

Chat Transcript – Weekly

LOVE-LED™ Breakthrough Coaching & Strategy Session

00:00:55 Fireflies.ai Notetaker Ashley: Talk to Fireflies:

• Type: /ff help
to get started.

View real-time notes and transcription for this meeting here:

https://app.fireflies.ai/live/01JR3P00XAHSSMXRPB31HSWS?ref=live_chat

00:01:07 Liza Johnson: Hello from SLC, UT

00:01:42 Wendy Warawa: Hello from Calgary Canada.

00:02:05 Brenda Hammond: Hello from Oklahoma

00:02:27 Gina Everson: Hello!

00:02:29 Nicole Sapriken (she/her): Good afternoon all

00:03:20 Julia Nix: Kristy helped me articulate my mission AND told me what to do with it

00:03:32 Liza Johnson: I'm feeling more confident in the ask.

00:04:10 nicki: signed 2 clients this week, I am working on phone and fb direct connections with friends that I rarely talk to be I know would trust me.

00:04:13 Hilleri Dickey: The coaching feeds into my day job too and making me a better person

00:04:54 Laura Rodgers: Seeing more growth, had a new past customer this week & people are coming to me

00:05:01 Gina Everson: I made it through the week while taking care of my sick granddaughter. Sat down today to go through all my likes, loves and comments from the past week, now to send messages.

00:05:14 Nicole Sapriken (she/her): I feel confident in my content after a page audit

00:05:27 Linda Stram iPhone: Signed up a coach last night and she signed up her first client right after. I believe I finally found someone who's like me!!

00:05:37 Coach Ashley Prieto: Reacted to "The coaching feeds i..." with ❤️

00:05:37 Wanda Turmes: I'm excited that I have a plan for moving to a group coaching model with my current clients and will be doing a mock run with a few coaching partners the next 4-6 weeks 🥳

00:05:40 Coach Ashley Prieto: Replying to "The coaching feeds i..."

LOVE this!

00:06:06 Coach Ashley Prieto: Reacted to "I'm excited that I h..." with 🙌

00:06:12 Coach Ashley Prieto: Reacted to "Signed up a coach la..." with 🙌

00:06:17 Coach Ashley Prieto: Reacted to "I feel confident in ..." with ❤️

00:06:18 Liza Johnson: Love that Hilary

00:06:25 Hilleri Dickey: Reacted to "LOVE this!" with

00:06:29 Cheryl Mabry: 1000% Connected how coaching is feeding my other endeavors

00:06:57 Hilleri Dickey: Reacted to "Love that Hilary " with

00:07:02 Coach Ashley Prieto: Reacted to "1000% Connected how ..." with 🙌

00:07:26 Chelsea Dolby: Im creating my onboarding system for new consultants in my team

00:07:36 Cheryl Mabry: YAY IINDA

00:08:16 Julia Nix: Congratulations to that client who lost 140 pounds!!! Wow!

00:08:28 Wanda Turmes: I received my monthly income check today from March and it is way more than my weekly and monthly income combined prior to 30 Days!!!

00:09:17 Hilleri Dickey: Reacted to "1000% Connected how ..." with

00:09:47 Nicole Sapriken (she/her): Reacted to "I received my monthl..." with ❤️

00:10:03 Cheryl Mabry: More convos, made 10 in person contacts, 1 new client

00:10:06 Laura Rodgers: Had a new past customer sign up for the win

00:10:45 Hilleri Dickey: @Wanda Turmes love your transparency sweet lady.

00:11:04 Cheryl Mabry: YES, I smiled to see that monthly bonus!

00:11:15 Kelley: Thank you @Wanda Turmes for sharing!

00:11:41 Laura Rodgers: Love this

00:12:00 Chelsea Dolby: Amazing

00:12:10 Kim Bemis: And you are helping so many people! That's awesome, Wanda!!

00:12:49 Julia Nix: THE best word: INTENTIONAL!!

00:13:35 Cheryl Mabry: Time to step up my Intentionality

00:14:45 Trish Koppendrayer: Following and trusting the process.

00:14:46 Hilleri Dickey: Going back and using your specific chatGPT

00:14:53 Chelsea Dolby: I did my story this week and went Live in Insta

00:15:02 Gina Everson: Conversations, the Value add follow up and the ask.

00:15:11 Taylor Berlin: I'm struggling with using the ChatGPT prompts for reels, they're still taking longer than they should 😊

00:15:18 Kelley: I need help with content. My help statement is I help overwhelmed moms decrease screen time with the little ones to connect through reading.

00:15:21 Nicole Sapriken (she/her): I am being intentional about getting my one teammate off the ground with me as a coach not a teacher

00:15:42 Jenny Nolt: I am struggling with bringing people back to their why, when they are ready to buy, but then don't.

00:16:34 Diana Henry: Reaching out to more people and not making it about me.

00:16:37 Laura Rodgers: Staying with the core-4's and my reach outs and talking to my current and past clients and loving on them. Consistently.

00:16:59 Liza Johnson: I'm curious: What I can do to improve my posts?

00:17:14 Liza Johnson: Replying to "I'm curious: What I ..."

<https://www.facebook.com/share/r/1BjgQLhJ48/>

00:23:47 Chelsea Dolby: Is it ok to go back to value posts from a couple of weeks ago and reach out to likes/loves?

00:26:00 Cheryl Mabry: reminds me of FF training in a dark maze....do I go up, down, back, left...

00:26:36 Cheryl Mabry: focus

00:26:56 Coach Ashley Prieto: Replying to "Is it ok to go back ..."

yep

00:27:14 Chelsea Dolby: Reacted to "yep" with ❤️

00:27:19 Nicole Sapriken (she/her): Lmao the visual of Bob sitting on his kids "listen to me read to you"

00:29:23 Autumn Hokenson: Lol second child sendrome

00:29:46 Coach Ashley Prieto: Reacted to "Lol second child sen..." with 100

00:29:51 Cheryl Mabry: YES, authentic connection

00:30:06 Autumn Hokenson: Parents want to know the value of the content of the books. They don't have time to preread them - you can guide what they need without them having to read it

00:30:30 Jenny Nolt: Teaching kids how to learn.

00:31:28 Cheryl Mabry: desire/interest in ADVENTURE seeking thru books

00:34:22 Coach Ashley Prieto: Good marketing

00:35:01 Kelley: Replying to "Parents want to know..."

thank you!

00:39:40 Laura Rodgers: How do you do a add on to your reels. Do you do another reel & add it to continue it That is what I did

00:40:55 Taylor Berlin: Replying to "I'm struggling with ..."

They prompts are great for FB and captions but not sure how to get ChatGPT to shorten the value for reels

00:43:24 Hilleri Dickey: I would Love a content class or classes to really dial in the clarity on what I've actually posted and how to make my posts better and clear to really gain the traction I'm looking for.

00:43:41 Laura Rodgers: Some haven't seen them to

00:45:24 Liza Johnson: Lol

00:46:00 Nicole Sapriken (she/her): Wooooo hoooo

00:46:04 Laura Rodgers: Love this

00:46:04 Cheryl Mabry: Don't know what we don't know

00:47:33 Julia Nix: Ahh. TRANSFORMED. Loved it!

00:48:12 Hilleri Dickey: That's awesome

00:49:18 Taylor Berlin: Is there any tips for clarifying the ChatGPT prompts for Instagram Reels.

00:50:16 Belinda Parrish: Will the replay from yesterday's training show in our LSG portals?

It was an amazing training 💕💕

00:50:22 Annette Aguiar: This call is still on the calendar from y'all
00:50:28 Liza Johnson: Has there been any changes in the scripts or content since last 30 days or LSG?
00:52:18 Team Your Virtual Upline: Replying to "Has there been any c..."

Updated ChatGPT toolkit is already uploaded in the portal and the Boards App scripts are up to date as well.

00:55:00 Liza Johnson: Lol. My husband was laughing because Bob is so logical. Why don't we do fewer? We women... 🙄🙄

00:57:13 Taylor Berlin: Reacted to Lol. My husband was... with "😂"

00:58:20 Stephanie Sipek: The updated ChatGPT toolkit was added to the portal yesterday!

00:58:31 Belinda Parrish: The words were slightly different and were very encouraging ❤️

00:58:37 Stephanie Sipek: It is under Lesson 3 and in the Resource section

00:58:45 Hilleri Dickey: Reacted to "The words were sligh..." with 🙌

00:59:12 Taylor Berlin: Reacted to The updated ChatGPT ... with "❤️"

00:59:19 Taylor Berlin: Reacted to The words were sligh... with "👍"

01:01:27 Cheryl Mabry: Did a personal/non Optavia post yesterday w/ a TON of engagement - 66 likes/loves

01:01:28 Laura Rodgers: Great

01:01:42 Chelsea Dolby: Awesome thanks Bob

01:01:46 Laura Rodgers: Thank you

01:01:47 Nicole Sapriken (she/her): Have a great vacation