

Weekly LOVE-LED™ Breakthrough

Coaching & Strategy Session

2.28.2025

00:02:29 Coach Danielle Cole: Hi everyone!

00:02:34 Laura Rodgers: Hello Everyone

00:02:37 Nicole Sapriken (she/her): Good afternoon all

00:02:38 Gina Everson: Good afternoon!

00:02:39 Liza Johnson: Hello 🖐️

00:02:49 Pam: Hello from Texas!

00:02:50 Krissy Vick: Hey from Los Angeles

00:02:55 Coach Tammy Asmus: Reacted to "Hey from Los Angeles" with 🥰

00:03:05 Coach Tammy Asmus: Replying to "Hey from Los Angeles"

Hot again today!!!

00:03:15 Wendy Warawa: Hello from Calgary Alberta

00:03:23 Stephanie Guerra: 🖐️ Hello!!

00:03:29 Coach Tammy Asmus: Happy Friday!!! Xoxo, Coach Tammy

00:04:08 Pam: Reacted to "Happy Friday!!! Xox..." with 💕

00:04:12 Tammy 😊 Bauer: Hello from Windy 🌬️ Indiana

00:04:28 Coach Tammy Asmus: Reacted to "Hello from Windy 🌬️..." with ❤️

00:04:32 lauren cormier: hey from louisiana happy mardi gras weekend

00:04:38 Gina Everson: Reacted to "Happy Friday!!! X..." with 🖐️

00:04:41 Coach Tammy Asmus: Replying to "Hello from Windy 🌬️..."

Sorry...86 here today is Sunny CA

00:04:45 Coach Danielle Cole: Flex it peeps!!! Tell us your wins!!!

00:04:49 Lindsay FitzPatrick: Brought an old customer back!

00:04:49 Kristy Wharton: Let hear those FRI YAYs

00:04:49 Erin Avila: 100 up in business and I'm freaking proud of it

00:04:51 Susan Restad: Woo Hoo, got an enrollment/order!

00:04:53 Scott & Lori Warman: 2 new clients this week,

00:04:56 Pam: 1 new customer and went to a networking event

00:04:59 Coach Tammy Asmus: Reacted to "Brought an old custo..." with 🥰

00:04:59 Tammy 😊 Bauer: Replying to "Hello from Windy 🌬️..."

🤔😅

00:05:04 Coach Tammy Asmus: Reacted to "100 up in business an..." with ❤️

00:05:04 Coach Danielle Cole: Reacted to "1 new customer and w..." with ❤️

00:05:07 Coach Tammy Asmus: Reacted to "Woo Hoo, got an enro..." with 🥰

00:05:07 Taylor Berlin: Created a follow up guide yesterday for problems prospects have!! Used ChatGPT and it took me less than 4 hrs n

00:05:07 Coach Danielle Cole: Reacted to "2 new clients this w..." with ❤️

00:05:10 Coach Tammy Asmus: Reacted to "2 new clients this w..." with 🥰

00:05:10 Gina Everson: Started off slow, but reclaimed my week starting Wednesday.

00:05:10 Coach Danielle Cole: Reacted to "Woo Hoo, got an enro..." with ❤️

00:05:12 Stephanie Guerra: Consistency and learning how to use the tools available to me

00:05:14 Susan Jobb: new biz partner

00:05:15 Amy Reeves: A new customer

00:05:15 Jennifer Peterson: Midweek slump of not following through with my goals...recharged today to get back into action!

00:05:15 Gina Harbison: Hit qualification for rank up!

00:05:17 Leigh Card: 2 AO"s to Hot Leads, Set up 1:1 for next week!

00:05:17 Stacey Reeves Owens: Staying consistent

00:05:21 Krissy Vick: Kiddo won the lottery to our school of choice, working a landscape design job, and engaged in some great conversation using the core 4 and authentic outreach

00:05:22 lauren cormier: learning to be ok with where i am

00:05:22 Coach Tammy Asmus: Reacted to "Created a follow up ..." with ❤️

00:05:25 Wanda Turmes: I have onboarded a total of 20 clients for the past 4 months so I'm celebrating the consistency and growth in my business!

00:05:26 Coach Tammy Asmus: Reacted to "Started off slow, bu..." with 🥰

00:05:27 Coach Danielle Cole: Reacted to "Started off slow, bu..." with ❤️

00:05:28 Coach Tammy Asmus: Reacted to "Consistency and lear..." with ❤️

00:05:29 Liza Johnson: Custtexting to order, showing up daily

00:05:30 Tiffany Rilling: 3 customers this month, showing up to do the work daily, & making friends here within our group!!!

00:05:31 Coach Danielle Cole: Reacted to "Consistency and lear..." with ❤️

00:05:31 Nicole Sapriken (she/her): Reacted to "100 up in business an..." with ❤️

00:05:32 Paige Welch: At the end of the month, resisted the urge to go transactional and stayed true to the course and asking questions!

00:05:36 Coach Danielle Cole: Reacted to "new biz partner" with ❤️

00:05:38 Paige Welch: Yay, Erin!!

00:05:42 Coach Danielle Cole: Reacted to "A new customer" with ❤️

00:05:43 Betty Jane's iPad: 2 old clients are about to place an order after a long time

00:05:44 Coach Tammy Asmus: Reacted to "new biz partner" with 😍

00:05:46 Coach Danielle Cole: Reacted to "Midweek slump of not..." with ❤️

00:05:46 Coach Tammy Asmus: Reacted to "A new customer" with ❤️

00:05:48 Krista Tavares: 2 new consultants this month and conversations are so good

00:05:49 Coach Danielle Cole: Reacted to "Hit qualification fo..." with ❤️

00:05:52 Coach Tammy Asmus: Reacted to "Midweek slump of not..." with 😍

00:05:53 Coach Danielle Cole: Reacted to "2 AO"s to Hot Leads..." with ❤️

00:05:55 Coach Tammy Asmus: Reacted to "Hit qualification fo..." with 😍

00:05:56 Nicole Sapriken (she/her): Connected with a few new businesses to hopefully get them as customers

00:05:56 Coach Tammy Asmus: Reacted to "2 AO"s to Hot Leads..." with ❤️

00:05:57 Wanda Turmes: My girl @Erin Avila

00:05:57 Jennifer Cumbie: 2 clients this week after a really hard month!

00:05:59 Coach Tammy Asmus: Reacted to "Staying consistent" with 😍

00:06:06 Coach Tammy Asmus: Reacted to "Kiddo won the lotter..." with 😍

00:06:07 Diana Henry: Staying consistent with showing up at the meetings.

00:06:09 Laura Rodgers: More engagement and taking action & having fun in my business

00:06:12 Coach Danielle Cole: Replying to "2 AO"s to Hot Leads..."

Can't wait!

00:06:16 Coach Tammy Asmus: Reacted to "I have onboarded a t..." with ❤️
00:06:21 Coach Danielle Cole: Reacted to "2 new consultants th..." with ❤️
00:06:23 Paige Welch: Yay, Erin!!!
00:06:28 Coach Tammy Asmus: Replying to "I have onboarded a t..."

Great job that is amazing!!!!!!

00:06:35 Krissy Vick: Way to go!
00:06:38 Coach Danielle Cole: Replying to "2 new consultants th..."

Killing it girl! Proud of you

00:06:47 Coach Tammy Asmus: Reacted to "Custtexting to order..." with 🥰
00:06:48 Coach Danielle Cole: Reacted to "More engagement and ..." with ❤️
00:06:49 Coach Tammy Asmus: Reacted to "3 customers this mon..." with 🥰
00:06:54 Coach Tammy Asmus: Reacted to "At the end of the mo..." with ❤️
00:06:54 Kristy Wharton: Reacted to "2 clients this week ..." with 🥰
00:06:56 Laura Rodgers: Consistent in the core 4
00:06:56 Coach Tammy Asmus: Reacted to "2 old clients are ab..." with 🥰
00:07:02 Coach Danielle Cole: Replying to "More engagement and ..."

Love you are having fun!!

00:07:07 Leigh Card: Way to go Erin!!
00:07:17 Kristy Wharton: Reacted to "Way to go Erin!!" with 🥰
00:07:18 Coach Danielle Cole: Reacted to "Consistent in the co..." with ❤️
00:07:19 Diana Henry: Congrats Erin!!
00:07:20 Coach Tammy Asmus: Reacted to "2 clients this week ..." with 🥰
00:07:27 Coach Tammy Asmus: Replying to "2 clients this week ..."

So amazing! Love ya

00:07:30 Nicole Sapriken (she/her): Woo woo!!!!
00:07:33 Coach Tammy Asmus: Reacted to "Staying consistent w..." with ❤️
00:07:36 Coach Tammy Asmus: Reacted to "2 AO"s to Hot Leads..." with 🥰
00:07:36 Stephanie Guerra: My son is sitting here trying to tell me the questions I have because he overheard a conversation I was having with someone. 😊
00:07:38 Jenene Wilkins: Congratulations Erin!!
00:07:42 Lynne Malizia: Erin!! That is awesome!! What a win!!

00:07:44 Coach Tammy Asmus: Reacted to "2 new consultants th..." with ❤️

00:07:49 Amy Reeves: Yay! Congratulations Erin.

00:08:20 Coach Tammy Asmus: Reacted to "Consistent in the co..." with 😊

00:08:28 Coach Tammy Asmus: Reacted to "My son is sitting he..." with 😊

00:08:38 Wanda Turmes: Beast Momma 🙌🙌🙌🙌

00:08:38 Kristy Wharton: Need purposeful time! Yes...great awareness!!

00:08:45 Coach Danielle Cole: Reacted to "Need purposeful time..." with ❤️

00:09:10 Laura Rodgers: Congratulations 🙌

00:09:26 Coach Danielle Cole: Yes! Love that

00:09:26 Lindsay FitzPatrick: Love that you did exactly what you wanted to avoid!

00:09:33 Betty Jane's iPad: Wow! Great job!

00:09:35 Diana Henry: Reacted to "Need purposeful time..." with ❤️

00:09:42 Coach Danielle Cole: The magic is in the work you are avoiding.

00:10:13 Lindsay FitzPatrick: Reacted to "The magic is in the ..." with ❤️

00:10:18 Diana Henry: Reacted to "The magic is in the ..." with ❤️

00:10:24 Tiffany Rilling:I've heard that Do the hard stuff first each day!!!

00:10:29 Coach Tammy Asmus: Reacted to "I've heard that" with 😊

00:10:31 Coach Danielle Cole: Reacted to "I've heard that" with ❤️

00:10:32 Coach Ashley Prieto: Amazing! Way to do the hard things 💪

00:10:40 Coach Tammy Asmus: Reacted to "Amazing! Way to do t..." with 😊

00:10:46 Coach Danielle Cole: Reacted to "Amazing! Way to do t..." with ❤️

00:10:47 Taylor Berlin: I think there's a book on that, "Eat the Frog".

00:10:47 Krista Tavares: 🙌

00:10:49 Krissy Vick: I was just talking to my friend this morning about my consistency and how I start the week strong and fizzle out. Thanks for sharing Erin! Way to go!

00:11:11 Coach Danielle Cole: Reacted to "I was just talking t..." with 🙌

00:11:15 Wanda Turmes: I outsourced work to someone that I have been avoiding and struggling with for months! Getting additional help is a game changer!

00:11:24 Coach Danielle Cole: Reacted to "I outsourced work to..." with ❤️

00:12:10 Diana Henry: Great share Erin, so helpful! Thanks.

00:12:14 Coach Danielle Cole: Replying to "I outsourced work to..."

Delegation is amazing!!! If someone can do it 80% as well as you can...delegate!

00:12:17 Liza Johnson:Great job, Erin

00:12:28 Lori Warman: Authentic outreach is everything
00:12:35 Coach Danielle Cole: Reacted to "Authentic outreach i..." with ❤️
00:12:53 Coach Kristy Wharton: Reacted to "Authentic outreach i..." with ❤️
00:13:00 Lynne Malizia: Reacted to "Authentic outreach i..." with ❤️
00:13:11 Aubrey Lui: I'm having a hard time transferring what CHATGPT gives me in posts and making them into reels with good hooks on the videos
00:13:11 Erin Avila: Reacted to "I have onboarded a t..." with ❤️
00:13:26 Erin Avila: Reacted to "I outsourced work to..." with ❤️
00:13:33 Coach Tammy Asmus: Replying to "I'm having a hard ti..."

Are you telling your ChatGPT what you are creating?

00:13:36 Erin Avila: Thank you everyone
00:13:41 Coach Tammy Asmus: Reacted to "Thank you everyone" with ❤️
00:13:44 Paige Welch: And it's a life sucker!
00:13:49 Coach Tammy Asmus: Replying to "Thank you everyone"

Great job momma!!!!

00:13:49 Coach Kristy Wharton: Tell it what changes you would like to see.
00:13:55 Susan Restad: Reacted to "I have onboarded a t..." with ❤️
00:13:57 Jennifer Cumbie: Reacted to "And it's a life suck..." with 🙌
00:14:07 Coach Kristy Wharton: Reacted to "And it's a life suck..." with 🙌
00:14:31 Stephanie Guerra: That's why I never did content. I would spend an entire day trying to figure out what to do and the best way to do it for 1 post.
00:14:43 Coach Kristy Wharton: Reacted to "That's why I never d..." with 🙌
00:14:47 Krissy Vick: I agree with Erin about using the trackers and looking at the results. I also was posting too much content and not reaching out enough. Working on that transition. Thank you for the scripts, so helpful!!
00:14:55 Aubrey Lui: Replying to "I'm having a hard ti..."

Yes I'm doing both

00:14:56 Coach Danielle Cole: Replying to "That's why I never d..."
ChatGPT, is life changing, right?!?
00:14:57 Gina Harbison: Reacted to "That's why I never d..." with 🙌
00:15:09 Stephanie Guerra: Replying to "That's why I never d..."

YES!

00:15:12 Coach Danielle Cole: Reacted to "I agree with Erin ab..." with ❤️

00:15:19 Gina Harbison: Reacted to "I agree with Erin ab..." with ❤️

00:15:58 lauren cormier: it really hit home about being super specific with who you are trying to help . really started focusing on this in my content this week and I am noticing a little more engagement

00:20:05 Coach Danielle Cole: Reacted to "it really hit home a..." with ❤️

00:20:50 lauren cormier: are carosels just as engaging to the algorithms as reels on IG?

00:20:54 Rev. Deb: Q: I got over 240 birthday messages this week. How can I use this as a way to restart my business? If you recall, after 30 days to \$1k I had no one left to talk to. 😞

00:21:24 Nicole Sapriken (she/her): Replying to "Q: I got over 240 bi..."

Happy Birthday

00:21:36 Rev. Deb: Replying to "Q: I got over 240 bi..."

Thank you my dear!!

00:21:42 Lynne Malizia: Reacted to "Q: I got over 240 bi..." with 🎉

00:21:48 Pam: Reacted to "Q: I got over 240 bi..." with 🎉

00:21:50 Coach Ashley Prieto: Replying to "are carosels just as..."

Yep! With music.

00:21:58 Stephanie Potts: Yes - I would think its better to mix up your type of media.

00:22:09 lauren cormier: Replying to "are carosels just as..."

perfect thank you

00:23:52 Laura Rodgers: Replying to "Q: I got over 240 bi..."

Having a lot more engagement on my personal posts and now it's starting into my business ones. How to turn into business in the personal posts

I found out who I am now.

00:24:02 Brenna Burnette: What are your thoughts on scheduling your posts? Does it decrease engagement at all?

00:24:09 Coach Kristy Wharton: Replying to "Q: I got over 240 bi..."

You don't USE them to restart your business, you receive them and connect with them authentically, thank them and ask how they are doing?

00:24:56 Coach Ashley Prieto: Replying to "What are your thoughts..."

If you schedule within FB, that's fine. I wouldn't stray outside the app to 3rd party tools. Use what the platform gives you. They reward you for that.

00:25:31 Brenna Burnette: Replying to "What are your thoughts..."

I schedule my posts through FB to reduce the time I spend creating content but noticed my engagement decreased some?

00:26:13 Coach Ashley Prieto: Replying to "What are your thoughts..."

Try not scheduling for a while to see if it gets better. It does not have an effect on mine. But be sure you are present when it posts.

00:27:14 Brenna Burnette: You can do it on digital professional mode

00:27:22 Rev. Deb: Replying to "Q: I got over 240 bi..."

Thank you!! 🙏

00:27:24 Nicole Sapriken (she/her): You can schedule if you have a professional

00:27:25 Tiffany Rilling: If I do Lives, do I still stick to the one problem and dream customer in those as well?

00:27:30 Coach Ashley Prieto: 😊

00:27:39 Brenna Burnette: Reacted to "😊" with 😊

00:27:39 Sherry Stupar: You can now schedule on your IG too

00:27:45 Erin Avila: I missed that part about professional mode

00:28:05 Coach Kristy Wharton: Let's hear some questions guys—you got Bob here and ALL the coaches. End this month, strong! We are rooting for you!!!

00:28:40 Brenna Burnette: Replying to "What are your thoughts..."

I think that might be my issue - is I can't remember when I scheduled it and hence am missing the comments lol

00:29:31 Nicole Sapriken (she/her): Replying to "What are your thoughts..."

@Brenna Burnette think of the times that you are scheduling for. I find times like 12:02, 3:05, etc work great. The noon one is great for people who have day jobs and are on lunch break, the 3 one is a good afternoon break time.

00:30:10 lauren cormier: I work in healthcare and have been hesitant to try and find problems with my patients. Is it a conflict of interest and if not how would you approach it?

00:31:17 Jenny Nolt: I get views on reels, but I get the same people liking and commenting. It is slowly improving, but could

00:31:19 Brenna Burnette: Ok another question! How often should you post - I tend to post 4-5 times a day. Is it way better to post 2-3 a day and is there a specific post you would recommend for health coaches to post on a regular daily? I love using Chat gpt to reduce time spent creating content and have loved messenger for AO for over a year but I am needing to use my time more wisely.

00:32:00 Coach Kristy Wharton: Replying to "I get views on reels..."

Could? Did they get cut off?

00:32:07 Lindsay FitzPatrick: Does it hurt to post all of my connection content in stories?

00:32:28 Jenny Nolt: Replying to "I get views on reels..."

Sorry, my 6 year old. Could I do something different?

00:32:50 Erin Avila: Red light story

00:33:45 Coach Ashley Prieto: Replying to "Ok another question!..."

I'm sure that is taking a lot of time for that many pieces of content. Think of it this way, there's only so much room in the feed. Once you post again, it essentially boots your other post out unless it's overperforming. 3 would be MAX. 1, maybe 2 is my preference but with good substance.

00:33:50 Erin Avila: You go girl. Keep opening up. You're doing great. We hear you. You aren't alone.

00:33:57 Jennifer Peterson: Reacted to "You go girl. Keep op..." with ❤️

00:34:06 Nicole Sapriken (she/her): That is the 100% main thing that changed my whole business

00:34:18 Rev. Deb: Is it a good idea to go back to the people I RO to in the 30 days that didn't reply? If so, what do I say? Do I start over, like I didn't message before or say I'm not sure you saw my message and ask a new question?

00:34:30 Lynne Malizia: Reacted to "That is the 100% mai..." with ❤️

00:34:35 Coach Kristy Wharton: Reacted to "That is the 100% mai..." with ❤️

00:34:45 Amy Shahinllari KTOC: I love that method!! Coffee date!
00:34:47 Jennifer Peterson: Replying to "That is the 100% mai..."

You've got this @Tiffany Rilling ! You are not them...be YOU!!!! ❤️

00:35:21 Stephanie Guerra: Reacted to "You've got this @Tif..." with ❤️
00:35:30 Coach Tammy Asmus: Reacted to "I love that method!!..." with 🤔
00:36:13 Coach Kristy Wharton: Nudge them with that last question
00:36:39 Brenna Burnette: Replying to "Ok another question!..."

Ok love this - thank you. I just needed someone to tell me this. Do you think reels or lives boot those other posts out or do not effect? Probably do just curious your thoughts

00:36:41 Jenny Nolt: Replying to "I get views on reels..."

What do you think?

00:36:45 iPhone (4): Lives are now being deleted after 30 days
00:37:27 Coach Ashley Prieto: Replying to "Ok another question!..."
It would make sense to me. A post is a post is a post in my book.
00:37:45 Coach Kristy Wharton: Replying to "I get views on reels..."

@Jenny Nolt repetition is important but are you hearing what Bob is sharing?

00:38:16 Leigh Card: Boom!! 🔥
00:38:33 Taylor Berlin: I do book studies on lives and then upload them to YouTube. Not comfortable sharing products or business live yet but I LOVE book studies and really digging into personal development.
00:38:48 Susan Restad: I love this!!!
00:38:53 Coach Ashley Prieto: I always try to put myself in my audience's perspective. That usually solves the problem.
00:38:53 Jenny Nolt: Replying to "I get views on reels..."

I am!

00:39:04 Susan Restad: Yes, I "try" to teach too much!!
00:39:10 Taylor Berlin: Replying to "Lives are now being ..."

I download them and upload to YouTube. Then you can use them for shorts and reels

00:39:13 Susan Restad: Can't wait for next week!!!
00:39:19 Dawn Abrahall: IN doing a live on a 5 & 1, starting off with are you a busy person, (as to not lose interest of men) Is that ok in that instance.
00:40:14 Lindsay FitzPatrick: 😂
00:40:49 Lisa Olsen: I watch Bob's after 30 days
00:40:58 iPhone (4): How will groups that use for training purposes handle lives being deleted
00:41:23 Coach Kristy Wharton: Replying to "How will groups that..."

Can be downloaded and re uploaded

00:41:31 Coach Tammy Asmus: Reacted to "I watch Bob's after ..." with 🥰
00:41:47 Coach Kristy Wharton: Replying to "How will groups that..."

But just consider redoing them.. and keeping them current, too

00:41:53 Taylor Berlin: Replying to "How will groups that..."

Upload to YouTube. You can keep it private so only people with links can view

00:42:14 Rev. Deb: Replying to "Is it a good idea to..."

How do I say that?

00:42:16 Lindsay FitzPatrick: Replying to "How will groups that..."

I thought I read that they are not going to mess with lives within groups....

00:43:03 Wanda Turmes: Oh my! What do we say to followers again?

00:43:13 Rev. Deb: Reacted to "Oh my! What do we sa..." with 🙏

00:43:34 Coach Tammy Asmus: Replying to "Oh my! What do we sa..."

Great to connect - how did you find me?

00:43:36 Coach Kristy Wharton: Replying to "Oh my! What do we sa..."

Did you get it?

00:43:54 Taylor Berlin: Replying to "Is it a good idea to..."

I messaged and said "the holidays were so busy for me and I never had a chance to follow back up. How were your holidays?! Have you recovered and gotten back into routine?"

00:44:08 Wanda Turmes: Replying to "Oh my! What do we sa..."

Yes! What are these in the CORE 4?

00:44:11 Coach Kristy Wharton: Hehe I did too but you have the podcast and its terrific if youre not istening

00:44:30 Coach Kristy Wharton: Replying to "Oh my! What do we sa..."

@Wanda Turmes AO

00:44:32 Krista Tavares: What question does bob ask ? Anyone write that down

00:44:44 Coach Ashley Prieto: Replying to "How will groups that..."

I don't think groups are removing them. Just personal profiles.

00:44:45 Coach Kristy Wharton: Replying to "Oh my! What do we sa..."

Its from previous content you have created

00:44:47 Rev. Deb: Replying to "Is it a good idea to..."

Fantastic! Thank you so much! 😊

00:44:57 Taylor Berlin: Replying to "Is it a good idea to..."

Or you can just say something along the lines of I know I messaged you in hustle and hustle of the holiday season. Following up to see if you saw my previous message 😊

00:45:07 Coach Kristy Wharton: Replying to "Oh my! What do we sa..."

Or people who referred you or you linked to through the algorithm

00:45:25 Coach Tammy Asmus: Replying to "What question does b..."

Great to connect - how did you find me?

00:45:49 Krista Tavares: Replying to "What question does b..."

Thx Tammy

00:45:53 Coach Tammy Asmus: Reacted to "Thx Tammy" with ❤️

00:46:35 Lori Warman: Replying to "What question does b..."

I have never thought about reaching out to followers, I didn't even think about that...so just reach out to them with the AO?

00:47:03 Taylor Berlin: Replying to "What question does b..."

I also send an intro message and I get really great response!

00:47:12 Coach Kristy Wharton: Replying to "IN doing a live on a..."

Everyone is busy... what's another characteristic?

00:47:41 Taylor Berlin: Replying to "What question does b..."

I focused on FB during 30 days to 1k and lost momentum on IG so I'm trying to rebuild that 😊

00:49:01 Sherry Stupar: What would you say as a reach out to someone who started following me on IG this week -

I met them through a friend or

they are acquaintance

00:49:44 Taylor Berlin: Replying to "What would you say a..."

Hey thanks for the follow! So glad we connected 😊

00:49:51 Coach Kristy Wharton: Say exactly what he said and add good to meet you through x—hey how about "how did you meet her?" Or how long have you know her? Etc

00:49:56 Wanda Turmes: Replying to "Oh my! What do we sa..."

Thanks!

00:50:33 Nicole Sapriken (she/her): Wow! I just had one of the local Hall board members come to my door to ask me to be part of the board because the board likes the way I do my business

00:50:45 Coach Tammy Asmus: Reacted to "Wow! I just had one ..." with 🥰

00:51:05 Paige Welch: Having value add follow up from my own content is just a huge switch for me. Also made me realize I need to HAVE content worth sharing.

00:51:07 Coach Kristy Wharton: Reacted to "Wow! I just had one ..." with 🥰

00:51:19 Paige Welch: Reacted to "Wow! I just had one ..." with ❤️

00:51:29 Stephanie Guerra: Reacted to "Wow! I just had one ..." with ❤️

00:51:35 Nicole Sapriken (she/her): Reacted to "Having value add fol..." with ❤️

00:51:47 Erin Avila: Paigeeeeeeee
00:51:48 Coach Kristy Wharton: Replying to "Wow! I just had one ..."

So fantastic!! BIG things BIG things!

00:51:52 Erin Avila: Let's go girl
00:52:00 Erin Avila: You got this
00:52:29 Lori Warman: Replying to "Oh my! What do we sa..."

@Coach Kristy Wharton previous content we have created; meaning the engaged leads?

00:52:33 Gina Harbison: Reacted to "Wow! I just had one ..." with ❤️
00:53:03 Nicole Sapriken (she/her): Reacted to "So fantastic!! BIG t..." with ❤️
00:54:12 Aubrey Lui: Are you tagging people in the comments of the content or send them the post?
00:55:01 Laura Rodgers: Giving them advice
00:55:16 Teresa Reid: I'm having a conversation with someone now and the love led way has allowed me to slow down and find her problem and not rush to the sale. It feels so good.
00:55:24 Laura Rodgers: Is a win
00:55:35 Coach Kristy Wharton: Replying to "Oh my! What do we sa..."

@Scott & Lori Warman —maybe—if they are NEW followers, its likely they found you through the content (and they may or may not have engaged with it) or FB suggested you or someone referred them. Still ALL of that is content that brought them your way —and so you are doing AO with them who directly followed you. They would be engaged or Warm, likely.

00:55:41 Laura Rodgers: Faith and love
00:55:51 Coach Ashley Prieto: Replying to "Are you tagging peop..."
Ideally, tag in the post bc their peeps will possibly see it, too. But also be considerate. Tagging in the comments is fine too but their followers don't typically see that.

00:55:52 Christen Bolduc: People tell me that all the time. Now its time for me to actually believe that

00:55:58 Coach Kristy Wharton: Reacted to "People tell me that ..." with 🔥
00:55:59 Erin Avila: So good

00:56:06 Tiffany Rilling: Thanks for talking with me Bob!! I wanted that convo today and I feel a change within myself!! I am going to approach my live with this today!!

00:56:21 Jennifer Peterson: Reacted to "Thanks for talking w..." with ❤️

00:56:21 Erin Avila: Love you Paige ❤️ I'm in it with you.

00:56:35 Paige Welch: Replying to "Paigeeeeeeee"

Hey Girl!

00:56:56 Coach Kristy Wharton: Reacted to "I'm having a convers..." with 🤗

00:57:08 Coach Kristy Wharton: Reacted to "Thanks!" with 🤗

00:57:09 Paige Welch: Reacted to "Thanks for talking w..." with ❤️

00:57:13 Paige Welch: Reacted to "Love you Paige ❤️ I..." with ❤️

00:57:18 Megan Weisheipl: Hi Brenna!!!!

00:57:37 Lori Warman: Replying to "Oh my! What do we sa..."

Ok, thank you

00:57:58 Paige Welch: That was good, I agree

00:59:28 Coach Kristy Wharton: Reacted to "That was good, I agr..." with 🔥

00:59:42 Coach Kristy Wharton: Reacted to "Thanks for talking w..." with ❤️

01:01:23 Chelsea Dolby: I needed to hear this. Im not focusing on the right things in the minimal amount of time I have.

01:01:37 Susan Restad: How long does a person remain as a hot lead?

01:02:04 Gina Harbison: Reacted to "I needed to hear thi..." with ❤️

01:02:43 Coach Kristy Wharton: Replying to "I needed to hear thi..."

Youre working toward "better" things...and learning every step of the way.

Conversations...it's where the magic happens.

01:03:07 Chelsea Dolby: Reacted to "Youre working toward..." with ❤️

01:03:09 Patricia: Replying to "Are you tagging peop..."

When you tag them on the post do you then message them to let them know?

01:03:58 Coach Kristy Wharton: There isn't a hard and fast but if they comment, get to them asap or within 48 hours after that. Is that what youre asking?

01:04:47 Laura Rodgers: Great advice

01:05:28 Coach Kristy Wharton: Replying to "How long does a pers..."

Oops saw remain.. sorry about that

01:06:04 Teresa Reid: That's helpful! Thank you.

01:06:09 Diana Henry: Reacted to "Youre working toward..." with ❤️

01:06:10 Tiffany Rilling: Reacted to "That's helpful! Tha..." with ❤️

01:06:31 Susan Restad: WOW!!! Thank you!!!

01:06:52 Jenene Wilkins: Thank you, Bob!! Have a great weekend!

01:06:53 Laura Rodgers: Thank you Bob and coaches

01:07:20 Susan Restad: Cannot wait!!!