

Chat Transcript - Chat Transcript

Weekly Get Unstuck Mindset Training

(Megan) 12-11-2024

00:04:42 Debbie Holden: I'm up to 5 content posts a week 3 Value 2 Prod.
00:04:50 Tammy Harris: Reacted to "I'm up to 5 content ..." with 🥰
00:04:51 Laura Pelayo: Aloha from Lahaina....I'm on Week 4
00:04:59 Gina Everson: I need to watch this weeks training.
00:05:13 Tammy Harris: Reacted to "I need to watch this..." with 🥰
00:05:17 Tammy Harris: Reacted to "Aloha from Lahaina....." with 🥰
00:05:18 Danielle Cole: Yes, Thursday 12/19 at 12PM EST
00:05:32 Nicole Sapriken (she/her): At least 5 a week. 3 value, 2 product, a bunch of connection
00:05:38 Kristy Wharton: Reacted to "Yes, Thursday 12/19 ..." with 🔥
00:05:39 Tammy Harris: Replying to "Aloha from Lahaina....."

I am coming to Maui in January! Aloha!

00:05:41 Aubrey Lui: Yes, I was freaking out for the last week about the program ending 😭😭
00:05:45 Tammy Harris: Reacted to "Yes, Thursday 12/19 ..." with 🥰
00:05:50 Debbie Holden: YES!
00:05:50 Tammy Harris: Reacted to "At least 5 a week. 3..." with 🥰
00:05:53 Tammy Harris: Reacted to "YES!" with 🥰
00:06:04 Debbie Holden: Or did the HW and then forgot to use it!
00:06:04 Tammy Harris: Replying to "Yes, I was freaking ..."

Don't! You will love all the options!

00:06:09 Teresa Reid: I was up to date until my father in law passed away on the 5th.
00:06:17 Kristy Wharton: Reacted to "I was up to date unt..." with ❤️
00:06:18 Tammy Harris: Replying to "I was up to date unt..."

So sorry for you loss!

00:06:22 Laura Pelayo: I'm good going at my own pace....Posting 3 times a week as we talked about in week 3
00:06:23 Debbie Holden: I'm all catch up
00:06:24 Raquel Cornelsen: Yes, I'm not completing the homework enough and move to the next video. It's stressful thinking we are close to being done.
00:06:24 Kristy Wharton: Replying to "I was up to date unt..."

Condolences

00:06:27 Debbie Holden: caught
00:06:30 Teresa Reid: Thank you.
00:06:31 Taylor Berlin: feeling a bit like hei hei from moana. . . 🤔
00:06:31 Tammy Harris: Reacted to "I'm good going at my..." with 🥰
00:06:34 Kristan Gulati 💜 iPhone: I'm behind. Catching up on trainings.
00:06:35 Shayla Blue: Reacted to "I'm up to 5 content ..." with ❤️
00:06:37 Amy Reeves: 3/4's up to date, but not good about getting homework done
00:06:39 Diana Henry: Comfortable moving forward.
00:06:41 Shayla Blue: Reacted to "At least 5 a week. 3..." with ❤️
00:06:42 Natalie Robtoy: The core 4 has been super helpful. I get stuck trying to get the homework right. Chatgpt has been super helpful.
00:06:43 Aubrey Lui: Lots of redlight stories. The usual....I won't be able to keep up the momentum
00:06:45 Nicole Sapriken (she/her): I am feeling great. I am definitely going to be continuing with this one on a monthly basis
00:06:48 Donna Sprow: Reacted to "feeling a bit like h..." with 🤔
00:06:49 Tiffany Rilling: Discouraged but I am going to keep going with this! I believe in it!!
00:06:49 Kristy Wharton: Reacted to "I am feeling great. ..." with 🔥
00:06:52 Gina Everson: I feel good about the trainings. The homework, I need to work on. For the most part I have done most of the work, it is just now implementing it all.
00:06:53 Tammy Harris: Replying to "Yes, I'm not complet..."

Don't be stressed! Think of how much you have learned!

00:06:56 Kathleen: Reacted to "feeling a bit like h..." with 🤔
00:06:58 Tammy Harris: Reacted to "caught" with 😊
00:07:05 Jennifer Peterson: Up-to-date...just still trying to build consistency personally to take action.
00:07:07 Shana's iPhone (2): I am feeling pretty good about it. I am at lesson 6 but I've been doing homework and implementing so that's a win!
00:07:10 Tammy Harris: Reacted to "feeling a bit like h..." with 😊
00:07:10 Karen Earnshaw: have gotten off track the last couple of weeks...the core 4 does motivate me. week 5 for me
00:07:11 Kristy Wharton: Reacted to "Up-to-date...just stil..." with 🔥
00:07:11 Jane Li: I just signed up, feeling a bit overwhelming, catching up
00:07:14 Tammy Harris: Reacted to "I'm behind. Catching..." with 👍
00:07:15 Kristy Wharton: Reacted to "I just signed up, fe..." with ❤️
00:07:21 Ingrid Boehm: feeling better after spending day watching videos... got inspired to really kick my AO in gear this morning
00:07:22 Tammy Harris: Reacted to "The core 4 has been ..." with 🥰
00:07:25 lauren cormier: Caught up on trainings but honestly feel like I'm on week 2 of how my business is going.
00:07:27 Amy Shahinllari KTOC: I believe I'm at week 6 - need to catch up but it's been hard with my kiddo in the ICU the last several weeks
00:07:39 Jane Li: I am at week 1

00:07:40 Liza Johnson: Like I am doing the work, but need to get better each day. So do I move forward or tweak the old information? Will we be able to keep looking in the group at past answers?

00:08:00 Gary: Getting into rhythm. Great ideas with many now implemented.

00:08:06 Monica Fuss: Up to date watching training. Delinquent with posting.. Resistance to filling out the forms that help with posts.

00:08:11 Shana's iPhone (2): Will lesson 9 that's live be recorded if we arnt ready for that lesson?

00:08:12 Eva Snedden: Done all the trainings so far, need to be better with the core 4. I do well when I do them on the zoom. but i do a lot more than I ever have. Was behind while I was in Germany for my Dads funeral, but came home and started back up

00:08:22 Tiffany Rilling: It's just lack of engagement and yes I could do more.

00:08:28 Cat Welches: I'm ok. Going through the process. I haven't finished all the worksheets fully (the planners) but started a bit to have something to work with

00:08:31 Kristy Wharton: Replying to "I just signed up, fe..."

If you just signed up—you've got plenty of time. If we "touch" our business each day, it will happen. Core four sessions? Coming to those?

00:08:34 Jodi Korsten: I'm on track...learned I need to increase my following, feel like I know how to do the 4 core. Want to get really good at this process.

00:08:46 Kristy Wharton: Reacted to "I'm on track...learn..." with ❤️

00:08:54 Kristy Wharton: Replying to "I'm on track...learn..."

Yep building muscle memory

00:08:54 Raquel Cornelsen: I'm in the middle of a nasty stomach bug but making the choice to be here

00:08:59 Taylor Berlin: Posting 5 days a week has been a struggle, but I get about 4 posts which is a BIG win for me.

00:09:06 Kristy Wharton: Reacted to "I'm ok. Going throug..." with 🔥

00:09:15 Tammy Harris: Reacted to "I am feeling great. ..." with 😍

00:09:15 Kristan Gulati 💜 iPhone: 100 Just focussing on what I can get done now and moving forward, not how slow imve been the past few weeks

00:09:17 Kristy Wharton: Replying to "Posting 5 days a wee..."

Good # !

00:09:23 Tammy Harris: Reacted to "I feel good about th..." with 😊

00:09:32 Natalie Robtoy: For years I've not done work because I didn't have it right, I got behind, I didn't...etc. I'm trying really hard to just do it even though I'm behind and have soooooo many questions. It's not the program that is the problem. It's me.

00:09:34 Tammy Harris: Replying to "I feel good about th..."

Excited to deep dive with you!!!!

00:09:52 Tammy Harris: Reacted to "Up-to-date...just stil..." with 😍

00:09:57 Tammy Harris: Reacted to "I am feeling pretty ..." with 😊

00:09:59 Kristy Wharton: Reacted to "100 Just focussing on..." with ❤️
00:10:11 Tiffany Rilling: I can feel you Lauren!!
00:10:13 Danielle Cole: Replying to "I'm in the middle of..."

Feel better soon!

00:10:17 Taylor Berlin: Replying to "Posting 5 days a wee..."

Is it still okay if it's not all product or value posts? 🙄

00:10:17 Kristy Wharton: Replying to "100 Just focussing on..."

What we focus on grows...good for you

00:10:27 Tammy Harris: Reacted to "100 Just focussing on..." with 😊

00:10:33 Chelsey Ashcraft: I have been following along and trying to trust the process and finish the previous lesson before moving on. I am on week 6 with my chaos the last 2 weeks. Have not attended a lot of Core 4. I don't have a lot of interaction on posts aside from people I've contacted already. I am nervous about it ending and that I have only signed up 1. Trying to trust the process that I am building my foundation and growth will come later. I am trying to decide whether its ok to take a break or do it at an even slower pace over Christmas

00:10:51 Kristy Wharton: Replying to "It's just lack of en..."

Do more or do it more consistently?

00:10:56 Kristy Wharton: Reacted to "It's just lack of en..." with ❤️

00:11:33 Chelsey Ashcraft: I am an extrovert and freeze up in person with my business lol

00:11:43 Tammy Harris: Reacted to "I am an extrovert an..." with 😊

00:11:57 Gina Everson: Reacted to "Excited to deep di..." with 😊

00:12:07 Raquel Cornelsen: I had a friend get together and I got out of my comfort zone and talked about helping them.

00:12:23 Danielle Cole: Reacted to "I had a friend get t..." with ❤️

00:12:31 Amy Shahinllari KTOC: Wow I'm sure I could use Invisalign but never been pitched at my dentist!!

00:12:34 Danielle Cole: Replying to "I had a friend get t..."

Great job!

00:12:43 Tammy Harris: Reacted to "Wow I'm sure I could..." with 😊

00:12:43 Danielle Cole: Replying to "Wow I'm sure I could..."

I need it too! LOL

00:12:44 Amy Reeves: I was in HR for over 20 years and LOVE recruiting, but when it comes to my own business, I freeze up too.

00:13:06 Tammy Harris: Replying to "I was in HR for over..."

Why do you think that is?

00:13:09 Kristy Wharton: Replying to "I was in HR for over..."

Hmm...like Megan asked WHY?

00:13:32 Kimra Kelsay: I can totally relate! Same here

00:13:48 Gina Everson: Replying to "I feel good about ..."

I am so ready to dive deep! I am slowly implementing everything. I am focused, what has helped is I have had two other friends that are in this program as well. We chat all the time, if one is struggling we encourage each other and remind them all of Megan's teachings.

00:13:59 Amy Reeves: Replying to "I was in HR for over..."

The judging and people thinking - "what are you doing?"

00:14:02 Taylor Berlin: Replying to "I have been followin..."

I'm in the same boat, but I haven't signed anyone since the program started. Consider that a BIG win!!! You're doing the work on your time, that's what this business is ALL about!!

00:14:13 Chelsey Ashcraft: Reacted to "I'm in the same boat..." with ❤️

00:14:18 Kristy Wharton: Replying to "For years I've not d..."

That you know this, is a great start! If youre the problem, whats the great news? YOU ARE ALSO THE SOLUTION

00:14:19 Tammy Harris: Replying to "I feel good about th..."

@Gina Everson Love that!!!! Are you all in the same company?

00:14:31 Tiffany Rilling: It's crazy and I want to post about it but Network Marketing is no different than other businesses. People go to the doctor, get a prescription, and have a monthly prescription fee. People have monthly subscriptions of TV, phone service, trash service, etc. Network Marketing is no different!! Maybe it's just educating people that this is no different!

00:14:56 Danielle Cole: Reacted to "It's crazy and I wan..." with 🔥

00:14:59 Tammy Harris: Replying to "I was in HR for over..."

@Amy Reeves Did you feel that way in HR?

00:15:05 Eva Snedden: I used to rely on Social Media as well. Still do too much, but I brought some samples to my Senior Fitness Class and have gained 4 clients so far.

00:15:15 Melissa Heim: Reacted to "I am so ready to div..." with ❤️

00:15:32 Kristy Wharton: Replying to "I was in HR for over..."

@Amy Reeves and what are you "doing"? Are you trying to HELP people?

00:15:32 Teresa Reid: That's a great point. I connected with a lady last night and we friended each other on Facebook

00:15:44 Tammy Harris: Reacted to "It's crazy and I wan..." with 😊

00:15:45 Kristy Wharton: Reacted to "That's a great point..." with 🔥

00:15:49 Liza Johnson: I still feel like maybe I'm asking them too soon to buy the products.

00:15:51 Tammy Harris: Reacted to "I used to rely on So..." with 😊

00:15:54 Chelsey Ashcraft: Replying to "I have been followin..."

Yeah I remind myself not to say only one. Like when she said she only got 1 for Black Friday I was like BIG WIN! 1 is more than none (comparing to past self and trying not to compare to others

00:16:02 Amy Varghese: Love the training and content. I have been able to keep up with everything until I had a family emergency the beginning of the month. Now I feel like I haven't been able to add the last couple of weeks like I was able to up to that point. I wish this course would take us through the end of the year. But, I will be going back over everything and keep doing what I can to trust the process. 😞

00:16:03 Gina Everson: Replying to "I feel good about ..."

Yes, we are all in the same company. One of my friends is thinking of signing up for Bob's specai, like I did.

00:16:04 Kristy Wharton: Replying to "That's a great point..."

Boom! Good for you...we are professional friend makers!

00:16:07 Taylor Berlin: You NEED to read the book WORTHY by Jamie Kern Lima!!!

00:16:10 Tammy Harris: Reacted to "That's a great point..." with 🤔

00:16:13 Melissa Heim: Yep.

00:16:13 Teresa Reid: Me!

00:16:14 Raquel Cornelsen: Yup me

00:16:14 Heike Garton: Me

00:16:15 Liza Johnson: me

00:16:15 Jennifer Peterson: yup

00:16:16 Kristy Wharton: Reacted to "You NEED to read the..." with 🔥

00:16:16 Cat Welches: Guilty

00:16:16 Eva Snedden: me

00:16:16 Natalie Robtoy: me

00:16:17 Debbie Holden: yes

00:16:17 Amy Reeves: Replying to "I was in HR for over..."

@Tammy Harris No, not at all! That was my job/career.

00:16:18 Tiffany Rilling: I do

00:16:18 Elysia Edwards: Meeee!!!!!!!!!!!!

00:16:18 Sharon: yes!

00:16:20 Autumn Hokenson: yep

00:16:21 Laura Pelayo: Yes

00:16:21 Patricia: Yep

00:16:22 Nicole Sapriken (she/her): Me. Trying to get over it

00:16:22 Aubrey Lui: Yep

00:16:23 Kari Sue's iPhone: There's no skin in the game for her personally when promoting the products from her dentist

00:16:23 Chelsey Ashcraft: yes

00:16:23 Sonya Johnson: yes

00:16:23 Debbie Burget: yes
00:16:24 Morrigan McDonald: yes
00:16:26 Betty Jane's iPad: I am loving the program, and I am working slowly at my pace, learning to give myself grace. I have made and posted 9 posts. :) I am have learned and am still learning so much about how to use Facebook and messenger. I am reaching out to more and more people. I am still only creating value content, and I am getting a lot of responses and getting to them slowly. I love the Core 4 work times.
00:16:27 Donna Sprow: Sure, that's me.
00:16:27 Kristy Wharton: Replying to "You NEED to read the..."

Jamie is fabulous!

00:16:28 Stephanie Guerra: Yep
00:16:28 Raechel McClaskey: not as much as I used to, but yes, there's still some there
00:16:29 Shana's iPhone (2): Yes!!!
00:16:40 Betty Jane's iPad: Yes, I do.
00:16:47 Gina Everson: 🙄
00:16:51 Kristy Wharton: Reacted to "not as much as I use..." with 🔥
00:16:54 Amy Reeves: Replying to "I was in HR for over..."

@Kristy Wharton ABSOLUTELY! I'm trying to help midlife women or anyone feel better about themselves by having improved hair/skin.

00:16:56 Ingrid Boehm: getting better at not caring what others think
00:16:59 Taylor Berlin: Reacted to "Jamie is fabulous!" with ❤️
00:17:02 Karen Earnshaw: yes
00:17:02 Karen Earnshaw: yes
00:17:03 Karen Earnshaw: yes
00:17:03 Karen Earnshaw: yes
00:17:26 Debbie Holden: Good point!!!
00:17:32 Amy Reeves: Replying to "I was in HR for over..."

I do need to LOVE ME first or as much as I love others.

00:17:35 Taylor Berlin: Replying to "You NEED to read the..."

That book changed my entire CORE! The way I look at things and myself is soo different since reading that.

00:17:38 Kristy Wharton: Reacted to "I do need to LOVE ME..." with 🔥
00:17:43 Raquel Cornelsen: Yeah I needed to hear this...

So I was talking to a friend another friend said when I hear Sales I just stop hearing.

I said yeah I hear you. I want to be known about the problems I sell not the products or company I have.

She asked for a sample...

00:18:25 Natalie Robtoy: Reacted to "Yeah I needed to hea..." with 💕
00:18:41 Danielle Cole: Reacted to "Yeah I needed to hea..." with 🔥
00:18:48 Allie Klein: I resonate so much with this. I rely mostly on social media too because I'm not out in public much. I guess I need to push myself out more somehow.
00:18:56 Kristy Wharton: Replying to "I was in HR for over..."

@Amy Reeves one other quick tip—why would we worry about what others think when we really CANT control that, can we? Who is really thinking those things you mentioned above? 😊

00:19:08 Chelsey Ashcraft: Its a lot of mindset training, have him practice the thought model like we did! At a kid level
00:19:10 Kristy Wharton: Reacted to "That book changed my..." with 🔥
00:19:26 Raquel Cornelsen: I need to write down those questions to tell myself
00:19:32 Danielle Cole: Reacted to "I need to write down..." with ❤️
00:19:56 Tammy Harris: Reacted to "I need to write down..." with 😊
00:20:00 Kristy Wharton: @Taylor Berlin she partners with Brenddon Burchard and so much goodness in the idea we are always worthy. That is not attached to what we do... 😊
00:20:11 Taylor Berlin: Reacted to "@Taylor Berlin she p..." with ❤️
00:20:20 Kristy Wharton: Replying to "I need to write down..."

Working through the model, handwritten, helps tremendously.

00:20:29 Tammy Harris: Reacted to "I do need to LOVE ME..." with 😊
00:20:35 Kristy Wharton: Replying to "I need to write down..."

Hardwired to head and heart. Write them out.

00:20:43 Kristy Wharton: Reacted to "I need to write down..." with 🔥
00:20:43 Taylor Berlin: Replying to "You NEED to read the..."

I need to look him up. I've heard his name several times, but I'm not familiar with him.

00:20:49 Diana Henry: Reacted to "You NEED to read the..." with 👍
00:21:09 Shana's iPhone (2): Love this conversation. I needed this reminder today. ❤️ I am capable.
00:21:15 Tammy Harris: Reacted to "Love this conversati..." with 😊
00:21:25 Amy Reeves: Replying to "I was in HR for over..."

True! I can only control my thoughts and actions.

00:21:29 Jennifer Peterson: Replying to "You NEED to read the..."

I have the book on my shelf - need to open the cover, NOW!

00:21:40 Taylor Berlin: Reacted to "I have the book on m..." with 🙌
00:21:43 Sharon: Brendon Rocks!
00:21:58 Kristy Wharton: Reacted to "True! I can only con..." with 🔥
00:22:07 Kristy Wharton: Replying to "I was in HR for over..."

Boom!!!

00:22:07 Diana Henry: Needed to hear this!!
00:22:08 Teresa Reid: Very helpful!!
00:22:15 Tammy Harris: Reacted to "Needed to hear this!..." with 🥰
00:22:23 Danielle Cole: Replying to "Brendon Rocks!"

Bob was in his mastermind way back when!

00:22:24 Amy Reeves: Reacted to "Boom!!!" with ❤️
00:22:31 Tammy Harris: Reacted to "Bob was in his maste..." with 🥰
00:22:34 Tiffany Rilling: So great!!!! This was so helpful today!!! It touched my heart!!
00:22:41 Danielle Cole: Reacted to "So great!!!! This w..." with ❤️
00:22:43 Danielle Cole: Reacted to "Very helpful!!" with ❤️
00:22:46 Danielle Cole: Reacted to "Needed to hear this!..." with ❤️
00:22:58 Kristy Wharton: Reacted to "I need to look him u..." with 🔥
00:23:02 Aubrey Lui: I've been kind of stuck in getting clients over the finish line of actually selling with them
00:23:09 Karen Earnshaw: great conversation...love these mindset sessions
00:23:15 Danielle Cole: Reacted to "great conversation....." with ❤️
00:23:22 Taylor Berlin: Reacted to "@Amy Reeves one othe..." with ❤️
00:23:27 Eva Snedden: I love the I
00:23:46 Eva Snedden: Love "I am" statements. It helps when i do them
00:23:52 Natalie Robtoy: I'm worried people will feel like I want to friend them just to sell them
00:24:00 Chelsey Ashcraft: Reacted to "I'm worried people w..." with ❤️
00:24:03 Heike Garton: Reacted to "great conversation....." with ❤️
00:24:15 Kristy Wharton: Reacted to "I'm worried people w..." with 🔥
00:24:35 Kristy Wharton: Reacted to "Love "I am" statemen..." with 🔥
00:24:54 Melissa Heim: Reacted to "I'm worried people w..." with 👍
00:25:04 Chelsey Ashcraft: Yes!
00:25:07 Allie Klein: Yesss I feel this too.. that I'm only out for Money.
00:25:18 Kristy Wharton: Replying to "I've been kind of st..."

The transition to discussing the products or asking if they'd like help?

00:25:55 Shana's iPhone (2): Megan, what were the statistic u gave on the very first mindset coaching about how many thoughts we think in a day vs how many are are thoughts we think yesterday
00:26:08 Kristy Wharton: 60,000 per day
00:26:21 Kristy Wharton: Replying to "Megan, what were the..."

And 97% or more are the same as the day before

00:26:28 Chelsey Ashcraft: How do you expand your social media lol
00:26:29 Shana's iPhone (2): Replying to "Megan, what were the..."
👍
00:26:38 Jennifer Peterson: Reacted to "I've been kind of st..." with 👍
00:27:03 Sharon: Reacted to "How do you expand yo..." with 👍

00:27:13 Danielle Cole: Replying to "How do you expand yo..."

Go out and talk to people, we are friends makers as network marketers

00:27:15 Kristy Wharton: Replying to "How do you expand yo..."

Creating value and connection content.. meeting and making friends

00:27:21 Kristy Wharton: Reacted to "Go out and talk to p..." with 🔥

00:27:42 Debbie Holden: Reacted to "Go out and talk to p..." with 💙

00:27:45 Debbie Holden: Reacted to "Creating value and c..." with 💙

00:27:57 Sharon: Replying to "How do you expand yo..."

I want to know too - I do it by wishing people a happy birthday abd starting a conversation

00:28:08 Teresa Reid: I love that story!!

00:28:25 Cat Welches: Replying to "How do you expand yo..."

@Danielle Cole that's not easy for an introvert/shy girl like me. But I'm trying, pushing myself. (I know, it's a story)

00:28:33 Danielle Cole: Reacted to "@Danielle Cole that'..." with ❤️

00:28:42 Carrie Bezusko: Reacted to "@Danielle Cole that'..." with ❤️

00:29:02 Taylor Berlin: Replying to "How do you expand yo..."

On IG I would find people and engage in their content and stories and build relationships....But Bob told me to stop that because it was time consuming and producing no results 😬

00:29:33 Taylor Berlin: Reacted to "I want to know too -..." with 👍

00:29:34 Chelsey Ashcraft: Replying to "How do you expand yo..."

All the same people are interacting on my content as before. Or no one. Even though its public and Im trying to make interesting and relevant posts!

00:29:41 Taylor Berlin: Reacted to "@Danielle Cole that'..." with 🔥

00:29:41 Melissa Heim: This may be a weird question, but what percentage of friend requests should we expect to be accepted? I feel like if I send 10 requests, 1 gets accepted regularly so I seldomly send them now. 😬

00:29:44 Danielle Cole: Replying to "How do you expand yo..."

I believe in you. Think of networking groups (in person/online). FB groups, social gatherings, if you are a parent - kids friends parents, etc

00:30:01 Liza Johnson: Replying to "I've been kind of st..."

Me too!

00:30:16 Danielle Cole: Replying to "How do you expand yo..."

@Chelsey Ashcraft Do you go out and interact with others social media?

00:30:43 Taylor Berlin: Replying to "How do you expand yo..."

@Chelsey Ashcraft same. . it makes the core4 difficult when there's not new people to message
😞

00:30:57 Raquel Cornelsen: I feel weird following someone who I am following in my private account

00:31:06 Carrie Bezusko: "I can be friendly with people I know" 🙌🙌🙌

00:31:20 Cat Welches: Reacted to "'I can be friendly w..." with ❤️

00:31:51 Kristy Wharton: Replying to "I feel weird followi..."

you're using two accounts?

00:32:05 Chelsey Ashcraft: Replying to "How do you expand yo..."

I've made a few new connections but some of them either never wanted to talk/don't actually use their social. Similar red light story that they will think I only added them to sell them. Or interacting with others and thinking the same thing, they think I'm trying to connect to sell.

Maybe sometimes I am haha

00:32:17 Raquel Cornelsen: Replying to "I feel weird followi..."

My public is for my business

My private is just to update photos on family

00:32:42 Chelsey Ashcraft: Reacted to "@Chelsey Ashcraft sa..." with ❤️

00:32:45 Tammy Harris: Replying to "How do you expand yo..."

@Chelsey Ashcraft I like to ask what way they like to connect! If it isn't social then text or call or have a coffee date!

00:32:51 Kristy Wharton: Replying to "I feel weird followi..."

@Raquel Cornelsen on what platform?

00:33:04 Liza Johnson: Replying to "I've been kind of st..."

@Kristy Wharton for me, both at times. I'm trying not to jump the gun too quickly, then when they say they need help, they make excuses. If they say it's expensive, I've asked for them to tell me more or ask, If I gave you \$2.67 per day, how many NonGmo organic fruits & vegetables could you buy?

00:33:11 Raquel Cornelsen: Replying to "I feel weird followi..."

Instagram

00:33:38 Aubrey Lui: Replying to "I've been kind of st..."

It's more like I keep talking with them and helping without actually moving to selling or sharing a link

00:34:23 Chelsey Ashcraft: Replying to "How do you expand yo..."

We did! Then they've stopped responding...I've been trying to add old friends of mine that I never connected with haha

00:34:31 Kristy Wharton: Replying to "I feel weird followi..."

If you're separating your content, it's probably hurting your business. In our business, we recommend using ONE profile — it can be the business profile, but it needs to have personal info on it too.

00:34:52 Kristy Wharton: Replying to "I feel weird followi..."

We don't recommend business profiles generally.

00:34:59 Gina Everson: Replying to "I feel good about ..."

@Tammy Harris yes same company.

00:34:59 Chelsey Ashcraft: Replying to "How do you expand yo..."

I guess that makes them green apples if they stop responding

00:35:03 Jodi Korsten: I got puppies!!

00:35:09 Amy Varghese: I love the Core 4's!

00:35:13 Tammy Harris: Reacted to "@Tammy Harris yes sa..." with 🙄

00:35:15 Amy Shahinlari KTOC: Love the core 4 - need to do evening though

00:35:19 Debbie Holden: I'm there!

00:35:25 Heike Garton: Holiday business is creeping in.

00:35:42 Carrie Bezusko: Reacted to "Love the core 4 - ne..." with ❤️

00:36:06 Cat Welches: Bob's session tonight, right?

00:36:13 Nicole Sapriken (she/her): Replying to "Bob's session tonigh..."

yup

00:36:35 Kristy Wharton: Replying to "I feel weird followi..."

Think this way—we are PROFESSIONAL friends makers. The idea of growing an audience—we need to shift to growing friendships.

00:36:42 Debbie Holden: I'll be there too!

00:36:45 Carrie Bezusko: I'll have to catch Bob on replay—I have to work 💕

00:36:55 Liza Johnson: I have another meeting tonight at 8 & I have prospects there.

00:36:57 Stephanie Guerra: NOT the evening for me

00:37:11 Raquel Cornelsen: Replying to "I feel weird followi..."

No I'm not separating my content. I do all my content on my business one. With the exception one reel of the month with my family.

I know it takes longer but I don't feel comfortable with the private being public

00:37:13 Taylor Berlin: Will be listening on the way home from church!

00:37:15 Diana Henry: Thank you!

00:37:17 Laura Pelayo: thank you!