

Chat Transcript – Weekly LOVE-LED™ Breakthrough Coaching & Strategy Session

00:02:08 Nicole Sapriken (she/her): Good afternoon everyone
00:02:16 Coach Tammy Asmus: Reacted to "Good afternoon every..." with ❤️
00:02:30 Susan Restad: Hi!!!
00:02:33 Coach Tammy Asmus: Reacted to "Hi!!!" with 🥰
00:02:42 Leigh Card: Terrific song! Afternoon everyone!
00:02:46 Krissy Vick: Hey from Los Angeles!
00:02:56 Alicia Hanlon: Hello!
00:03:06 Teresa Reid: Hello everyone!
00:03:11 Coach Tammy Asmus: Reacted to "Hey from Los Angeles..." with ❤️
00:03:13 Gina Everson: Hello!!!
00:03:15 Coach Tammy Asmus: Reacted to "Hello!!!" with ❤️
00:03:16 Coach Tammy Asmus: Reacted to "Hello everyone!" with ❤️
00:03:20 Coach Tammy Asmus: Reacted to "Hello!" with ❤️
00:04:49 Stephanie Guerra: Super Awesome!
00:05:00 Wanda Turmes: I have!
00:05:01 Casey & Angela Cox: YES
00:05:01 Leigh Card: yes
00:05:01 Lisa Olsen: Yes
00:05:02 Amanda & Marcus Williams: YES
00:05:02 Chelsea Dolby: yes
00:05:03 Staci Eubanks: yes
00:05:03 Amy Reeves: Yes
00:05:04 Nicole Sapriken (she/her): Did it for the most part
00:05:05 Nicole Bowles: yes
00:05:05 Teresa Reid: Yes

00:05:05 Paige Welch: Halfway through

00:05:06 Susan Restad: no

00:05:07 Amber Corasaniti: yes

00:05:07 Ryan Foster: Yes

00:05:08 lauren cormier: yes

00:05:08 Gina Everson: I have, started and shared a post on my FB page

00:05:10 Linda Foster: Yes

00:05:10 Vicki Sutton: yes

00:05:10 Laura's iPad: Yes

00:05:10 Regina Noetzoldt: Yes

00:05:11 Raechel McClaskey: yes

00:05:13 Casey & Angela Cox: COMPLETED IT ALL

00:05:13 Hilleri Dickey: Yes and started assignment

00:05:17 PaulaAnn NJ: yes

00:05:20 Cheryl Mabry: Yes, started

00:05:23 Linda schymik: Need to get there

00:05:34 Linda schymik: Been traveling this week

00:05:36 Eva Snedden: did the lesson but haven't done the assignment

00:05:37 Betty Jane's iPad: Yes...I am just starting to answer the questions.

00:05:51 Diane Nix: Yes

00:05:57 amieb: My lesson this week was 3 Transform your results on social media with value content nothing about my story

00:06:01 Coach Kristy Wharton: Reacted to "Yes" with 🔥

00:06:50 Coach Tammy Asmus: Replying to "My lesson this week ..."

That was in the 30-1K program.

00:07:00 amieb: Replying to "My lesson this week ..."

yes

00:07:12 Coach Tammy Asmus: Replying to "My lesson this week ..."

@amieb This is for LSG students.

00:07:12 Coach Kristy Wharton: Replying to "My lesson this week ..."

Hi Marlene youre in 30 days program this info is for our LSG program

00:08:45 amieb: Replying to "My lesson this week ..."

Well it's all good. I'm listening!! 😊

00:11:13 Amber Corasaniti: Replying to "My lesson this week ..."

Did we already do this? I already have this graph 😊 Am I in wrong group?

00:11:54 Megan Weisheipl: Replying to "My lesson this week ..."

He taught it on the training this Monday and he is recapping it now.

00:12:05 Amber Corasaniti: Replying to "My lesson this week ..."

OK, thank you !

00:15:48 Nicole Sapriken (she/her): People aren't at 3 so it makes sense that they won't connect with that

00:16:30 Coach Kristy Wharton: Reacted to "People aren't at 3 s..." with 🙏

00:16:33 Amber Corasaniti: Replying to "My lesson this week ..."

completed

00:16:38 Wanda Turmes: What if we already shared it

00:16:41 Cheryl Mabry: Completed

00:16:44 Amber Corasaniti: Replying to "My lesson this week ..."

yes

00:16:48 Eva Snedden: Replying to "My lesson this week ..."

I am such an overthinker. Stuff like this stresses me out 🙏

00:17:11 Paige Welch: Yay, Cheryl!!

00:17:26 Amanda Williams: completed 😊

00:17:54 Coach Tammy Asmus: Reacted to "completed 😊" with 🥰

00:18:07 Nicole Sapriken (she/her): Completed

00:18:38 Coach Tammy Asmus: Reacted to "Completed" with ❤️

00:22:16 Marcus Ratcliff: That sounds pretty important

00:23:12 Coach Ashley Prieto: hopeless

00:27:31 Cheryl Mabry: Started a series of videos yesterday (for future stories) reflecting on having back pain/back surgery...and I put on my old back brace

00:28:15 Coach Tammy Asmus: Reacted to "Started a series of ..." with ❤️

00:28:45 Cheryl Mabry: Connected Amanda

00:29:00 Jennifer Peterson: Reacted to "Started a series of ..." with ❤️

00:29:26 Jennifer Peterson: *useless...wow

00:29:54 Paige Welch: Definitely connects@

00:29:59 Shelby Mirrotto: Useless...oof

00:30:11 Teresa Reid: Powerful!

00:30:11 Laura's iPad: It's funny bc as an empty nester.. i told my husband... i felt that i got fired from my job as a mom as the kids moved out

00:30:20 Homa:How many minutes should be the video or how long the written story should be? 3 min?

00:30:31 Cheryl Mabry: Reacted to "It's funny bc as an ..." with 😊

00:30:35 Laura's iPad: So I'm using some of this on the other end.. I have a career but I don't have my kids at home needing me in the evenings

00:30:47 Shelby Mirrotto: SO TRUE, Laura! Like we were passed over for a promotion. 🤔

00:30:58 Laura's iPad: Yes !

00:31:08 Laura's iPad: When I told my husband this.. he like didn't get it at all

00:31:17 Shelby Mirrotto: Reacted to "When I told my husba..." with ❤️

00:31:19 Cheryl Mabry: Replying to "So I'm using some of..."

Connected Laura. No kids here. wanna connect more on this ?

00:31:24 Laura's iPad: I'm so glad i have my business... i have told people it keeps me busy since I'm not running to sports

00:34:17 Gina Everson: I shared with Coach Tammy two mine this week...

00:34:56 Lisa Olsen: I am focusing on my business story but I didn't know I was doing a business so I don't know that I had any feelings other than the objections

00:34:59 Chelsea Dolby: me

00:34:59 Linda Foster: I do

00:35:26 Amber Corasaniti: I do ..product related

00:35:30 Taylor Berlin: For the business, it says focus on 1 of the 3 categories. I'm struggling with separating out which one is more my focus.

00:35:58 Natalie Robtoy: How do I do the problem if I'm in a different life stage? I started as a single kidless college girl. Now I'm a married homeschooling mom of 3 kids. My 18 year old skincare concerns aren't similar to my late 30s skincare concerns.

00:36:57 Nicole Sapriken (she/her): Does this make sense?

"my hands physically were crapping out on me, causing me to have to scale back a lot at the online comic shop that I absolutely loved working at. And then Covid hit. That caused the entire Comic industry to come to a grinding halt. I wanted to be able to work from home because it felt safer, plus that's just the way I work best, plus I needed something that would allow me to take the time when I needed for my hands to rest. I wanted more meaning than just a job as well. I wanted something that would help people. I did start with another network marketing company, and to be honest their business model went against my morals, and it kinda shaved my personality too much so I was looking for something that gave me a lot more soulful meaning rather than just something to do.

"

00:38:02 Taylor Berlin: Replying to "For the business, it..."

@Coach Tammy Asmus

00:38:17 Eva Snedden: When I first started (10 years ago or so) I did it just for fun and to get products at a discount, and maybe make some money. But never did anything with it. Now I am on company 3 and went there for different reasons. Not sure how to put this in a story

00:38:39 Cheryl Mabry: connected Gina

00:38:44 Coach Tammy Asmus: Replying to "For the business, it..."

What is the main one...

00:38:48 Chris Wenstrom: I'm ready

00:40:19 Taylor Berlin: Replying to "For the business, it..."

I lean towards purpose and meaning but the opportunity and money was a huge reason I jumped into the business as quickly as I did

00:41:13 Cheryl Mabry: Reacted to "I lean towards purpo..." with 

00:41:13 Amy Varghese: I'm struggling to come up with having a deep emotional connection for why I started using the products.

00:41:16 Coach Tammy Asmus: Replying to "For the business, it..."

@Taylor Berlin What were you feeling at that time...more about needing purpose or was it the financial situation?

00:41:23 Wanda Turmes: That has been a huge shift in my mindset this week as I move from weight loss on our program to maintaining my health on my own with a healthy lifestyle. I didn't even think to be sharing the now of my journey until this!

00:42:01 Cheryl Mabry: Replying to "I'm struggling to co..."

I feel this too

00:42:21 Coach Tammy Asmus: Reacted to "That has been a huge..." with ❤️

00:42:24 Cheryl Mabry: Reacted to "That has been a huge..." with ❤️

00:42:32 Cheryl Mabry: Reacted to "That has been a huge..." with 🙌

00:42:44 Taylor Berlin: Replying to "For the business, it..."

Both, but I think I was doubtful I could make money doing it

00:44:01 Michelle V: I started because my daughter was using it and I thought I'd see what happened if I took the product. I didn't have a reason for myself.

00:44:08 Coach Tammy Asmus: Replying to "For the business, it..."

@Taylor Berlin I think from what you shared yesterday it was the money - because you felt like although homeschooling is the hardest job in the world, you were not contributing to the family finances. Would you agree...

00:44:12 Cheryl Mabry: @Laura's iPad can you send me a fb messenger?

00:44:52 Taylor Berlin: Replying to "For the business, it..."

Yeah that makes sense. So just focus on that? Don't tie in the purpose.

00:45:33 Stephanie Guerra: Being exhausted makes me feel like a bad mom

00:45:37 Coach Ashley Prieto: Like a failure

00:45:41 Cheryl Mabry: yep, why do I need an afternoon nap?

00:46:25 Coach Tammy Asmus: Replying to "For the business, it..."

@Taylor Berlin I think you can tie it in – moms will relate and then you can tie in “Not to mention, I had lost my sense of purpose”

00:46:55 Cheryl Mabry: I'm pulling up the "feeling wheel" to grab some words I connect with

00:47:16 Taylor Berlin: Replying to "For the business, it..."

Okay thank you so much!!

00:47:20 Cheryl Mabry: a little trust

00:48:01 Coach Ashley Prieto: Is she a Love Serve Grow student? 🤔

00:48:22 Stephanie Guerra: Replying to "Is she a Love Serve ..."

that's what I was wondering 😏

00:49:52 Taylor Berlin: Reacted to Is she a Love Serve ... with "😏"

00:50:02 Nicole Sapriken (she/her): Replying to "Is she a Love Serve ..."

I was thinking that too

00:50:04 Chelsea Dolby: Vomit lol

00:50:08 Megan Weisheipl: Replying to "Is she a Love Serve ..."

Sounds like it!!

00:50:51 Hilleri Dickey: How are you guys sharing the story. Post, live or both? never mind BOB just answered. Yay

00:51:53 Linda schymik: I want to do mine live ... but need to make sure it's right

00:52:12 Liza Johnson: How do you figure out the beginning when you stated , as a 69 year old women who just finished getting a second college degree & covid was just beginning, I just trusted the person who showed me the business. I thought I'd do it in the interim

00:52:13 Nicole Sapriken (she/her): Replying to "I want to do mine li..."

Imperfect is more relatable

00:52:32 Homa: Can we have more examples about the business story please?

00:52:32 Cheryl Mabry: Reacted to "How do you figure ou..." with 😏

00:52:39 Nicole Sapriken (she/her): Reacted to "How do you figure ou..." with ❤️

00:52:41 Beverly Skivolocki: Reacted to "How do you figure ou..." with ❤️
00:53:07 Paige Welch: I do
00:53:09 Chelsea Dolby: me
00:53:18 Nicole Sapriken (she/her): I do
00:53:35 Cheryl Mabry: WooHoo Paige!
00:54:04 Megan Weisheipl: Reacted to "How do you figure ou..." with ❤️
00:54:28 Autumn Hokenson: If money is a concern for your product story- how do you keep it a product story and not a business story- I have a bad connection and may have to come back and watch the recording to get my answer
00:54:37 Amanda Williams: Replying to "How are you guys sha..."

I'm trying both because I know folks consume content differently. Some relate to lives some like posts or even carousel posts.

00:55:38 Cheryl Mabry: Purpose/meaning for ME, \$\$ for my hubby
00:57:49 Cheryl Mabry: Didn't feel like I could buy something with my hubby's \$\$
00:58:20 Homa: Can I?
00:58:30 Lisa Olsen: I would love some coaching
00:58:42 Amber Corasaniti: how often do we share it?
00:59:05 lauren cormier: Id love to
00:59:34 Cheryl Mabry: Wanted to not feel guilty having lunch with a friend, pedicure, or getting hair done
01:00:15 Cheryl Mabry: Did you find me @Laura's iPad ?
01:00:35 Laura's iPad: And you lose it again
01:00:43 Laura's iPad: Reacted to "Wanted to not feel g..." with 🧑🏻
01:01:36 Cheryl Mabry: didn't know I wanted/needed personal growth and confidence
01:03:03 Coach Kristy Wharton: Reacted to "didn't know I wanted..." with 🧡
01:03:03 Cheryl Mabry: friend did other home based business and always had inventory and spent all her earnings on products
01:03:12 lauren cormier: can fear of things never changing be the reason why saying yes?
01:03:29 Coach Kristy Wharton: Replying to "can fear of things n..."

Lack of challenge

01:04:09 Coach Kristy Wharton: Replying to "can fear of things n..."

Yep fearful ive stopped growing

01:04:15 Coach Kristy Wharton: Reacted to "can fear of things n..." with 🙏

01:04:33 Coach Kristy Wharton: Replying to "can fear of things n..."

Describe how you felt being where you were... feeling words

01:05:42 Hosanna Miller: That speaks volumes to a listener, when a person with background speaks highly of a product or Bizz!

01:05:53 Stephanie Guerra: Reacted to "That speaks volumes ..." with ❤️

01:05:55 Nicole Sapriken (she/her): Reacted to "That speaks volumes ..." with ❤️

01:05:58 lauren cormier: Replying to "can fear of things n..."

unsure of how to change my circumstamnces of having to work but no longer wanting to do my job that I went to college for

01:07:42 Cheryl Mabry: What Bob just said can go really well for my health background too. SO Grateful!!!

01:07:47 Coach Tammy Asmus: Reacted to "What Bob just said c..." with 🥰

01:07:49 Taylor Berlin: Yupp, I need to go back and listen to the training again and get this nailed down 😊😂

01:07:54 Coach Tammy Asmus: Reacted to "Yupp, I need to go b..." with ❤️

01:08:12 Homa:Thank you

01:08:12 Lisa Olsen: Trying to use chat gpt to help me and thinking how cool it would be to have a template like the one last week