

Chat Transcript Weekly LOVE-LED™

Breakthrough Coaching & Strategy

Session Megan

00:04:40 Gina Everson: Hello!

00:06:28 Laura Rodgers: How to make. Conversations short and direct

00:06:46 Coach Tammy Asmus: Reacted to "How to make. Convers..." with 🥰

00:06:50 Eva Snedden: myself

00:08:22 PaulaAnn NJ: I'm experiencing the same thing..

00:09:07 Susie Weiler: Great answer!!

00:09:15 Laura Rodgers: Made a win this week getting uncomfortable with my struggles & being raw

00:10:56 lauren cormier: Nobody has it all together

00:10:58 Melissa Heim: Ok. I'm struggling with the 2 different modes of growing my business - what my upline is saying and this method. I'm worried that I'm bouncing between 2 worlds...and spinning my wheels.

00:11:06 Amy Reeves: I'd rather buy from someone that struggles too than someone who has never experienced adult acne

00:11:12 Susie Weiler: Reacted to "Ok. I'm struggling w..." with 👍

00:11:17 Annette Aguiar: Perimenopause

00:11:28 Trish Koppendraye: I've been around a LONG time ... I've been through The Business Accelerator and tried to do AO with past customers and current customer ... and my results have not been phenomenal I feel like I'm missing something ... I am working on showing up MORE and having a managed mind ... I wanted to do 30 days to do the basics better with joy ... and so ... do I just go back to past customers and do AO again ... GAIN ... I'm excited with my new focus on 1 person 1 problem.

00:11:31 Susie Weiler: Replying to "Ok. I'm struggling w..."

Totally feel this too!

00:11:42 Autumn Hokenson: Yeah I have that, my problem is not totally solved so how to I legitimately help someone else if my problem isn't totally solved

00:12:03 Danielle Cole: Replying to "I'd rather buy from ..."

So true~

00:12:13 Katie Voorhies: I'm struggling getting stuck in relationship building. Once I found a problem do I immediately ask if they would like help? Some of my conversations feel like they are going too quick and I don't want it to be transactional while some conversations feel like it's taking really long

00:13:21 Amy Reeves: 100%

00:13:31 Megan Weisheipl: Reacted to "Made a win this week..." with ❤️

00:14:17 Susie Weiler: This is so good~ affirming them with what they are using but great to see if they need something else.

00:14:21 Annette Aguiar: Reacted to "Ok. I'm struggling w..." with 👍

00:14:49 Laura Rodgers: It's my lips in the winter months

00:15:46 Raquel C: It's funny how you work through a red light story and then create a new one afterwards. I am working through having the right mindset going back to work.. now I think wait.. what if I do amazing and I can't keep up. 😬

00:17:01 Katie Voorhies: Replying to "It's funny how you w..."

I feel that too! Now I'm wondering how to keep up with my conversations/when to add to the tracker

00:18:25 Wanda Turmes: I am having a difficult time going back to those who I have done a health assessment for because they said no already. Any help with what to say to begin the conversation and move it to their health?

00:18:39 Melissa Heim: Reacted to "I am having a diffic..." with ❤️

00:19:10 Liza Johnson: Love it Amanda

00:19:45 Gina Everson: Have to love when you get a thumbs up as a response!!! That has happened a few times this week.

00:20:37 Annette Aguiar: Replying to "Have to love when yo..."

I do that when I don't have time to write a response

00:21:05 Gina Everson: Reacted to "I do that when I d..." with 👍

00:22:42 Gina Everson: Replying to "Have to love when ..."

@Annette Aguiar So short on time.. easy way is s thumbs up. i'll have to figure out what to say when that happens from now on.

00:23:33 Annette Aguiar: Replying to "Have to love when yo..."

I'd note it for going back later...

00:25:19 Stephanie Guerra: It always feels like if I bring up the company in any way I've suddenly turned if from "How sweet of her to connect" to "OH! That's what she wants"

00:25:23 Raquel C: Reacted to "I feel that too! Now..." with ❤️

00:25:35 Katie Voorhies: I'm worried that the problem/ideal person I'm trying to help may get offended if the conversation started one way but leads elsewhere. Maybe my problem is too vague?

00:25:47 Christa Owens: I've been talking with someone on and off for over a year. She stopped me at church recently and told me she was not sleeping well and following my posts on better sleep. I invited her to a company call yesterday which she attended. After the call I asked her if she had time to talk today to discuss her needs further. She responded that she had lots of meetings today and would let me know when she had some down time. I don't know how to respond.

00:25:52 Raquel C: Replying to "It's funny how you w..."

I've been using a planner and writing it first. Its been really helpful

00:27:00 cindyemmerling: Good for you Laura!!! That takes COURAGE!!!!
00:27:13 cindyemmerling: Reacted to "It's funny how you w..." with 😊
00:27:22 cindyemmerling: Replying to "It's funny how you w..."

This is SO me!!! LOL

00:27:23 Liza Johnson: Reacted to I've been talking wi... with ❤️
00:27:28 Jennifer Peterson: Reacted to "Good for you Laura!!..." with ❤️
00:27:30 cindyemmerling: Reacted to "I feel that too! Now..." with ❤️
00:27:36 cindyemmerling: Reacted to "I've been using a pla..." with ❤️
00:29:16 Felicia Neahr: That's helpful. My MIL is in the hospital and we're looking at nursing homes...but it's not my story to share. But it's a super stressful time that's obviously impacting us, so I've struggled with how to share but also not share what's actually going on.
00:29:57 Liza Johnson: Reacted to That's helpful. My M... with ❤️
00:29:57 cindyemmerling: Replying to "That's helpful. My M..."

Oh no! Praying friend!! Def share that you've been dealing with stress & how !

00:30:49 Liza Johnson: Replying to "That's helpful. My M..."

@Felicia Neahr praying for you. I have walked a similar journey 💜🕊️💜

00:31:10 Jennifer Peterson: Reacted to "That's helpful. My M..." with ❤️
00:31:27 Danielle Cole: Reacted to "That's helpful. My M..." with ❤️
00:32:42 Liza Johnson: @Coach Tammy Asmus, would you ask for permission to send the tool?
00:33:23 Sharon Sosebee: Same
00:34:04 Wanda Turmes: This is true of me too!
00:34:10 Laura Rodgers: Reacted to Good for you Laura!!... with ❤️
00:34:40 Felicia Neahr: I put my blinders on and reach out to my upline when I need a specific answer on a specific question. I don't join any team training calls that are method related, only ones that are about new products or upcoming events.
00:35:07 Sarah Clark: Replying to "I put my blinders on..."

Me too

00:35:12 Danielle Cole: Reacted to "I put my blinders on..." with ❤️
00:35:15 Danielle Cole: Reacted to "Me too" with ❤️
00:35:22 cindyemmerling: Reacted to "I put my blinders on..." with ❤️
00:35:31 Wanda Turmes: I had this conversation with mine and it was hard but now they are asking me what I'm doing!!!
00:35:32 cindyemmerling: Replying to "I put my blinders on..."

YES!!! Same!!!

00:35:41 cindyemmerling: Reacted to "I had this conversat..." with ❤️
00:35:43 Stephanie Guerra: Reacted to "I had this conversat..." with ❤️
00:35:46 Felicia Neahr: Replying to "I put my blinders on..."

I also don't join their Power Hours...but mostly because they're pushing you to do specific things and I'm only going to do the Core 4 things lol

00:36:02 PaulaAnn NJ: My pup has a bad stomach today, he needs to be walked.. BRB
00:36:02 Eva Snedden: I agree.
00:36:08 Felicia Neahr: Reacted to "I had this conversat..." with ❤️
00:36:12 Susie Weiler: That's what I've had to do~ It is your business ~
00:36:33 Felicia Neahr: Snooze that chat
00:36:42 Annette Aguiar: Reacted to "Snooze that chat" with 👍
00:36:54 Coach Tammy Asmus: Replying to "@Coach Tammy Asmus, ..."

Yes.

00:36:55 Laura M: Maybe leave the chat?
00:37:02 Annette Aguiar: Its different for already successful people
00:37:09 Wanda Turmes: @Melissa Heim I am an Optavia coach too and this was my experience too but I had this conversation. They are now asking me what I'm doing because I'm growing!
00:37:26 Annette Aguiar: What got them there doesn't work for people who are trying to get there now
00:37:38 Susie Weiler: Reacted to "What got them there ..." with 👍
00:37:46 cindyemmerling: Replying to "I put my blinders on..."

Sometimes I join & just do the Core 4! HA

00:37:56 Wanda Turmes: Reacted to "What got them there ..." with ❤️
00:37:56 Susan Jobb: I am in a group like that, and I listen and then take pieces of information that I relate to and incorporate it into LSG way
00:38:00 Jennifer Peterson: Reacted to "I put my blinders on..." with ❤️
00:38:05 Susie Weiler: Reacted to "I am in a group like..." with 👍
00:38:09 Stephanie Guerra: Reacted to "I am in a group like..." with ❤️
00:38:10 Felicia Neahr: Replying to "I put my blinders on..."

Some of our only have like 2 people lol. I'd do that on a bigger call

00:38:15 Jennifer Peterson: Reacted to "Sometimes I join & j..." with 👍
00:38:18 Wanda Turmes: YES 🙌
00:38:23 Liza Johnson: Is Megan freezing or mine end
00:38:24 Annette Aguiar: Reacted to "I am in a group like..." with 👍
00:38:28 Susie Weiler: 100%
00:38:30 Jennifer Peterson: Reacted to "I am in a group like..." with ❤️
00:38:43 Shelby Mirrotto: There's a lot of guilt/shame motivation in my upline...if it's not working for you and LSG way is, be ing successful (whatever that means for YOU,) is the goal for all of us! you got this!! 🤗
00:38:58 Susie Weiler: Reacted to "There's a lot of gui..." with 👍
00:38:59 Stephanie Guerra: "I'm not gonna die" 😂 I love that!
00:39:00 Jennifer Peterson: Reacted to "There's a lot of gui..." with ❤️

00:39:12 Katie Voorhies: I feel this. I'm in my business alongside family and I just don't relate to their method. It's hard because they are successful but it's not how I want to grow my business because I've been so burned out with the "old" way of working

00:39:19 cindyemmerling: Reacted to "There's a lot of gui..." with ❤️

00:39:31 Susie Weiler: Reacted to "I feel this. I'm in ..." with 👍

00:39:37 cindyemmerling: Reacted to "I feel this. I'm in ..." with ❤️

00:39:45 lauren cormier: Starting to get a little discouraged. I've been doing the core 4 and reaching out to people. Working hard at my content and leading from a place of love but not getting a lot of traction with my business. Trying to stay positive with my consistency but I am starting to question if this is right for me

00:40:02 Jennifer Peterson: Reacted to "Starting to get a li..." with ❤️

00:40:03 Liza Johnson: I'm 65+ & I feel like I need to be authentically me. It's work in progress

00:40:19 Laura Barton: I was in a very similar experience... I ended up explaining to the reels group and my leader what my focus was. Everyone was supportive and I ended up leaving the reels group. It was the right move for me;)

00:40:20 Autumn Hokenson: I struggle too to connect with the team I'm on and yet find my own business in it all. We are selling community as well for the business and sometimes our communities need healing

00:40:50 Trish Koppendrayer: So, the suggestion is to do value on MWF and then connection and product posts some other days?

00:41:02 Wanda Turmes: Hang in there a shift is occurring in our organization that Bob is leading!

00:41:31 Susie Weiler: Reacted to "Hang in there a shif..." with 👍

00:41:57 Liza Johnson: Reacted to What got them there ... with "👍"

00:41:57 Wanda Turmes: You will be ahead of the change that's coming if you follow the 30 Days to 1K program.

00:42:09 Annette Aguiar: My Upline wants me to put prospects on the calls with her and I really don't want to do that!

00:42:14 Liza Johnson: Reacted to I am in a group like... with "👍"

00:42:18 Jennifer Peterson: Replying to "Starting to get a li..."

@lauren cormier feel ya! I seem to get interest & engagement and then crickets. The rollercoaster is stressful. From yesterday's' mindset call - I have to look at my real actions...not just that "I am doing CORE4" - am I doing it completely to serve others? Or, just get it done? This course is definitely personal growth as well as professional! Hang in there!

00:42:24 Krissy Vick: That's awesome!

00:42:26 Liza Johnson: Reacted to I put my blinders on... with "👍"

00:42:40 Susie Weiler: True!!

00:42:44 cindyemmerling: Reacted to "@lauren cormier feel..." with ❤️

00:42:50 Lindsay FitzPatrick: Reacted to "@lauren cormier feel..." with ❤️

00:43:23 Melissa Heim: Reacted to "@Melissa Heim I am a..." with ❤️

00:43:41 Melissa Heim: Replying to "@Melissa Heim I am a..."

Love this! Thank you!

00:43:51 Laura Rodgers: Great Advice
00:44:16 Melissa Heim: Reacted to "Hang in there a shif..." with ❤️
00:45:06 Melissa Heim: Replying to "So, the suggestion i..."

That's how I started - Value MWF, Product T/TH with life and engagement sprinkled in!

00:45:48 Danielle Cole: Replying to "So, the suggestion i..."

Yes, exactly- that is what we teach in 30 days to 1K

00:45:59 Danielle Cole: Reacted to "You will be ahead of..." with ❤️
00:46:47 Melissa Heim: Reacted to "I also don't join th..." with ❤️
00:46:53 Melissa Heim: Reacted to "Sometimes I join & j..." with ❤️
00:47:19 Coach Tammy Asmus: Replying to "I am having a diffic..."

You can do a quick check - situations change. You can could even think of maybe a value add you could offer. It is love-led to circle back and let them know you are thinking of them!

00:47:52 Liza Johnson: Replying to "Starting to get a li..."

@lauren cormier I feel like sometimes the core 4 sections go faster than me. I'm trying to finish each section & do more to make sure I'm doing each part. I hope that helps.

00:48:04 Annette Aguiar: Reacted to "You can do a quick c..." with ❤️
00:48:13 Kylie Steyer: My following went CRAZY for awhile after sharing my miscarriage and it has helped me connect with so many women and I think that alone is going to serve you because they're going to trust you and have a common ground, even if the product is not involved right away

00:48:32 Danielle Cole: Reacted to "My following went CR..." with ❤️
00:48:35 Kylie Steyer: Reacted to "My following went CR..." with ❤️
00:50:58 Laura Rodgers: True,
00:52:48 Liza Johnson: @Katie Voorhies...wow, that was powerful. Thanks for your vulnerability.

00:53:04 Susie Weiler: Reacted to "@Katie Voorhies...wo..." with ❤️
00:53:26 Amanda & Marcus Williams: "who do I get to help today"
00:53:36 Danielle Cole: I feel joy when I am helping and impacting others.
00:53:41 cindyemmerling: Reacted to ""who do I get to hel..." with ❤️
00:54:04 Melissa Heim: YES!!!! I so feel this!!
00:54:19 Liza Johnson: Reacted to "who do I get to hel... with "❤️"
00:54:53 Danielle Cole: YOU. ARE THE JOY!!!!
00:55:07 Susan Jobb: Ohhhh man, I am reading the pivot year (I think its called) and they talk about the internal you and how you feel...

00:55:15 Stacey Reeves Owens: Reacted to "I feel joy when I am..." with ❤️
00:56:29 Liza Johnson: Reacted to Ohhhh man, I am read... with "👍"
00:56:33 Liza Johnson: Reacted to YOU. ARE THE JOY!!!! with "❤️"
00:57:08 Liza Johnson: Ephesians 6:14-
00:57:14 cindyemmerling: Reacted to "Ephesians 6:14-" with ❤️

00:57:16 Melissa Heim: Reacted to "Ohhhh man, I am read..." with ❤️

00:57:25 lauren cormier: Replying to "Starting to get a li..."
I believe I can do this and be successful but I'm not getting new leads so I'm just trying not to be discouraged

00:57:41 cindyemmerling: Reacted to "I believe I can do t..." with ❤️

00:57:49 Laura Rodgers: Love these

00:57:54 Katie Voorhies: Thank you guys!! I've got some RLS to work through. Time to armor up 🦍

00:57:54 Coach Tammy Asmus: Reacted to "Ephesians 6:14-" with ❤️

00:58:00 Jennifer Peterson: Reacted to "Thank you guys!! I'v..." with ❤️

00:58:21 Coach Tammy Asmus: Reacted to "Thank you guys!! I'v..." with ❤️

00:58:31 Susie Weiler: Reacted to "Thank you guys!! I'v..." with ❤️

00:58:55 cindyemmerling: Reacted to "Thank you guys!! I'v..." with ❤️

00:59:03 Patricia: Reacted to "Thank you guys!! I'v..." with 💜

00:59:05 cindyemmerling: Replying to "Thank you guys!! I'v..."

YOU got this!!!

00:59:11 Katie Voorhies: Reacted to "YOU got this!!!" with ❤️

00:59:19 Katie Voorhies: Reacted to "Ephesians 6:14-" with ❤️

00:59:21 Amanda & Marcus Williams: Reacted to "Thank you guys!! I'v..." with ❤️

00:59:46 Jennifer Peterson: Replying to "Thank you guys!! I'v..."

@Katie Voorhies as a mama who experienced miscarriage 20+ years ago - one day at time. There are moments when the feelings come right back into my mind - even this much later. Give yourself grace and know that this will make you stronger! Hugs!

00:59:54 Katie Voorhies: Reacted to "I feel joy when I am..." with ❤️

00:59:57 Katie Voorhies: Reacted to "YOU. ARE THE JOY!!!!" with ❤️

01:00:03 Katie Voorhies: Reacted to ""who do I get to hel..." with ❤️

01:00:08 Katie Voorhies: Reacted to "@Katie Voorhies...wo..." with ❤️

01:00:38 Annette Aguiar: Reacted to "Thank you guys!! I'v..." with ❤️

01:00:51 Melissa Heim: Yes!! What is it worth to you? Love that question!

01:01:04 Amanda & Marcus Williams: What was the question that danielle just said?

01:01:11 cindyemmerling: Replying to "Thank you guys!! I'v..."

One year our VP challenged us to find the success in the VERY small things.....the challenge was 100 things in the month..... I started listing every little thing & it made a huge difference for me to see success differently!

01:01:59 cindyemmerling: Replying to "What was the questio..."

What is it worth to you?? Good nights sleep

01:02:04 Melissa Heim: Yes, the person asking the questions in a convo is leading it!

01:02:05 Laura Rodgers: Yes

01:02:25 Amanda & Marcus Williams: Reacted to "What is it worth to ..." with 🙌

01:02:46 Katie Voorhies: Replying to "Thank you guys!! I'v..."

@Jennifer Peterson Thank you!! I'm so sorry for your loss. I've found some purpose through the pain and I really feel like I'm on the right path to help others through this. However, this is not the story I wanted but it's the one I have and can help others with!

01:02:55 Melissa Heim: I'm so weird. 😞 Ugh, I'm like, well that was awkward.
01:03:08 cindyemmerling: Reacted to "I'm so weird. 😞 Ugh..." with 😂
01:03:15 Eva Snedden: thanks
01:03:15 Stephanie Bretey: Reacted to I'm so weird. 😞 Ugh... with "😂"
01:03:19 Coach Tammy Asmus: Reacted to "I'm so weird. 😞 Ugh..." with 😂
01:03:20 Melissa Heim: LOVED THIS!!!
01:03:20 Stephanie Guerra: Reacted to "I'm so weird. 😞 Ugh..." with 😂
01:03:21 Jennifer Peterson: Reacted to "@Jennifer Peterson T..." with ❤️
01:03:22 Melissa Heim: Thank you!
01:03:22 Katie Voorhies: Replying to "Thank you guys!! I've..."

@cindyemmerling that's a great idea! I need to look at "success" differently

01:03:26 Gina Everson: Thank you!
01:03:29 Laura Rodgers: Thank you ❤️
01:03:29 Coach Tammy Asmus: Reacted to "Thank you!" with 🥰
01:03:32 Coach Tammy Asmus: Reacted to "Thank you ❤️" with ❤️
01:03:33 Stephanie Bretey: Thank you!!