr Shira (she/her): What does being a love-led leader mean to me right now?

Right now, it means being deeply attuned to the emotional rollercoaster parents and teens are riding. A love-led leader builds trust not by promising quick fixes, but by walking the journey with families. I used to lead with outcomes—score jumps, college

acceptances, program stats. Now I lead with presence, with stories, with listening. I lead with love by reminding students that their worth is not tied to their score—and still giving them tools to rise higher.

00:14:48 Dr Shira (she/her): How is that different from how I used to show up? Before, I was results-focused, efficiency-driven, trying to be the “best” tutor in a crowded marketplace. I sold success. But love-led leadership has taught me to serve transformation instead. I now show up more curious than commanding. I used to try to prove I was worth hiring—now I invite families into partnership. I used to want to fix problems. Now, I help students see their own strength, and guide them to tap into it.

00:15:15 Ostrowski, Jennifer: Commitment to self is as important as commitment to others

00:15:15 Team Goyette (Jim & Kate): It means not posting from HAVE TO but because I want to.

It means finding and using MY voice – and trusting that I am enough with what I can bring to help others. I don’t need other people’s postings to create content that helps, heals, and can show others I care.

I am a bit scattered showing up – still fighting fear led opinions.

00:15:23 Heidi Ankeny: It means loving on and meeting my team where they are each month rather than focusing on their volume.

It means showing up to events, posts, team meetings, one on one conversations and all relationships with confidence in my voice and my belief.

It means trusting God in who He sees me as and not living in the lies Satan feeds me.

00:15:29 Linda Salzwedel: Will it include the chat?

00:15:30 Danielle: Being more intentional and vulnerable and not posting every day out of fear and stress.

00:15:31 Jennifer Peterson: Eager to get into conversations vs peeking at posts to see how many/what kind of engagement

00:15:34 Amy Reeves: I am now leaning into being a love-led leader, which means to me that I am creating and sharing content that is serving others without burning myself out. I am sharing and connecting with others to truly help them and not looking at them as if they are a “number” or I have to pressure them to get a sale. I am sharing things I love to gain trust with my audience and what I am passionate about. It is not about getting the most likes or follows, but truly sharing ME for the first time and showing my heart. I used to hustle, which lead to

inconsistency and I was always worried about what others would think or say about my content.

00:15:34 Coach Ashley Prieto: Replying to "Will it include the ..."

yes

00:15:39 Terri Jimison: Posting to help vs. selling - pressure off. Reachout to help vs sell - authentic relationships.

00:15:43 Cindy Templeton: I lead from my heart authentically not from a place of fear, comparison, pressure, lack.

00:15:44 Audra Zimpel: Finding my own rhythm that feels aligned, authentic and amazing for me. Truly serving my team by helping them do the same for themselves!

00:15:47 Kelley Manley PSU: To become a love led leader to me means jumping off the rat wheel and finding a rhythm that works for me even though it may look different than my upline.

00:15:56 Julie Peters: Getting rid of excuses that are based in fear!

00:15:58 Linda Salzwedel: Using the foundational rhythm we learned. Using purpose and peace instead of being frantic.

00:16:08 Kathryn Aceves: being a love led leader means I will show up genuinely meeting my customers and team where they are and not for what I will get out of our interactions.

00:16:12 Gina Cary: Replying to "I have a technician ..."

It means to serve people with love without anxiety, guilt, or pressure. Just love people where they are at. It use to be to message everyone with pressure anxiety, overwhelm, and disappointment.

00:16:13 Toni Frere: More confident, at peace, more connected to others, relaxed. Not so fearful or FOMO, not having to compete.

00:16:16 Louise Edwards: means I let the love for my clients lead me to post stuff important to THEM, not what I'm told to post, and teaching my ta to do the same (when I have one 😊)

00:16:22 Jill Prescott: Be confident and trust my thoughts and what I have to share. Become the leader that I want to be, lose the anxiety

00:16:25 Kendra: It means showing up differently to show others that they can show up differently.

00:16:30 Tina: It means that i am allowing myself to show up for me , Whole and not show up underestimate pressure

00:16:31 Kelli Frey: Love led leader means:

Connecting with hearts of people

Connect and project to my voice, my truth, my pain, my struggles – to help to serve, and to meet needs of others. Love regardless of outcome. Create community and connection. Connection to self, authentically share, give to others what I've learned.

00:16:33 Angela fraser: It means leading with integrity. It means helping others come out of their shell and becoming the version of themselves they have always wanted to become. It means showing up every day not to get to the top but to serve from the heart.

00:16:35 nancyealstanley: I'm no longer showing up to impress or earn someone's attention. I'm not posting just because it's what everyone else is doing. I will not compare myself to other leaders.

I'm here to be me. Fully. Honestly. Authentically.

I'll trust the leadership God placed inside of me.

I'll tune in to what the Holy Spirit is stirring—not the noise. I want to serve. To help. To love people well.

And I'm leaning all the way into that.

00:16:35 Sally Anderson: means others come first, that i serve people needs. Its about being confident that i do know what im doing and steppin up to leading as a servant .

00:16:39 Kirsten Jones: I will continue to let my light SHINE for Jesus in all that I do. SHOW people by how I live. I no longer will show up because I feel the pressure to SHARE MY LIFE on social. I will show up to BUILD BELIEF in others.

00:16:41 Louise Edwards: Replying to "means I let the love..."

my team!!!'

00:16:42 Morrigan: finally using mu voice differently in the adovacte community in my company.. being okay with knowing what I know and calling myself

an expert. allowing my passion and spit fire personality come through in my social media and in person hile embracing a grounded personality

00:16:53 Amy Brown: I no longer want to post to be seen... not just to post noise but having people know and see me as a trusted and valuable source to help them with their goals. Tired of performance mode. It was stressful. I need balance in my business so I can reconnect with the heart piece of why I started to begin with.

00:16:59 Gail: Not feeling desperate in my business activities. Also feeling more like I'm enough.

00:17:02 Paulla Smith: The ability to be me and not stressing about being "perfect".

00:17:03 Anita's iPhone: Taking a brave step and making an investment to learn to lead from authenticity- being present, authentic and consistent. Keeping others first

00:17:06 Teresa Snider: It means I an ME, not just modifying what others write in An attempt to not make mistakes or say something wrong. My viewpoint is ME

00:17:09 Karen - Linn County: It feels more authentic more peaceful.

Before it felt more pressured to post/to be seen. Induced major imposter syndrome. Posts were focused on myself then tied into the group to try and motivate.

00:17:11 Andrea R. (She/Her): I want to lead with support, education, and community. Instead of constantly leading with what's on sale, what products to promote, and reach outs only focused on sales. I want to be a stable and trusted resource for folks instead of constantly trying to hit a rank.

00:17:15 Karen Lovegrove: It means showing up as the authentic me. Letting go of perfection. That i have a voice and that what I have to offer will add value to others.

00:17:20 Michelle: It means coming from service and authenticity to add value, direction and purpose through love to others

00:17:21 Karen Kvidera: I'm leading myself how I want to lead my clients. I want to be coached by me. I didn't used to think that.

00:17:22 Lori Reetz: Being a Love-Led leader means showing up to help people and be able to create content without anxiety and fear to not know what to say. Not feel paralyzed.

00:17:27 DeeDee Fitch: Joy, impactful, trust, respected, courage, authentic, service, peace, fun, intentional. Not bine afraid

00:17:34 Christy Slawson: It means getting back to my passion for what I was doing. Less burn out because I don't have my life revolve around many posts

00:17:34 Coach Patty Voepel: To be myself – coaching coaches again – get out of the burnout and commitment back to my business

00:17:43 Lisa: Here to SERVE not sell which is why I started this biz –benefit others like I was and passionate about health

00:18:33 Terri Jimison:What fear-led habits or mindsets are you releasing and what peace-led truths will you lead with instead.

00:19:24 Teresa Snider: I am releasing the fear that I can't be a leader, that I'm not good enough to be a leader.

00:19:42 Jill Prescott: Selling mentality

00:19:49 Gina Cary: I am leaving behind overwhelm, pressure, and feeling I had to check a box everyday. I am leading with love and focus on serving and loving on people.

00:20:20 Terri Jimison:I am releasing the thought that I have to follow every social media guru to know what to post.

00:20:42 Karen – Linn County: Releasing: I have nothing of value to say

Will lead with: I instill belief in others

00:20:46 Cindy Templeton: Let go of the "scoreboard" It doesn't prove my worth. Lead with compassion.

00:20:48 Susana Garcia Betancourt: I'm going to stop cold inviting thinking massively inviting will increase my chances of helping more people.

00:20:48 Toni Frere: Releasing that I am not good at SM. Leading with my heart, with joy, patience, kindness and gentleness.

00:20:50 Linda Salzwedel: Releasing the fear that I can't be a good enough leader. Releasing the frantic urge to sell instead of lead.

00:20:50 Brenda: Releasing the thought that a rank defines my value or worth.

00:20:58 Terri Jimison:The "not good enough" thoughts are rooted deep !!!

00:21:01 Tina: What others may think of me – releasing the pressure of proving myself

00:21:01 Amy Brown: Proving my worth by constantly posting out of fear is a big one. Also stop obsessing over what isn't happening in the moment and trusting the process and trusting myself that I will attract the right people to my business

00:21:09 Theresa Roy: I will let go of the belief that I don't have anything worth contributing because I'm new to this network marketing space and others are so far ahead of me in experience.

00:21:10 Jennifer Peterson: Releasing the thought that I am bothering others...maybe, just maybe NOW is when THEY are ready

00:21:14 Gail: Releasing that I'm not enough to have a thriving business! It happens for others but never me.

00:21:19 Kendra: Leaving behind: fear, doubt, desire to fit the mold, "because it's always been done this way" mindset.

Peace led- confidence, faith in who I am and what I am capable of

00:21:28 Kelley Manley PSU: Releasing the idea that my content isn't what people want to hear if it doesn't convert to a sale.

00:21:28 DeeDee Fitch: Je am leaving behind the need to hustle. Th belief that I am not enough. That me story doesn't resonate.

00:21:29 Coach Patty Voepel: I am releasing the habit of overwhelm and burn out , trying to be more then I am . My worth isn't based on how much money I make

00:21:29 Anita's iPhone: Releasing the need to impress others (ie an upline) & being my own best customer(!!)

00:21:33 Theresa Roy: I will instead lead with my truth, in my own words, as they come into my heart

00:21:37 Susana Garcia Betancourt: I'm done with the GO MASSIVELY impersonal approach.

00:21:46 Beth Hackett: Releasing anxiety that I'm not a good enough leader and can never do enough to make up for that.

00:21:50 Jennifer Logan (Webb): I am leaving behind the fear of not being knowledgeable enough, confident enough. My truth is that there are people who need to hear what I have to say.

00:22:05 Louise Edwards: releasing the fear that I am not good enough to be a leader/invite in my business, when I was a leader for decades at my J-O-B

00:22:06 Team Goyette (Jim & Kate): Letting go of the fear: That my business cannot recover from how much it has decreased.

Letting go of Scarcity Mindset

Peace led truth: I can love and serve others by being authentic and vulnerable – let my voice shine. I am enough. I can do this.

00:22:07 Kirsten Jones: Release the idea that I need to share all of my life all the time on social media

00:22:12 Shelley Miles: Releasing that I'm not enough and thinking how can I possibly lead a successful team

00:22:16 Paulla Smith: Releasing that I am not good enough, doubt, failing others.

00:22:20 Diane Marie: That a can recruit.

00:22:31 Coach Michelle Gesky: I am releasing resisting, procrastination and the illusion that I am not enough! I am releasing selling and enrolling and constantly pushing...

00:22:38 Lori Reetz: The fear led habits I am releasing is the I don't have to be stressed out about trying to post every day just to post and that I am someone that can offer value to my customers. I will now lead with calm and confidence.

00:22:50 Jeni Mauldin: I am releasing the need to chase perfection and instead show up authentically as myself.

00:23:05 Terri Jimison: I don't have to lie and set things up to look better than they really are.

00:23:08 Audra Zimpel: I'm releasing the pressure to do things the same way my Upline does even if it doesn't feel authentic to me.. Giving myself permission to be the Love-led Leader I am.. trusting that the right people will come when I'm aligned and showing up in Love, not fear.

00:23:11 Ostrowski, Jennifer: Serving with love and earning money is ok

00:23:12 Heidi Ankeny: I'm releasing the belief that my team's lack of growth is a reflection of my ability as a leader. Now I will believe that my identity will attract and inspire those who God is calling to be a part of this.

00:23:13 Newelle McDonald she/her: I'm leaving behind the grandiosity that I am the power that keeps my business going. That keeps my leaders going. I will lead from the truth that Love is all there is I't already done perfectly.

00:23:15 Sally Anderson: fear of not being relevant and the fear of having to do social media all of the time
00:23:22 Cindy Templeton: Leaving behind "old school" thinking.
00:23:25 Christy Slawson: Releasing my burnout & overwhelming feeling.
00:23:33 Louise Edwards: Replying to "Letting go of the fe..."

SO with you on this Kate!!! From Ed having a hard time making Mgr these days

00:23:34 Jasmina Bhattacharya: Leaving behind paying attention to my negative inner voice and putting constant pressure on myself - to prove
00:23:37 Bonnie Harris: Very good everyone!
00:24:21 Jasmina Bhattacharya: At work! :(cannot participate
00:26:03 Coach Kristy Wharton: Reacted to "At work! :(cannot p..." with 🔥
00:26:12 Shannon Kilbourn: at work as well
00:34:33 Cindy Templeton: Connections & relationships
00:34:41 Lisa: Maybe you will cover this but wondering what we are posting in our stories (Mon-service post, service stories, etc) and if doing m/w/f -can we post anything in our stories tues/thurs
00:35:06 Susana Garcia Betancourt: I want to keep talking with Kristan and Amy. Love chatting with them.
00:35:18 Amy Reeves: Reacted to "I want to keep talki..." with ❤️
00:35:22 Susan Cordell: Reacted to "I want to keep talki..." with ❤️
00:35:27 Amy Reeves: Replying to "I want to keep talki..."

I sent you a friend request 😊

00:35:50 Jeni Mauldin: I am having to completely unlearn the things I was taught and that's hard. Even though I never felt the old way was aligned with y beliefs, it's comfortable. Ready for change!
00:36:03 Kathryn Aceves: Reacted to "I am having to com..." with 👍
00:36:06 Karen - Linn County: Reacted to "I am having to compl..." with ❤️
00:36:13 Susana Garcia Betancourt: Reacted to "I sent you a friend ..." with ❤️
00:36:39 Wendy Lee: Megan!!! 😊
00:36:51 Team Goyette (Jim & Kate): Woot!!!
00:36:52 Kristan Gulati 💜 iPhone: Megan!!!! 💜

00:36:53 Kathryn Aceves: Hi Megan!!! LTNS!

00:36:56 Karen Lovegrove: Welcome Megan!

00:36:58 Morrigan: MEGAN!!!!!!!! THE QUEEN

00:37:05 Coach Patty Voepel: Yay Meghan! Love your book

00:37:07 Joanne Clement: Hey Megan!!!

00:37:09 Karen Kvidera: Hey Megan!!!

00:37:09 Kelli Frey: Megan!!!!!!!! You're why I'm here!!!

00:37:17 Audra Zimpel: Hi, Megan!

00:37:26 Kristan Gulati 💜 iPhone: Reacted to "I want to keep talki..." with ❤️

00:37:28 Kristan Gulati 💜 iPhone: Reacted to "I sent you a friend ..." with ❤️

00:38:16 Terri Jimison: The releasing will be hard for me. I don't want to just pile something else on.

00:38:46 Cindy Templeton: We are how we are by the choices we make or allow others to make for us.

00:38:47 Coach Michelle Gesky: I love the word choice rather than decide !!!

00:40:56 Coach Michelle Gesky: YES!

00:40:58 Susana Garcia Betancourt: Yessssss

00:41:02 Robin McCabe: I feel it!

00:41:02 Audra Zimpel: YES!

00:41:04 Lisa: YES!!

00:41:05 DeeDee Fitch: Yes

00:41:07 Beth Hackett: Yes

00:41:07 Team Goyette (Jim & Kate): Yes -

00:41:07 Kelley Manley PSU: yes!

00:41:08 Angela Fraser: Yes !!!

00:41:08 Joanne Clement: Ready

00:41:09 Charlene: Yes!!!!

00:41:10 Brenda: Yes!!

00:41:11 Christy Slawson: Yes indeed!

00:41:13 Lori Reetz: YES!

00:41:16 Karen Kvidera: Yes but still scared at the same time.

00:41:16 Theresa Roy: Yes... the shift has begun!!!!

00:41:16 Marcela Lopez: yes!!

00:41:17 Karen - Linn County: Yes, I'm ready

00:41:17 Anita's iPhone: Yep I'm ready

00:41:17 Louise Edwards: Without a team, I never felt like a leader.....but I AM one!

00:41:19 Cindy Templeton: Yes, in an authentic way

00:41:19 Karen Lovegrove: Yes!

00:41:20 Shelley Miles: Yes

00:41:24 Linda Salzwedel: Feeling nervousness - plan to get it right!

00:41:24 Coach Patty Voepel: I'm claiming it and receiving it

00:41:28 Tina: YES!!!!

00:41:50 Bad Ass Sandy Stutheit: Yes

00:41:59 Robin McCabe: That's a true coach!! 😊

00:42:12 Denise Rainier: I can't wait to be in a cohort. I know I can lead, but I still feel nervous and anxious about committing to myself.

00:42:23 Karen - Linn County: Reacted to "I can't wait to be i..." with ❤️

00:42:42 Team Your Virtual Upline: Google Form: (Activation Circle Form)
https://docs.google.com/forms/d/1O153MCGEktBgv5n_rAkKMelt3rFMvH0-ABxfvVkfYrA/edit

Facebook Group

<https://www.facebook.com/groups/1046921283681654>

Portal Page (Training Lessons, Calendar + Join Links , Resources & Bonuses)

<http://loveledgrowth.com/>

00:42:51 Coach Kristy Wharton: Reacted to "Google Form: (Activ..." with 🔥

00:42:55 Stephanie Sipek: Reacted to "Google Form: (Activ..." with 🔥

00:43:04 Jeni Mauldin: I did the survey, but haven't heard from a coach. Should I do it again?

00:43:10 Kelli Frey: Is that only for the first 100?

00:43:26 Robin McCabe: Mine went to my promo inbox - had to search for it! 😊

00:43:26 Coach Megan Weisheipl: Replying to "Is that only for the..."

We opened it up for everyone!

00:43:31 Karen Kvidera: Was it just that 1 question on what my business is doing per month?

00:43:33 Linda Salzwedel: Replying to "I did the survey, bu..."

Same here.

00:43:34 Louise Edwards: I did the surevy but to my knowledge have not heard fom anyone

00:44:01 Kathryn Aceves: Thats awesome!

00:44:18 Bonnie Harris: THANK YOU!!!!

00:44:20 Team Your Virtual Upline: Replying to "I did the survey, bu..."

Yes please kindly re-fill out the form to be sure.

00:44:34 Kelli Frey: 🙏 thank you!!!

00:44:38 Teresa Snider: I don't remember getting anything

00:44:47 Angela fraser: I just received one email. It was the welcome email.

Is that where we find the sheet to fill out ? I couldn't find it in the email

00:44:55 Kathryn Aceves: I got my email from my coach this morning

00:45:02 Kendra: Those brain neuropathways are deep. And it will be hard.

00:45:11 Lisa: Replying to "I did the survey, bu..."

@Team Your Virtual Upline same, I did another one this am

00:45:14 Terri Jimison: YES

00:45:27 Audra Zimpel: I just filled out the form quickly, but I don't believe I received an email about it.. just the welcome email.

00:45:27 Wendy Lee: Replying to "I just received one ..."

https://docs.google.com/forms/d/1O153MCGEktBgV5n_rAkKMelt3rFMvH0-ABxfvVkfYrA/viewform?edit_requested=true

00:45:33 Kendra: The brain wants the easiest way to do things. So it will revert to the old ways. It will be hard. But we can do it.

00:45:56 Louise Edwards: I just found my email - Kristy Wharton is my coach :-)

00:46:13 Angela fraser: Replying to "I just received one ..."

Thanks !

00:46:14 Coach Kristy Wharton: Reacted to "I just found my email..." with 🤔
00:46:22 Coach Kristy Wharton: Replying to "I just found my email..."

Hi Louise!

00:46:28 Coach Kristy Wharton: Reacted to "The brain wants the ..." with 👍
00:46:46 Denise Rainier: Tammy Asmus is my coach
00:47:24 Coach Megan Weisheipl: Reacted to "Megan!!!!!! You're ..." with ❤️
00:47:27 Louise Edwards: Need to head out to PT but will rewatch this later tonight to answer this last question!!!!!!

00:47:30 Hannah: Tammy!!
00:47:35 Coach Megan Weisheipl: Reacted to "Megan!!! 😊" with ❤️
00:47:37 Coach Megan Weisheipl: Reacted to "Woot!!!" with ❤️
00:47:39 Ostrowski, Jennifer: Did the form again. Can't wait to find out who my coach is.

00:47:39 Coach Megan Weisheipl: Reacted to "Megan!!!! 💜" with ❤️
00:47:41 Coach Megan Weisheipl: Reacted to "Hi Megan!!! LTNS!" with ❤️
00:47:45 Coach Megan Weisheipl: Reacted to "Welcome Megan!" with ❤️
00:47:47 Coach Megan Weisheipl: Reacted to "MEGAN!!!!!! THE QUE..." with ❤️
00:47:50 Coach Megan Weisheipl: Reacted to "Yay Meghan! Love you..." with ❤️
00:47:58 Coach Megan Weisheipl: Replying to "Yay Meghan! Love you..."

Yay, thanks for reading my book!!

00:48:01 Coach Megan Weisheipl: Reacted to "Hey Megan!!!" with ❤️
00:48:04 Coach Megan Weisheipl: Reacted to "Hey Megan!!!" with ❤️
00:48:08 Coach Megan Weisheipl: Reacted to "Hi, Megan!" with ❤️
00:48:24 Hannah: It would feel like freedom! And fun again
00:48:43 DeeDee Fitch: Exhilarating. As it should be!
00:48:55 Terri Jimison: why is it so hard for me to answer that question?
00:49:27 Terri Jimison: I don't think I've ever had an example of that to follow.
00:49:27 Linda Salzwedel: I have filled out the form twice but have not received an email from a coach.
00:49:34 Toni Frere: Lead with fun, free dome and service to others, connecting and making people feel comfortable & heard.

00:49:35 Coach Michelle Gesky: I can see you're a bob

00:49:36 Hannah: Because you've never felt it

00:49:50 Lisa: Relief ...

00:49:53 Lori Reetz: It will feel confident, calm and courageous so show up as a leader.

00:49:54 Jennifer Logan (Webb): It would be amazing to feel like I'm beginning to grow into who I was meant to be.

00:49:55 Charlene: My shoulders relaxed as you read the question. I know this is who and where I am meant to be.

00:50:06 Coach Michelle Gesky: So much joy!!!

00:50:17 Linda Salzwedel: I'll learn that people will come to me with interest, instead of me bugging them to buy. I'll become more confident and certainly more helpful.

00:50:21 Robin McCabe: Took a minute!

00:50:27 Angela Fraser: Yes

00:50:43 Jeni Mauldin: Relief - I believe I'm where God wants me, so to see the fruits of my hard work and willingness to show up will be such a relief and validation.

00:50:52 Paulla Smith: 🙏

00:50:56 Morrigan: neurodivergent brains are strength because how we look at the world different is needed. a breathe of fresh air since most neuro spicy content focuses on the conflict of it. probably a logical answer.

00:51:00 Karen Kvidera: Like I am building a community of success stories. Happiness and belief that everything is possible!

00:51:03 Team Goyette (Jim & Kate): Like I own my business and am courageous enough to follow the God given dream He placed in my heart. It will feel like I am on purpose again.

00:51:03 Teresa Snider: I would feel more content

00:51:04 Coach Kristy Wharton: Reacted to "I have filled out th..." with 👍

00:51:10 Cindy Templeton: After 30 years - energizing and redeeming the decision I felt God was calling me to.

00:51:12 Terri Jimison: I'm not behind... I'm right on time !!!

00:51:21 Kathryn Aceves: Reacted to "I'm not behind... ..." with 👍

00:51:31 Joanne Clement: I would feel free and have fun again

00:51:32 Amy Brown: I look to this as unraveling unhealthy business habits to creating new healthier habits for MY business.

00:51:33 Heidi Ankeny: It would be refreshing and life giving. Exciting and fulfilling. Fun

00:51:39 Coach Kristy Wharton: Replying to "I have filled out th..."

Linda you are in my cohort and ive sent two emails. ill PM you directly here to check the email accuracy

00:51:45 Denise Rainier: Reacted to "I look to this as un..." with ❤️

00:51:45 Audra Zimpel: Joyful, peaceful RHYTHM!

00:51:49 Julie Peters: Peace is Powerful...It's makes me feel empowered and confident in my authentic voice and adding value to people.

00:52:00 Tina: So excited to see myself grow

00:52:13 Terri Jimison:more JOY

00:52:50 Karen Lovegrove: It will be freeing, less stressful. It will feel honest and sincere. It will feel so good to serve others.

00:52:56 Linda Salzwedel: That sounds awesome

00:53:28 Amy Brown: Replying to "I have filled out th..."

@Coach Kristy Wharton I did send you a fb message - I couldn't access our activation group.

00:53:56 Deanna's iPhone (2): Current consultants too?

00:53:57 Hannah: When we get into the FB group? I've answered the question

00:54:05 Coach Kristy Wharton: Reacted to "@Coach Kristy Wharto..." with 👍

00:54:05 Linda Salzwedel: Reacted to "Linda you are in my ..." with ❤️

00:55:24 Angela fraser: What if I have just started ? I have only been in this industry for 2 months, very fast I realized the way my upline was telling me to do things just didn't sit with me

00:56:04 Dr Shira (she/her): could you put the question up...i missed it

00:56:13 Team Your Virtual Upline: Replying to "When we get into the..."

Should be accepted in a few minutes/hours as we have the current live session now :)

00:56:54 Linda Salzwedel: It's very hard to think because of all the demo noise in here right now! LOL I may have to come back to this later.

00:57:28 Cindy Templeton: This is difficult as I feel i can't lead the way I was taught to before. I cringe thinking about sharing with someone as I don't feel ready.

00:57:29 Denise Rainier: I'm so new in my business with very few customers, this is a hard one

00:57:48 Coach Kristy Wharton: This is something you will do again and again btw, thats okay!

00:58:32 Karen Lovegrove: I am finding this very difficult as weel

00:58:50 Hannah: I think I only have 5 customers 😞

00:59:08 Coach Kristy Wharton: Replying to "What if I have just ..."

Realize you are in a great place...you have "less to release" in terms of the strategies rooted in fear for our business model. You are right where you are supposed to be...

00:59:08 Tina: That's me

00:59:19 Terri Jimison:How to transition into this new way

00:59:42 Cindy Templeton: YES!!!! The result - pulling them up the "ladder of success"

00:59:50 Hannah: That's all I ever did that's what I was taught

01:00:34 Bonnie Harris: That is so good!

01:01:23 Terri Jimison: 😞 my first thought was that they want support but always say they can't afford it.... I have to release that thought !!!

01:01:35 Coach Kristy Wharton: Replying to "This is difficult as..."

That is a very common fear based feeling... but what if "leading" is walking alongside someone on their X (whatever solution you help with) journey.

01:02:29 Team Your Virtual Upline: Google Form: (Activation Circle Form Fill out the form)

https://docs.google.com/forms/d/1O153MCGEktBgv5n_rAkKMelt3rFMvH0-ABxfvVkfYrA/edit

Facebook Group

<https://www.facebook.com/groups/1046921283681654>

Portal Page (Training Lessons, Calendar + Join Links , Resources & Bonuses)
<http://loveledgrowth.com/>

01:02:30 Terri Jimison:Replying to "This is difficult as..."

I'm in our group :-) Can't wait to change this thought.

01:02:42 Coach Kristy Wharton: <http://loveledgrowth.com/>

01:02:42 Cindy Templeton: Reacted to "That is a very commo..." with ❤️

01:03:11 Bonnie Harris: I am so excited for this training and evolving into the love led leader that is inside of me I just need to pull her out

01:03:52 Cindy Templeton: Replying to "This is difficult as..."

@Coach Kristy Wharton 30 years of undoing the fear - We've got our work cut out for us.

01:04:16 Becki Taylor: can we reverse and find the welcome video??

01:05:00 Susan Cordell: Same question! I started to watch but then had to pause and now I can't find it.

01:06:44 Brenda: Replying to "can we reverse and f..."

I logged out and then logged back in and the welcome video came up again..

01:06:58 Karen Lovegrove: Are we still posting this week

01:07:13 Susan Cordell: Reacted to "Are we still posting..." with 🙌

01:07:30 Coach Ashley Prieto: If you click on course dashboard and the top and then LLG, it will repopulate. It will be added to the top of the page.

01:07:44 Coach Kristy Wharton: Replying to "Are we still posting..."

Keep doing what youre already doing in that category or what youve done in Transformed.

01:07:52 Susan Cordell: Reacted to "If you click on cour..." with 👍

01:08:25 Terri Jimison:We don't have ChatGPT prompts for transformation posts.

01:08:48 Marcela Lopez: Reacted to "We don't have ChatGP..." with 👍

01:08:57 Kristan Gulati 💜 iPhone: I'm not seeing the program in my course dashboard, who do I contact for that?

01:09:03 Coach Kristy Wharton: Replying to "We don't have ChatGP..."

Keep doing what you have already done for content if you dont have those.

01:09:19 Pam Reece: Thank you!!!

01:09:19 Team Your Virtual Upline: Google Form: (Activation Circle Form Fill out the form)

https://docs.google.com/forms/d/1O153MCGEktBgv5n_rAkKMelt3rFMvH0-ABxfvVkfYrA/edit

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01:09:20 Robin McCabe: Thank you so much!!

01:09:21 Cindy Templeton: Thank you! Very excited!

01:09:23 Bonnie Harris: Thank you Bob!

01:09:23 Paulla Smith: Thank you!

01:09:23 Karen - Linn County: Replying to "Yay Meghan! Love you..."

Thank you!

01:09:26 Jeni Mauldin: Thank you!

01:09:26 Becki Taylor: Reacted to "I logged out and the..." with 🎯

01:09:26 Karen Kvidera: Thanks Bob!!!!

01:09:27 Coach Patty Voepel: Thank you

01:09:30 Team Your Virtual Upline: Replying to "I'm not seeing the p..."

reach out to support@yourvirtualupline.com

01:09:31 Charisse Heard: Thank you!

01:09:32 Coach Kristy Wharton: Replying to "I'm not seeing the p..."

Contact support@yourvirtualupline.com

01:09:32 Audra Zimpel: Thank you!!!!

01:09:33 Brenda: Thank you.

01:09:33 Christy Slawson: Thank you!

01:09:37 Team Goyette (Jim & Kate): Thank you!!

